

Sacred Heart Cathedral, Hamilton



St Joseph's, The Junction



St Mary, Star of the Sea, Newcastle



Immaculate Heart of Mary, Tighes Hill



St Laurence O'Toole's, Broadmeadow



Christ the King, Mayfield West



St Peter-in-Chains', Stockton

# THE CATHOLIC PARISHES OF THE CITY PASTORAL REGION

## SUNDAY, 21ST JUNE 2020 TWELFTH SUNDAY IN ORDINARY TIME

Incorporating the Parishes of St Benedict's, Inner Newcastle, St Columban's, Mayfield, and St Peter-in-Chains, Stockton, our mission is to proclaim Christ in the inner suburbs of the City of Newcastle.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

### **Clergy in the Region**

Fr Andrew Doohan Fr Matthew Muller
Fr James Odoh Fr Peter Thoai
Fr Peter Street Deacon Lawrence Caelli

### Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction PO Box 6, The Junction 2291

P: (02) 4979 1101 F: (02) 4962 4644 E: newcparish@mn.catholic.org.au W: www.newcastlecatholic.org.au

### **Regional Office Staff**

Margaret Cox (Reception & Administration)
Jade Simonsen (Business Manager)
Anne Warren (Administration)
Dr Anne Millard (Director of Music, Liturgy & Sacramental Program)

#### **Other Contacts**

Lingard Hospital TeamContact the Regional OfficeMercy Pastoral TeamSr Patricia Whitten rsm(02) 4979 1116St Joseph's Pastoral TeamContact the Regional Centre

### **Regional Bulletin**

The Bulletin is published weekly.

Prayer requests and items for the Bulletin should be received at the Regional Office by Noon on Wednesdays.

### COVID-19 AND THE EASING OF RESTRICTIONS

Further changes to the COVID-19 related restrictions have taken effect.

The general closure of church buildings is no longer required by the Public Health Order. It has been replaced by the imposition of limits on the number of persons who can be in the building at any one time. The number of persons who can be present in a church building for a wedding, funeral, memorial service or other religious service is to be determined on the basis of the '4 square metre' rule, ie. the maximum number of persons is the number that can be accommodated by allowing 4 square metres per person within the building.

These changes require the number of people who can attend a wedding, funeral, memorial or other religious service to be determined on a building by building basis, and that number may be less than the limits generally understood to be applicable.

This general limit is further regulated by providing a maximum number of persons who can attend these celebrations, as follows:

**Weddings** – up to 20 persons, excluding the persons being married, the celebrant and others required to facilitate the wedding service, one photographer and one videographer.

**Funerals** – More than 50 persons may attend, subject to certain conditions.

**Memorial Services** – up to 50 persons, excluding those necessary to conduct the service.

**Religious Services (including Mass)** – up to 50 persons, excluding those necessary to conduct the service.

The details (name, telephone number, and/or email) of any person participating in a wedding, funeral/memorial service or religious service (or a gathering immediately following these events) must be provided to the Parish Priest or delegate, who must record and keep the details for a period of four weeks. This is a mandatory requirement of the Order and it must be observed. The reason for a person being in a church building will not be recorded. The Order no longer requires the collection of contact details of those attending the church building for the purposes of private prayer.

The public celebration of Mass has recommenced in our diocese, with parishes taking all reasonable precautions in relation to hygiene and physical distancing. Please see the separate notice on page 4 of this bulletin, regarding the resumption of Masses in our region and the need to register your wish to attend.

Because of the limit on the number of people who may be able to attend any particular Mass, all members of the Church of the Diocese of Maitland-Newcastle, except priests, continue to be dispensed from the obligation to attend Sunday Mass.

The live streaming of Masses will continue. You are able to watch by Crtl + clicking on this link at 9.30am on Sunday: https://www.mn.catholic.org.au/places/livestream/

See pages 4 & 6 of this bulletin for important information about the resumption of Masses, including the need to register your attendance.



We pray for Sr Kathleen Mernagh rsj, who died peacefully in hospital on Thursday morning.

Sr Kathleen is well known to Mayfield parishioners, where she has been an active member of the community for some time. A memorial Mass will be held at a future date. Please watch the bulletin for details.

We extend our deepest sympathy to Sr Kathleen's family and to the Sisters of St Joseph. Sr Kathleen will be greatly missed. May she rest in peace.

One of the messages of Jesus to his disciples and, through him, of Matthew to the original community, is to have courage and to have pride in their belief. No matter what threat or persecution they are to endure, the command is to proclaim the message of Jesus from the house-tops. They are to be proud of what they believe and be prepared to share it with others. In a world today that is not always open to the message of Jesus, we too are called to be proud of what we believe and not whisper it in the darkness.

