



**Sacred Heart Cathedral
Hamilton**



**St Joseph
The Junction**



**St Mary, Star of the Sea
Newcastle**



**Immaculate Heart of Mary
Tighes Hill**



**St Laurence O'Toole
Broadmeadow**



**Christ the King
Mayfield West**



**St Peter-in-Chains
Stockton**

THE CATHOLIC PARISHES OF THE CITY PASTORAL REGION

**SUNDAY, 13TH SEPTEMBER 2020
PERPETUAL DAY OF REMEMBRANCE SUNDAY**

Incorporating the Parishes of St Benedict's, Inner Newcastle, St Columban's, Mayfield, and St Peter-in-Chains, Stockton, our mission is to proclaim Christ in the inner suburbs of the City of Newcastle.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

Our Clergy

Fr Andrew Doohan
Fr James Odoh
Fr Peter Street

Fr Matthew Muller
Fr Peter Thoai
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Debbie Ryan (*Reception & Administration*)
Anne Warren (*Business Manager—Interim*)
Dr Anne Millard (*Director of Music, Liturgy & Sacramental Program*)

Other Contacts

Lingard Hospital Team Contact the Regional Office
Mercy Pastoral Team Sr Patricia Whitten rsm (02) 4979 1116
St Joseph's Pastoral Team Contact the Regional Centre

Regional Bulletin

The Bulletin is published weekly.

Prayer requests and items for the Bulletin should be received at the Regional Office by Noon on Wednesdays.

THE PARISH DIARY...(for the week ahead)

Twenty-fourth Week of Ordinary Time

Monday—14th September

Feast of The Exaltation of the Holy Cross

8:15am Mass @ The Cathedral

Tuesday—15th September

Memorial of Our Lady of Sorrows

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton

9:15am Mass @ Broadmeadow

9:30am Mass @ The Junction

Wednesday—16th September

Memorial of Sts Cornelius and Cyprian

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

9:30am Mass @ The Junction

Thursday—17th September

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton

9:15am Mass @ Broadmeadow

9:30am Mass @ The Junction

Friday—18th September

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral

12:05pm Mass @ The Cathedral

Saturday—19th September

10:30am Reconciliation @ The Cathedral

5:30pm Vigil Mass @ The Cathedral

5:30pm Vigil Mass @ Broadmeadow

4:40pm Rosary @ Mayfield West

5:00pm Vigil Mass @ Mayfield West

Sunday— 20th September

25th Sunday of Ordinary Time

7:30am Mass @ St Mary's

8am Mass @ Tighes Hill

9am Mass @ The Junction

9am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

10:30am Italian Mass @ Broadmeadow

11:30am Polish Mass @ The Cathedral

5pm Mass @ The Cathedral

Ode to the Light of Christ

Come, let us walk in the Light of the Lord.
Let us not fear the past when our hearts were heavy.
Let us Shine the Light of Christ. (Is. 2:5)

Come, let us bring light from the darkness.
Let us make evil good and find sweet in the bitter.
Let us Shine the Light of Christ. (Is. 5:20)

Come, let us weep together when the light grew dark
with the clouds, from the darkness and distress. Let
us Shine the Light of Christ. (Is. 5:30)

Come, let us walk with our brothers and sisters, those
who have walked in darkness.
Let them see the great Light of God and let us Shine
the Light of Christ. (Is. 9:2)

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Shine the Light of Christ Vigil

To draw a line of continuity with Child Protection Week, we invite you to begin our Perpetual Day of Remembrance with a Shine the Light of Christ Vigil.

All communities and individuals are invited to turn/leave on a light on Saturday night September 12, the last day of Child Protection Week and the evening of the Vigil Mass for Perpetual Day of Remembrance Sunday.

This is a simple and public way to show we stand with survivors, their families and friends, and that we are committed to Shine the Light of Christ on this issue and in our world.

Prayer for turning on 'the light of Christ'

The light of Christ shines in the darkness and the darkness shall never overcome it.

Let us pray God with us, you have made us in your image and filled us with the breath of your divine life. Through the life of Jesus you show us the way to proclaim the greatness of your love in our lives.

