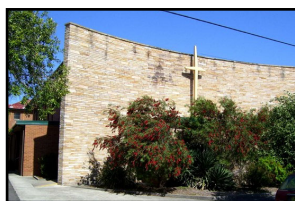


Sacred Heart Cathedral,
Hamilton



St Joseph's,
The Junction



St Mary, Star of the Sea,
Newcastle



Immaculate Heart of Mary,
Tighes Hill



St Laurence O'Toole's,
Broadmeadow



Christ the King,
Mayfield West



St Peter-in-Chains',
Stockton

THE CATHOLIC PARISHES OF THE CITY PASTORAL REGION

SUNDAY, 31ST MAY 2020 PENTECOST SUNDAY

Incorporating the Parishes of St Benedict's, Inner Newcastle, St Columban's, Mayfield, and St Peter-in-Chains, Stockton, our mission is to proclaim Christ in the inner suburbs of the City of Newcastle.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

Clergy in the Region

Fr Andrew Doohan
Fr James Odoh
Fr Peter Street

Fr Matthew Muller
Fr Peter Thoai
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au

Regional Office Staff

Margaret Cox (*Reception & Administration*)
Jade Simonsen (*Business Manager*)
Anne Warren (*Administration*)
Dr Anne Millard (*Director of Music, Liturgy & Sacramental Program*)

Other Contacts

Lingard Hospital Team Contact the Regional Office
Mercy Pastoral Team Sr Patricia Whitten rsm (02) 4979 1116
St Joseph's Pastoral Team Contact the Regional Centre

Regional Bulletin

The Bulletin is published weekly.

Prayer requests and items for the Bulletin should be received at the Regional Office by Noon on Wednesdays.

Important to Note

As our Church buildings may now be opened for private worship, this will be available at the Sacred Heart Cathedral on Wednesdays and Thursdays, from 9am to 12 noon, (**though not this Thursday, 4th June** due to a funeral service at 10am). Confessions will be available at the Cathedral from 10.30am on Saturdays.

Opportunities for private worship will also generally be available at St Joseph's Church, The Junction, on each weekday from 10am to 12 noon, but please call the Regional Office beforehand to confirm (ph 4979 1101).

Under the Public Health Order which took effect from 15th May 2020, the contact details (name, telephone number, and email) of any person attending our churches must be provided to the Parish Priest (or his delegate), who must record and keep the details for a period of four weeks. This is a mandatory requirement of the Order and must be observed in all circumstances. This includes weddings, funerals and periods of private worship. The reason for a person being in the church building will not be recorded — only their contact details.

Please see page 5 of this bulletin for more information about the effect of the easing of restrictions.



KEEP CALM AND READ A BOOK

We cannot currently run our regular book club meetings, but we are using 'Zoom' technology. This offers free video conferencing for sessions of up to 40 minutes. At 6.30pm on Sunday, 7th June, we will share our thoughts on the book, *Pachinko*, by Minjin Lee.

If you would like to participate in future book club meetings, please send an email to the Regional Office, newcparish@mn.catholic.org.au

Current contact arrangements for the Regional Office

Please do not attend the office at 25 Farquhar Street, The Junction in person.

All inquiries are to be made via email to newcparish@mn.catholic.org.au or by phone on 4979 1101

Bishop Bill is celebrating Sunday Mass in the Cathedral and he invites you to join with him in prayer from home. You are able to watch by Ctrl + clicking on this link at 9.30am on Sunday: <https://www.mn.catholic.org.au/places/livestream/> ...or use the same link to watch at a later time. Share the link with family and friends, and let's gather online to pray as a community at this difficult time of physical isolation.

The Cathedral's YouTube Channel needs 100 subscribers so we can claim a 'custom URL' (as opposed to the long string of numbers and letters we currently have). Please consider subscribing to our YouTube channel if you haven't already done so. Please ask your friends to do the same. You can find our YouTube channel by going to <https://bit.ly/3dVO3qc>

City Pastoral Region Online and Telephone groups
Parishioners in the City Pastoral Region have started two groups to connect and pray with each other. You and your friends are welcome to join.

Praying the Sunday Gospel

Each Tuesday 5.00-5.45pm

via internet: <https://zoom.us/j/147952077>

via phone: (02) 8015 2088 Meeting ID: 147952077#

Praying the Rosary

Each Thursday 5.30-5.50pm

via internet: <https://zoom.us/j/654882094>

via phone: (02) 8015 2088 Meeting ID: 654882094#

IN YOUR CHARITY, PLEASE REMEMBER IN YOUR PRAYERS:

RECENTLY DECEASED: Irene Licata,
Pamela Di Nardo, Michael Daley.