© Creative Ministry Resources Pty Ltd

### Current contact arrangements for the Regional Office

Please do not attend the office at 25 Farquhar Street, The Junction in person.

All inquiries are to be made via email to newcparish@mn.catholic.org.au or by phone on 4979 1101

### First Reading Jer 20:10-13

A reading from the prophet Jeremiah

He has delivered the soul of the needy from the hands of those who are evil.

Jeremiah said:

'I hear so many disparaging me,
"Terror from every side!
Denounce him! Let us denounce him!"
All those who used to be my friends
watched for my downfall,
"Perhaps he will be seduced into error.
Then we will master him
and take our revenge!"
But the Lord is at my side, a mighty hero;
my opponents will stumble, mastered,
confounded by their failure;
everlasting, unforgettable disgrace will be theirs.
But you, Lord of Hosts, you who probe with
justice,

who scrutinise the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you. Sing to the Lord, praise the Lord, for he has delivered the soul of the needy from the hands of evil men.'

### Responsorial Psalm Ps 68:8-10. 14. 17. 33-35. R. v.14

(R.) Lord, in your great love, answer me.

- It is for you that I suffer taunts, that shame covers my face, that I have become a stranger to my brothers, an alien to my own mother's sons.
   I burn with zeal for your house and taunts against you fall on me. (R.)
- This is my prayer to you, my prayer for your favour.
   In your great love, answer me, O God, with your help that never fails: Lord, answer, for your love is kind; in your compassion, turn towards me. (R.)
- 3. The poor when they see it will be glad and God-seeking hearts will revive; for the Lord listens to the needy and does not spurn his servants in their chains. Let the heavens and the earth give him praise, the sea and all its living creatures. (R.)

#### Second Reading Rom 5:12-15

A reading from the letter of St Paul to the Romans

God's gift to us is nothing like our sin against him.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

### Gospel Acclamation Jn 15:26. 27

Alleluia, alleluia!

The Spirit of Truth will bear witness to me, says the Lord,

and you also will be my witnesses.

Alleluia!

#### **Gospel** Mt 10:26-33

A reading from the holy Gospel according to Matthew

Do not fear those who can kill the body.

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the house-tops.

'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.

'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

### Important Information regarding the Resumption of Masses

With the easing of COVID-19 related restrictions that took effect from 1 June 2020, it is now possible to resume the celebration of public Masses, subject to certain requirements.

For the Sacred Heart Cathedral, the celebration of Mass, both weekdays and weekends, has recommenced with effect from Tuesday 9 June 2020, subject to the requirements set out on the Cathedral website, www.sacredhearthamilton.org.au

Under the current regulations, the upper limit of attendance at Mass is **50 people** (excluding the celebrant and the people necessary for the conduct of the service). For weekday Masses this number should be easily accommodated, but Sunday Masses regularly attract more than the prescribed limit of 50 people. So that everyone who may wish to attend has an equal and equitable opportunity to attend, **registration in advance will be required.** 

Registration to attend Sunday Mass in the Cathedral will open at 9am on the Monday beforehand, and close promptly at midday on the Friday immediately before the Sunday. Registration is valid only for one week; you must register separately for each subsequent Sunday.

To register your wish to attend one of the Sunday Masses in the Cathedral, you must do so by visiting the website, www.sacredhearthamilton.org.au, and clicking on the registration button on the right hand column. If you do not have the ability to register via the website, please contact the Regional Office on 49791101, or email newcparish@mn.catholic.org.au where staff will be able to do so on your behalf.

If the number wishing to attend is above the limit of 50 persons, a 'lottery' will determine those who will be able to attend Mass on that weekend. Those selected to attend will be contacted on Friday afternoon/evening. Only those whose names have been selected will be permitted entry to the church for each Mass. There will no exception to this requirement. You will be required to provide your telephone number and/or email address as part of the registration process. This is a requirement of the current Public Health Order, and there can be no exception made. When attending Mass, please have your name 'ticked off' the list that is being monitored by a volunteer.

For Sunday Masses at St Joseph's, The Junction and St Mary's, Newcastle, a similar registration process will apply. To register, please visit the website, www.newcastlecatholic.org.au or contact the Regional Office on 4979 1101 or via email, newcparish@mn.catholic.org.au

If you wish to attend the Saturday evening vigil at **Broadmeadow**, please contact Gwen on 49675010 or Fr James on 0402 223415 or via email, jamesodoh768@yahoo.com

If you wish to attend the Sunday morning Mass at *Tighes Hill*, please contact Fr James on 0402 223415 or via email, *jamesodoh768@yahoo.com* 

If you wish to attend the Saturday evening vigil at *Mayfield West* or the Sunday morning Mass at *Stockton*, please contact Deacon Lawrence Caelli on 0412 447830.