As darkness falls may these lights remind us of our mission to shine the light of your love on the darkness of our Church and world.
Create a clean heart in us O God.

Where people are disempowered
May we shine the light of your paschal wisdom.

Where there is privilege and prestige
May we shine the light of your humility.

**PLEASE ENSURE THAT YOU ARE EXERCISING
SOCIAL DISTANCING
BEFORE, DURING AND AFTER MASS**

Where there is dishonesty and denial
May we shine the light of your truth.

Where transparency is lacking and agendas are hidden
May we shine the light of your integrity.

Where there is fear
May we shine the light of your courage.

Where there is judgement
May we shine the light of your compassion.

Where there is disrespect
May we shine the light of your love.

Where people feel silenced
May we shine the light of your word.

Where people feel excluded
May we shine the light of your acceptance.

Where there is sin
May we shine the light of your forgiveness.

Create a clean heart in us O God.

For turning off the lights

Day has dawned.
As we turn off our lights we commit to shining the light of Christ in all we do throughout our day.

CHILD PROTECTION WEEK

Child abuse and neglect is preventable. If we all work together as a community we can create an Australia where all children can grow up safe and well. What role can you play in supporting children and their families? ~ **Richard Cooke, CEO, NAPCAN**

This year, National Child Protection Week occurs across Australia from September 6-12.

This is the 30th year celebration with the theme **"Putting Children First"**. In order to thrive, children need to be loved, feel safe, have access to the essentials such as food, shelter, medical and mental health care and have a chance to explore. Therefore, putting children first means prioritising the safety, welfare and wellbeing of children.



ANNIVERSARIES: Kay Varnum, Mary Bridges, Clare Fuller, Ethel Mennie, Robert Knight, Ronald Fleming, Tess & Barry O'Kane, Ronald Raftery, Meryl Peters, Barbara Collins, Mick Tobin jnr, Keith Crittenden, Sylvia Davies, Margaret Smith, Stephen Howard.
SICK: Ehtashan Nadvi, Lee Murphy, Dr Philip Law, Ray Callen, Catherine Horner, Lola Orrett, Pat Fitzpatrick, John Ryan, Luke Davies, Baby Archer.

RECENTLY DECEASED: Karolina Wojko, John Miner jnr Sr Andrina Ryan rsm (John's sister), Reta Dudek, Amy Theresa Schultz

SPECIAL INTENTIONS: Please continue to pray for all those throughout the world who are affected by COVID-19 and for the victims and families affected by the explosion that rocked Beirut.



Hello Hunter helps people who are feeling isolated, lonely or anxious. Volunteers are available to make a friendly call, deliver essentials, assist in finding specialised help or, on request, pray with the person.

Hello Hunter has a call centre which takes requests for assistance, then neighbourhood hubs mobilise their volunteers. Hubs are formed according to suburb and postcode. The goal is to have the person in need assisted by their nearest neighbour.

Hello Hunter are now looking for hub leaders and volunteers. Volunteers need to submit a form, validated by their local parish priest or parish leader. Go to hellohunter.org.au for more information.

Praying the Sunday Gospel: Parishioners in the City Pastoral Region are invited to connect and pray with each other from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Each Wednesday 5.00-5.45pm. You and your friends are welcome to join via the internet:

<https://us02web.zoom.us/j/86560170676>

NEXT WEEK'S READINGS - 25th Ordinary Sunday

Is 55:6-9

Phil 1:20-24,27

Matthew 20:1-16

Weekday and Sunday readings can be found at
www.usccb.org

TODAY'S LITURGY

Entrance Antiphon

Ode to the Light of Christ

INTRODUCTORY RITE

Penitential Rite

Have Mercy on us, O Lord.

For we have sinned against you

Show us, O Lord your mercy.

And grant us your salvation

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Amen.

Gloria

***Glory, glory to God in the highest,
and on earth peace to people of good will.***

We praise You. We bless You. We adore you.
We glorify You.

We give You thanks for Your great glory.

Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.

Lord God, Lamb of God, Son of the Father:

you take away the sins of the world,
have mercy on us.

You take away the sins of the world,
receive our prayer.

You are seated at the right hand of the Father,
have mercy on us.