ANNIVERSARY: Simon McHugh.

SICK: Bill Parker, Elizabeth Evans,
Terry Davies, John Belcher, Libby Oates,
Graeme Burrage, Brian Swift, Monica Bound,
Peter McCabe, Joan Haynes, Tom Towers,
Kerry Davies, Lawson Rankin, Patricia (Pat) Gillett.

SPECIAL INTENTIONS: Please continue to pray for all those throughout the world who are affected by COVID-19.

*Names may be placed here by contacting the Regional Office.
Please refer to the Policy Document on the Regional website—
visit www.newcastlecatholic.org.au/downloads.*



First Reading Acts 2:1-11

A reading from the Acts of the Apostles

They were all filled with the Holy Spirit, and began to speak different languages.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

Responsorial Psalm Ps 103:1. 24. 29-31. 34. R. v.30

(R.) Lord, send out your Spirit
and renew the face of the earth.

1. Bless the Lord, my soul!

Lord God, how great you are,
How many are your works, O Lord!
The earth is full of your riches. (R.)

2. You take back your spirit, they die,
returning to the dust from which they came.
You send forth your spirit, they are created;
and you renew the face of the earth. (R.)

3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I find my joy in the Lord. (R.)

Second Reading 1 Cor 12:3-7, 12-13

A reading from the first letter of St Paul to the Corinthians

In the one Spirit we were all baptised, making one body.

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

Sequence

Holy Spirit, Lord of light,
From the clear celestial height
Thy pure beaming radiance give.

Come, thou Father of the poor,
Come with treasures which endure;
Come, thou light of all that live!

Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow;

Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.

Light immortal, light divine,
Visit thou these hearts of thine,
And our inmost being fill:

If thou take thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.

Heal our wounds, our strength renew;
On our dryness pour thy dew;
Wash the stains of guilt away:

Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.

Thou, on us who evermore
Thee confess and thee adore,
With thy sevenfold gifts descend:

Give us comfort when we die;
Give us life with thee on high;
Give us joy that never end.

Gospel Acclamation

Alleluia, alleluia!

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

Alleluia!

Gospel Jn 20:19-23

A reading from the holy Gospel according to John

As the Father sent me, so I send you: Receive the Holy Spirit.

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.

For those whose sins you forgive,
they are forgiven:

for those whose sins you retain,
they are retained.'

An Act of Spiritual Communion



My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.

The May edition of Aurora is available online: https://issuu.com/diomn/docs/aurora_may_2020

Aurora can be picked up at IGA stores at Gloucester, Dungog, Shoal Bay, Boolaroo, Blackalls Park, Woodrising, Stockton, Caves Beach, Rathmines, West Wallsend, Windale, Taree, Bulahdelah, New Lambton, Paterson, Karuah, Cameron Park, Wangi Wangi.

For anyone who has Project Compassion boxes, please hold off on returning them until our Churches are open again and the normal Mass schedule resumes. Thank you.



Message to the Region from the Business Manager AN UPDATE REGARDING PLANNED GIVING

It has recently come to my attention that the usual procedure of offering a reduction letter for the School Building Levy, known as the DFSBL, is no longer able to be offered by the Parish. This is due to legislative changes related to Section 83C of the Education Act.

We are still able to offer a Tax Receipt to our planned givers.

Parishioners who require a tax receipt for planned giving for the 2019/20 financial year must notify the Parish Office. Please notify by one of the following methods:

Email to newcparish@mn.catholic.org.au

Use the wording, "Please provide me with a Planned Giving tax receipt" and include your name and envelope number.

Phone: Call the Parish Office on 4979 1101.

Tax receipt data will be processed on 30 June 2020. No subsequent amendments are possible. Any requests received after 30 June 2020 will result in parishioners not receiving the requested tax deduction. If you do not require a tax receipt for tax purposes, it is preferable to refrain from requesting one, as this will enhance the tax deductibility for those who do use the tax receipt. I am happy to provide people who do not submit a tax return with your contribution total.