Important to note! If you reach voicemail when you call to register for Mass, please leave your name and phone number and clearly dentify which Mass you wish to attend. We need to be able to contact you on Friday afternoon/evening, to confirm your attendance. We received some voicemail messages at the Regional Office this week where phone numbers were not provided and we could not complete the registration. We remind you that if you are not registered, you cannot attend Mass.

We thank you for your understanding during these difficult times and appreciate your continuing patience and support in relation to the registration requirements. These are processes we must follow in order to comply with the current Public Health Order.

Praying the Sunday Gospel: Parishioners in the City Pastoral Region are invited to connect and pray with each other from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Each Tuesday 5.00-5.45pm. You and your friends are welcome to join via the internet: https://zoom.us/j/147952077

The Cathedral's YouTube Channel needs 100 subscribers so we can claim a 'custom URL' (as opposed to the long string of numbers and letters we currently have). Please consider subscribing to our YouTube channel if you haven't already done so. You can find our YouTube channel by going to https://bit.ly/3dVO3qc

We are continuing our 'Zoom' book club meetings. At 6.30pm on Sunday, 5th July, we will share our thoughts on the book, *The Land Before Avocado*, by Richard Glover. If you would like to participate in future book club meetings please send an email to the

book club meetings, please send an email to the parish office, newcparish@mn.catholic.org.au

### HYMNS FOR THIS WEEK'S LITURGY

### GATHERING HYMN O GOD OUR HELP IN AGES PAST

Isaac Watts

O God, our help in ages past, Our hope for years to come, Our shelter from the stormy blast, And our eternal home.

Under the shadow of your throne, Your saints have dwelt secure. Sufficient is your arm alone, And our defense is sure.

Before the hills in order stood, Or earth received her frame, From everlasting you are God, To endless years the same.

Text: Psalm 90; Issac Watts, 1674-1748, alt Tune: ST ANNE, CM; attr. To William Croft, 1648-1727; harm, composite from 18th C versiom

#### **GLORIA**

Glory, glory to God in the highest, and on earth peace to people of good will.

We praise You. We bless You. We adore you. We glorify You.

We give You thanks for Your great glory. Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son. Lord God, Lamb of God, Son of the Father: you take away the sins of the world, have mercy on us.

You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father, have mercy on us.

For you alone are the holy one. You alone are the Lord. You alone, are the most high Jesus Christ. With the Holy Spirit, in the glory of God the Father.

### RESPONSORIAL PSALM 68 Anne Millard Lord in your great love, answer me

It is for you that I suffer taunts, that shame has covered my face.
To my own kin I have become an outcast, a stranger to the children of my mother.
Zeal for your house consumes me, and taunts against you fall on me.

But I pray to you, O LORD, for a time of your favor. In your great mercy, answer me, O God, with your salvation that never fails. LORD, answer, for your mercy is kind; in your great compassion, turn toward me.

The poor when they see it will be glad, and God-seeking hearts will revive; for the LORD listens to the needy, and does not spurn his own in their chains. Let the heavens and the earth give him praise, the seas and everything that moves in them.

Anne Millard© 2017 Used with permission of the composer

### GOSPEL ACCLAMATION Alleluia! Alleluia!

Speak Lord, your servant is listening You have the words of everlasting life Alleluia, alleluia, alleluia!

Music: Stephen Pishner © 2002 GIA Publications Inc. All rights reserved. Used with permission Reprinted under One Licence A#625242

## PREPARATION OF GIFTS WHAT YOU HEAR IN THE DARK Dan Schutte What you hear in the dark

you must speak in the light, You are salt for the earth you are light for the world.

Let your light be seen; stand against the night Let your words of mercy tell the glory of the Lord

God will keep you safe; see the sparrows that fly. You are worth a world of sparrows sheltered by the Lord

Strengthen weary arms; steady all trembling knees Say to ev'ry fearful heart;

have courage, trust in God.

 $@\,\text{NALR}$  Publishers.Used with permission , Reprinted under One Licence.A#625242

### COMMUNION HYMN

**BE NOT AFRAID** 

#### **Bob Dufford**

You shall cross the barren desert, but you shall not die of thirst.
You shall wander far in safety though you do not know the way.
You shall speak your words in foreign lands and all will understand.