For you alone are the holy one. You alone are the
Lord. You alone, are the most high Jesus Christ.
With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Ezekiel 37:1—14

I shall put spirit in you and you will live

We pause for silent reflection.

Responsorial Psalm Ps 41:2-3; 42:3-4. R. see Ps 41:3

(R.) My soul is thirsting for the living God.

1. Like the deer that yearns for running streams,
so my soul is yearning for you, my God. **(R.)**

2. My soul is thirsting for God, the God of my life;
when can I enter and see the face of God? **(R.)**

3. O send forth your light and your truth;
let these be my guide. Let them bring me to your
holy mountain to the place where you dwell. **(R.)**

4. And I will come to the altar of God,
the God of my joy. My redeemer, I will thank you on
the harp, O God, my God. **(R.)**

Second Reading: Romans 14:7-9

Whether alive or dead, we belong to the Lord.

We pause for silent reflection.

Gospel Acclamation *(Please stand)*

Alleluia, alleluia!

Shine in the world like bright stars

You are offering it the word of life.

Alleluia, alleluia!

Gospel: Luke 1:48-56

The Magnificat

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Apostle's Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, (*all bow*)
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and seated at the right hand of God, the Father
almighty; from there He shall come to judge the
living and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body and life everlasting.

Universal Prayer

All: Hear our prayer

LITURGY OF THE EUCHARIST

Memorial Acclamation

When we eat this bread and drink this blood we
proclaim your death O Lord, until you come again.

CONCLUDING RITE

Commission to Shine the Light of Christ

Let us walk in the Light of the Lord. Let us not fear
the past when our hearts were heavy.

All: Let us Shine the Light of Christ. (Is. 2:5)

Let us bring light from the darkness. Let us make evil
good and find sweet in the bitter.

All: Let us Shine the Light of Christ. (Is. 5:20)

Let us weep together when the light grew dark with
the clouds, from the darkness and distress.

All: Let us Shine the Light of Christ. (Is. 5:30)

Let us walk with our brothers and sisters, those who
have walked in darkness. Let them see the great
Light of God.

All: And let us Shine the Light of Christ. (Is. 9:2)

Acknowledgements

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MEMORIAL OF OUR LADY OF SORROWS

September 15 the Memorial of Our Lady of Sorrows; falls on Tuesday this year in the Twenty-Fourth Week of Ordinary Time.

The title, Our Lady of Sorrows, given to our Blessed Mother focuses on her intense suffering and grief during the passion and death of our Lord. Traditionally, this suffering was not limited to the passion and death event; rather, it comprised the seven dolors or seven sorrows of Mary, which were foretold by the Priest Simeon.

These seven sorrows of our Blessed Mother included the flight of the Holy Family into Egypt; the loss and finding of the child Jesus in the Temple; Mary's meeting of Jesus on His way to Calvary; Mary's standing at the foot of the cross when our Lord was crucified; her holding of Jesus when He was taken down from the cross; and then our Lord's burial. In all, the prophesy of Simeon that a sword would pierce our Blessed Mother's heart was fulfilled in these events. For this reason, Mary is sometimes depicted with her heart exposed and with seven swords piercing it. More importantly, each new suffering was received with the courage, love, and trust that echoed her fiat, let it be done unto me according to Thy word, first uttered at the Annunciation.

Focusing on the compassion of our Blessed Mother, Pope Saint John Paul II, reminded the faithful, Mary Most Holy goes on being the loving consoler of those touched by the many physical and moral sorrows which afflict and torment humanity. She knows our sorrows and our pains, because she too suffered, from Bethlehem to Calvary.

Therefore, as we honour our Blessed Mother, our Lady of Sorrows, we honour her as the faithful disciple and exemplar of faith. Let us pray as we do in the opening prayer of the Mass for this feast day:

Father, as your Son was raised on the cross, His Mother Mary stood by Him, sharing His sufferings. May your Church be united with Christ in His suffering and death and so come to share in His rising to new life. Looking to the example of Mary; may we too unite our sufferings to our Lord, facing them with courage, love, and trust.



COVID-19-RELATED ADAPTATIONS

The presence of COVID-19 in our community requires the implementation and observation of a number of adaptations to our 'normal' way of life, both in the community and in our churches.