*Jade Simonsen
Regional Business Manager*

NEW PLANNED GIVING ENVELOPES

Envelopes for the 2020/2021 financial year will be distributed when the normal Mass schedule resumes. Please see the information on the next page of this bulletin about the suspension of Masses being reviewed when we move to Step Two in the easing of COVID-19 related restrictions.

Are you wondering how the coronavirus pandemic is affecting the Church around the world?



Aid to the
Church in Need
ACN AUSTRALIA

Visit www.aidtochurch.org/covid-19 to read messages from bishops, priests, brothers and religious sisters serving in some of the most remote and dangerous countries in the world.

COVID-19 AND THE EASING OF RESTRICTIONS

Step One in the easing of COVID-19 related restrictions commenced on 15 May 2020, with the making of a new public health order, *Public Health (COVID-19 Restrictions on Gathering and Movement) Order (No 2) 2020* ('the Order'). The Order allows ten (10) persons to participate in a gathering in a public place (which includes all our church buildings).

There are some exceptions to the general 10 person limit, including the following:

- Gatherings for the purpose of work. This may provide for a slow return to meetings of our councils and committees, though this must be done with caution and with attention to the principles of good hygiene and physical distancing.
- Wedding services. Up to 10 wedding guests are allowed, in addition to the persons being married, the celebrant, other persons necessary for the conduct of the service and one photographer, one videographer, or both.
- Funerals or memorial services held indoors can have up to 20 persons present, or held outdoors can have up to 30 persons present. These limits exclude the persons necessary for the conduct of the service, such as the celebrant and the funeral directors.
- Other religious services allow up to 10 persons present, in addition to the persons necessary for the conduct of the service, such as the celebrant. This means it is now possible for baptisms to take place in our churches, though Bishop Bill has left this to the discretion of the minister, in consultation with the family.

Places of worship must not be open to members of the public except for the purposes of conducting weddings, funerals/memorial services or religious services (as indicated above), or for private worship where no more than 10 persons are present at any one time.

COVID-19 remains present in the community and is highly infectious, so we must observe the latest public health advice and take all reasonable precautions in relation to hygiene and physical distancing.

Bishop Bill has determined that given the limitations on the number of people permitted to attend religious

services, the public celebration of Mass will remain suspended and will be reviewed when we move to Step Two in the easing of restrictions. The dispensation from the obligation to attend Sunday Mass remains in place.

The live streaming of Masses will continue, but only those who are necessary to produce the live streamed Mass will be present in the church building.

It is now possible for the Sacrament of Penance to be celebrated in the First Rite in our churches (a religious service), though the limit of 10 persons present in the church building at any one time must be strictly observed. Physical distancing must be complied with and confessionals cannot be used.

Important to note: Contact details (name, telephone number, and email) of any person participating in a wedding, funeral/memorial service, religious service or period of private worship must be provided to the Parish Priest or delegate, who must record and keep the details for a period of four weeks. This is a mandatory requirement of the Order and must be observed in all circumstances. The reason for a person being in a church building will not be recorded.

As our Church buildings may now be opened for private worship, this will be available at the Sacred Heart Cathedral on Wednesdays and Thursdays, from 9am to 12 noon, ***though not this Thursday, 4th June***, due to a funeral at 10am). Confessions will be available from 10.30am on Saturdays. The Cathedral will not otherwise be available for private prayer. Again, this will be reviewed when we move to Step Two in the easing of restrictions.

Opportunities for private worship will also generally be available at St Joseph's, The Junction, on each weekday from 10am to 12 noon, but please call the Regional Office beforehand to confirm (ph 4979 1101).

For the periods of private prayer, the priests have delegated individuals to monitor the numbers in the Church (a limit of 10 at any one time) and to ensure compliance with the requirements of the Public Health Order. As detailed above, this includes collecting the contact details of those in attendance and monitoring the observance of appropriate hygiene and physical distancing.

We are seeking more volunteers for these monitoring roles at St Joseph's Church. Please contact the Regional Office on 4979 1101 or email newcparish@mn.catholic.org.au if you are able to assist.

How to Pray the Rosary

1. On the crucifix, make the sign of the cross and then pray the Apostles' Creed.
2. On the next *large* bead, say the Our Father.
3. On the following three small beads, pray three Hail Marys.
4. On the *chain*, pray the Glory Be.
5. On the large bead, meditate on the first mystery and pray the Our Father.
6. On the ten beads after that, pray a Hail Mary on each bead; on the chain, pray a Glory Be.