You shall see the face of God and live.

### Be not afraid. I go before you always Come, follow me, and I will give you rest.

If you pass through raging waters in the sea, you shall not drown.

If you walk amid the burning flames, you shall not be harmed.

If you stand before the power of hell and death is at your side, know that I am with you through it all.

Blessed are your poor, for the kingdom shall be theirs. Blest are you that weep and mourn, for one day you shall laugh. And if wicked tongues insult and hate you

all because of me, blessed, blessed are you!
Text: Isaiah 43:2-3. Luke 6:2 Bob Dufford SJ 1943. Tune Bob Dufford, SJ acc. By Sr.
Therefore I have a Control of the state of th

Theophane Hytrek OSF 1915-1992 @1975 Robert Dufford SJ and New Dawn Music GIA Publisher Reprinted under One Licence A#625242

### RECESSIONAL HYMN AMAZING GRACE John Newton alt ICEL

Amazing grace! How sweet the sound That saved and strengthened me! I once was lost, but now am found Was blind, but now I see

'Twas grace that taught my heart to fear And grace my fears relieved How precious did that grace appear The hour I first believed

Through many dangers, toils and snares
I have already come
'Tis grace has brought me safe thus far
And grace will lead me home

The Lord has promised good to me His word my hope secures He will my shield and portion be

As long as life endures

Than when we'd first begun.

When we've been there ten thousand years Bright shining as the sun We've no less days to sing God's praise

Text: St. 1-4 John Newton, 1725-1807; st. 5 attr. To John Rees, f.1859 tune NEW BRITAIN, CM; *Virginia Harmony*, 1831; acc. By Diana Kodner, b. 1957, © 1993, GIA Publishers, Reprinted under One Licence.A#625242

#### ADAPTATIONS TO THE CELEBRATION OF MASS

With the resumption of Masses in our churches from this weekend, we have had to make a number of changes to ensure the health and safety of those who will be attending.

Please be aware of the following adaptations, which we will continue to monitor and revise where necessary:

- Only one Reader will be required. This is being organised on a week by week basis.
- Communion will only be distributed by the Priest Celebrant.
- Communion will only be distributed under one kind, ie. the Chalice will not be offered.
- Communion will only be distributed in the hand, not on the tongue.
- There will be no Procession of the Gifts.
- Collections will not be taken up. Instead, those attending will be invited to place their contributions in two clearly labelled receptacles as they enter the Church. Parishioners who wish to consider electronic contributions should contact the Regional Office for more information.
- The Sign of Peace will be given without physical contact, ie. with a bow, or a wave, etc.
- Printed bulletins will be available at the entrance to the Church – please collect your own and take it with you when you leave.
- Communal singing will not take place, though a small group or a single cantor may be present.

We look forward to the time when we can once again celebrate the fullness of our liturgical life. In the meantime, we much appreciate your understanding and acceptance of these necessary precautions.

### An Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.





With the resumption of Sunday Masses, Project Compassion boxes can now be returned to the churches. Thank you.

#### AN UPDATE REGARDING PLANNED GIVING

Parishioners who require a tax receipt for planned giving for the 2019/20 financial year must notify the Parish Office **by 30 June 2020**. Please notify by one of the following methods:

**Email to** newcparish@mn.catholic.org.au
Use the wording, "Please provide me with a Planned Giving tax receipt" and include your name and envelope number.

Phone: Call the Parish Office on 4979 1101.

Tax receipt data will be processed on 30 June 2020. No subsequent amendments are possible. Any requests received after 30 June 2020 will result in parishioners not receiving the requested tax deduction. If you do not require a tax receipt for tax purposes, it is preferable to refrain from requesting one, as this will enhance the tax deductibility for those who do use the tax receipt. I am happy to provide people who do not submit a tax return with your contribution total.

Jade Simonsen, Regional Business Manager

#### **NEW PLANNED GIVING ENVELOPES**

Envelopes for the 2020/2021 financial year are available for collection at the churches this weekend.

### Reflection by Richard Leonard SJ

When I was a boy I was often told that 'What's said and done in the home, stays in the home.' And to a degree, this is a good and loyal principle. There are, however, family secrets and lies that cause untold damage for generations because no one is allowed to speak about them....the secrets and lies that many families sit on. Jesus, however, tells us in today's Gospel that what you 'say in the dark, tell in the light. What you whisper in darkness, shout from the housetops.' This doesn't mean that Christians tell everyone their personal business, but it does cut to the heart of what stunts spiritual and personal growth.

To the degree that something shameful remains buried, hidden and unhealed, then its power over us is increased. It remains the thing about which we can never speak. The bad spirit has a field day with this sort of stuff, feeding our fears and lowering our self-esteem.

In this regard some Christians make a false distinction between their spiritual and psychological lives. They hold that the exploration of one's personal history or emotional problems is self-indulgent or unimportant to how we live. We all know people who, in the pursuit of emotional health, become obsessed by their own story, feelings, reactions and psychology. We also know others who never deal with the heavy hurts they seem to carry through the years, even though the pain of them seem to be as powerfully felt now as they were when they were inflicted upon them. Today's Gospel reminds us that there is a middle road between denying what should be acknowledged and dealt with, and being absorbed by it.

The Church, rightly, holds that the best psychological tools can bring out into the open memories and experiences that can be seen for what they are and dealt with. We just have to be sure that we don't get conned into believing that psychology and therapy is anything but a pit-stop in life, so that we can attend to the working order of our mental machinery, and, importantly, get back on the road with everyone else, calling in later if needs be.

Long before the therapist's office Christ enabled the Church to develop the Sacrament of Penance where we admit our most destructive behaviour and hear that we are forgiven and healed.

That's why, when I am hearing a confession, I can't tell you how happy I am to hear the penitent say, 'Father I have never told anyone this before.'

At that moment I know the love of God is active in the person, drawing out what Christ wants in the light, spoken of and healed.

© Richard Leonard SJ

### In Your Charity, Please Remember in your Prayers:

**RECENTLY DECEASED:** Jeffrey Walters, Patricia Kershaw, Sr Kathleen Mernagh rsj.

**ANNIVERSARY:** Ken Lane, Fr Brian Bailey, Terence Thompson, Alec Mather, Elizabeth Cagney, Mick Rabbitt.

SICK: Brian Kelly, Bill Parker, Elizabeth Evans, Terry Davies, John Belcher, Elizabeth Mary O'Neill Oates, Graeme Burrage, Brian Swift, Monica Bound, Peter McCabe, Joan Haynes, Tom Towers, Kerry Davies, Lawson Rankin, Patricia (Pat) Gillett.

**SPECIAL INTENTIONS:** Please continue to pray for all those throughout the world who are affected by COVID-19.

Names may be placed here by contacting the Regional Office.

Please refer to the Policy Document on the Regional website—

visit www.newcastlecatholic.org.au/downloads.

### All that is hidden will be made clear

Mt 10:26-31

K	R	Ν	X	Α	Z	Т	٧	L	L	Ι	Т	Z	J
С	Н	٧	Н	Z	X	Ε	Н	Ε	Α	D	Ε	Н	F
Т	Α	L	У	X	Р	Z	C	G	M	K	0	0	R
Р	R	5	Р	A	R	R	0	W	5	Ι	D	U	F
X	M	Т	5	Ε	С	R	Ε	Т	Т	Р	D	5	У
W	Н	Ι	5	Р	Е	R	Ε	D	U	A	Н	Ε	A
F	С	0	U	Ν	Т	Ε	D	R	Α	R	D	Т	Р
U	Р	٧	Т	Q	J	Ν	В	F	L	F	A	0	Н
Ι	Т	У	R	G	Α	F	R	Α	I	D	R	Р	Ι
X	W	F	У	G	K	Ν	K	R	D	J	K	5	D
G	D	Ι	Р	Α	У	D	Ε	5	Т	R	0	У	D
X	J	X	Т	Z	Α	F	I	Q	٧	У	5	У	Ε
Р	I	G	Q	В	Т	Ν	٧	В	X	K	X	Q	Ν
Α	٧	С	Ν	С	M	L	Ι	G	Н	Т	R	5	J

### Try to find these words:

afraid counted dark destroy harm head hidden house tops light secret sparrows whispered

12th Sunday in Ordinary Time, Year A [ N12ORSUA\_2005\_WSG.rtf ]

© 2005 Creative Ministry Resources Pty Ltd

### JUNIOR WORDSEARCH Protect me God and keep me safe

SECRE TBVBCC X N Z HAYDMEKDFWY S QKUDA RKVP UX TUM В Ε L Ι SWHOF Н D L NF ASWJFWIHC RHI DDENAD Ι BMWLFQC E S R G EDQGL DYEAEQL Ι CTHXDPQI В C D TKUWCF J D M X S S L SGMISTAKE JEU QXIQAV SWHI S ERP R C HJQRE SCUEQV

### Try to find these words:

afraid dark head hidden light mistake protect rescue secret sparrows stumble whisper

Jer 20:10-12a, 13