Repeat Steps 5 and 6 four more times to finish the next four decades.

Say the Hail Holy Queen:

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Concluding Prayer:

O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation; grant we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.

Mondays and Saturdays:

The Joyful Mysteries remind the faithful of Christ's birth: The Annunciation (Luke 1:26–38); The Visitation (Luke 1:39–56); The Nativity (Luke 2:1–21); The Presentation (Luke 2:22–38); The Finding of the Child Jesus in the Temple (Luke 2:41–52)

Tuesdays and Fridays:

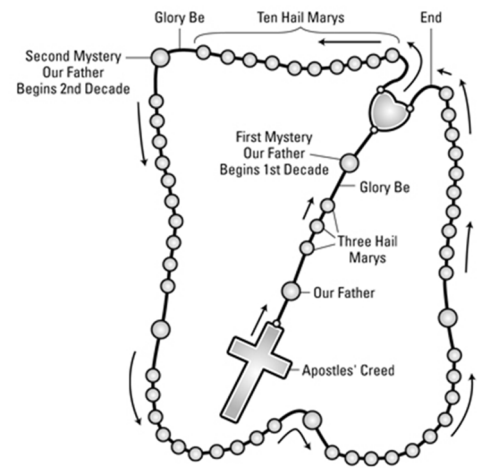
The Sorrowful Mysteries recall Jesus' passion and death: The Agony of Jesus in the Garden (Matthew 26:36–56); The Scourging at the Pillar (Matthew 27:26); The Crowning with Thorns (Matthew 27:27–31); The Carrying of the Cross (Matthew 27:32); The Crucifixion (Matthew 27:33–56).

Wednesdays and Sundays:

The Glorious Mysteries focus on the resurrection of Jesus and the glories of heaven: The Resurrection (John 20:1–29); The Ascension (Luke 24:36–53); The Descent of the Holy Spirit (Acts 2:1–41); The Assumption of Mary, the Mother of God, into heaven; The Coronation of Mary in heaven.

Thursdays:

Pope John Paul II added The Mysteries of Light, also known as the Luminous Mysteries, in 2002: The Baptism in the River Jordan (Matthew 3:13–16); The Wedding Feast at Cana (John 2:1–11); The Preaching of the coming of the Kingdom of God (Mark 1:14–15); The Transfiguration (Matthew 17:1–8); The Institution of the Holy Eucharist (Matthew 26).



Pope Francis has asked us to make a special effort in May to pray the Rosary. By doing so we will be united with believers around the world, asking for Mary's intercession in stopping the coronavirus pandemic.

Reflecting on Pentecost and the Gift of Peace

Have you noticed how, when we meet someone and ask how they are, they reply, 'busy' or 'frantic' or 'as busy as ever'. I wonder what would happen if we replied, 'Relaxed and laid back' or 'taking time to smell the roses'. I don't think we would be believed, or we might get a lecture from our friends on how lucky we are not to be busy!

As Christians we have to be careful about this busyness competition. Being active in our lives and engaged with the world around us is a gift, but if we are honest about our busyness, some of it is not virtuous. It's about denial, avoidance or trying to stay up with our peer group.

In John's account of the first Pentecost the primary gift Jesus' Spirit bestows on the disciples is peace. It's curious, isn't it, that just as we all compete with each other to be the busiest person we know, we also complain that what we really want is 'some peace and quiet'. We can't have it both ways. Compulsive frantic activity is the enemy of peace.

Sometimes we can think that peace and quiet is sitting in the lotus position in a darkened room. Christ's gift of peace is more robust than that. Peace is like all the best things in life: an attitude of mind and a habit born of consistently making good choices. Some people can do a large amount of work and be quite serene about it. Peace, for them, is an affair of the mind and a way of life.

Seneca, a 2nd century philosopher, noticed, even in his day, how most of his friends and acquaintances were lacking peace. He wrote a famous book on anger and how to deal with it. He especially noticed that his richest friends were the angriest of all. Seneca came to believe that the reason so many people were agitated was that they had an unreasonable expectation about how smoothly their day would go. Those who were rich thought their money would buy them an easier life in every way and so when it didn't, they got the angriest of all.

If Seneca is right and we want more peace and quiet, we have to have realistic expectations of each day and factor in the things that might go wrong.

Seneca's secular wisdom holds that the more aware we are of the frailties in us, others and life, the

fewer fights we would have. In turn this would lead to fewer occasions when we would need to ask or give forgiveness. In today's Pentecost Gospel forgiveness is the second gift Jesus bequeaths the disciples.

If we really want to cultivate peace and quiet in our lives we have to confront the things we are trying to avoid or deny. Often these things hinge on painful memories or events where we were destructive toward others or they were toward us. Unless we forgive ourselves or forgive them, our busyness will ensure that we have enough clamour and activity to stay away from ugly memories. Unfortunately it usually follows that when we are so busy not dealing with the sins of our past, peace and quiet stay well away from us as well.

Let's pray that while the Spirit might allow us to retain any sins, we choose Jesus' first option this Pentecost and forgive as generously as we can those who have tried to crucify us. We might have to forgive ourselves as well. And then, like Jesus, with old wounds exposed, we can rejoice that the Spirit has breathed into us the greatest gift of all: the peace and quiet we most crave and need.

© Richard Leonard SJ



Prayers and a bouquet of Masses during the coronavirus pandemic

The coronavirus pandemic is testing all of us, but as people of faith, we believe in the power of prayer. At this time there is so much to pray for; those who have the virus, those who are losing their jobs, those who are scared, those who lead us, those who we love, and those who have died.



Aid to the Church in Need (ACN) is arranging a spiritual bouquet of Masses, imploring the graces each of us need at this time. ACN will give the Mass offerings to poor priests who have no other means of material support and the priests will offer Mass for the intentions of the benefactor. When we cannot currently attend Mass and receive the Eucharist, this unites the participants to a Mass that is offered for their intentions. To participate, please contact ACN on 1800 101201, or visit www.aidtochurch.org/coronavirus

HYMNS FOR THIS WEEK'S LITURGY

ENTRANCE HYMN

COME, HOLY SPIRIT, LORD OF LIFE

J Sobb

(Tune: Come, Holy Ghost)

Come, Holy Spirit, Lord of life,
creation's power and breath.

Come dwell in us that we may live
set free from sin and death.

For you are called the Advocate,
sent forth from God above,
the living spring, the living fire,
anointing of God's love.

In truth and justice guide our minds,
with love our hearts inflame.
Confirm in us your gifts of grace,
poured out in Jesus' name.

Come dwell in us, come pray in us,
our strength and wisdom be.
Fulfill Christ's promise and our hope:
be our integrity.

PREPARATION OF GIFTS

YOU HAVE ANOINTED ME

Daigle and Ducote

To bring glad tidings to the lowly
To heal the broken heart
You have anointed me
To proclaim liberty to captives,
Release to prisoners
You have anointed me

Your Spirit, O God, is upon me You have anointed me

To announce a year of favour
To comfort those who mourn
You have anointed me
To give them the oil of gladness
And share a mantle of joy.

You have anointed me

Text Mike Balhoff B.1946 Gary Daigle B.1957 Darryl Ducote
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RESPONSORIAL PSALM:



Lord send out your spi-rit and re-new the face of the earth



Lord send out your spir-it and re - new the face of the earth

MEMORIAL ACCLAMATION 1:

We proclaim your Death, O Lord, and profess your
resurrection until you come again.

*Holy, Holy, Holy, Memorial Acclamation and Great Amen and
Fraction Rite from Mass of St. Francis. Music: Paul Taylor. Used
with permission.*

COMMUNION HYMNS

O BREATHE ON ME, BREATH OF GOD

Edwin Hatch

O breathe on me, O breath of God,
Fill me with life a-new
that I may love the things you love,
and do what you would do.

O breathe on me, O breath of God
until my heart is pure
until my will is one with yours,
to do and to endure

O breathe on me, O breath of God
My will to yours incline,
until this earthly part o me
glows with your fire divine.

O breathe on me, O breath of God
so shall I never die
but live with you the perfect life
of your eternity.

RECESSIONAL HYMN

THEY'LL KNOW WE ARE CHRISTIANS P Scholtes

We are one in the Spirit, we are one in the Lord
We are one in the Spirit, we are one in the Lord
And we pray that all unity may one day be restored

And they'll know we are Christians

by our love, by our love

Yes, they'll know we are Christians by our love

We will work with each other,
we will work side by side
We will work with each other,
we will work side by side
And we'll guard each one's dignity
and save each one's pride

All praise to the Father, from whom all things come
And all praise to Christ Jesus, his only Son,
And all praise to the Spirit, who makes us one.

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