Some of these adaptations are mandated by Public Health Orders; others are based on sound advice provided by the NSW Health Departments. All of them are deemed required in order to protect our community from the continuing danger posed by COVID-19.

While restrictions and adaptations impact on the life of our Church, and may be a disappointment to some, we need to be conscious of more than just our own needs and wants in the face of the current pandemic event. As Christians, we should have no hesitancy in embracing personal sacrifice for the sake of the health and safety of the Australian community.

We are called to remain vigilant and disciplined in observing our moral and legal obligation towards our brothers and sisters and to ensure we do all that we must to restrict the further spread of COVID-19. We look forward to a future easing of restrictions, and the opportunity to gather more freely as a worshipping community to celebrate our liturgical life in all its fullness.

Maximum Number of Persons in Churches

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated as the lesser of allowing 4 square metres per person within the building, or 100 persons.

In our Region, those limits are:

Sacred Heart Cathedral	100
St Mary's, Newcastle	20
St Joseph's, The Junction	50
Mary Immaculate, Tighes Hill	55
St Laurence O'Toole's, Broadmeadow	55
St Peter-in-Chains', Stockton	70
Christ the King, Mayfield West	70

The limit applies to all Masses and other liturgical celebrations, as well as the church's availability for private prayer.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.). If a 'discrete' group attends, e.g. a family, a husband and wife, people from the same household etc., only one (adult) member of the

group is required to provide their contact details.

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival.

A Contact Form will be provided at the door to permit the collection of these details. The Cathedral also provides an 'online' version via SignIn.com.au which permits you to sign in via your mobile phone.

General Requirements

The requirements regarding cleaning, observing physical distancing, refraining from communal singing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches.

We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

Other Information

Other information has been produced by the Diocese and compiled into a single reference document. The most current version of this document can be found on the 'Downloads' page of the Region's website—www.newcastlecatholic.org.au/downloads/

Opening Hours of Churches

The Cathedral will be open Monday through Friday from approximately 8am until approximately 5pm. You are welcome to attend the Cathedral during these hours for private prayer or a time of silence.

On weekends, the Cathedral will only be open when in use for Mass or other scheduled liturgies, generally from about one hour before the scheduled start time until approximately 30 minutes after conclusion. This decision is based on the increased need to clean the Cathedral after all liturgical celebrations, which naturally are increased over the weekend. We apologise for any inconvenience this might cause but feel this is the most appropriate course of action in the current circumstances.

To manage the entrance to and exit from the Cathedral, only one door – the side door closest to the Diocesan office building – will be used for the foreseeable future. This entrance has had a hand

sanitiser unit mounted on the wall for convenience and provides adequate 'desk space' to allow for the recording of contact details. The use of one door will also permit the management of numbers within the Cathedral for Mass and other liturgical celebrations.

Other churches in the Region will be open at the times they were normally open pre-COVID-19.

Requirements for Attending Mass

Cathedral: There is no need to register in advance to attend Mass. If you wish to return to Mass, you are at liberty to do so, though capacity limits will need to be observed at all Masses.

St Mary's Newcastle & St Joseph's, The Junction: Registration in advance is required for Sunday Mass. To register, visit the Regional website, contact the Regional Office on 4979 1101, or email the Regional Office via newcparish@mn.catholic.org.au.

Broadmeadow: Registration in advance is required. To register, please contact Gwen on 4967 5010, or Fr James on 0402 223 415 or email via jamesodoh768@yahoo.com.

Tighes Hill: Registration in advance is required. To register, please contact Fr James on 0402 223 415 or email via jamesodoh768@yahoo.com.

IMPORTANT TO NOTE: If you reach voicemail when you call to register for Mass, **please leave your name and phone number and clearly identify which Mass you wish to attend.** We need to be able to contact you on Friday afternoon/evening to confirm your attendance. We remind you that if you are not registered, you are not able to attend Mass.

We thank you for your understanding during these difficult times and appreciate your continuing patience and support in relation to the registration requirements. These are processes we must follow in order to comply with the contents of the current Public Health Order.

BOOKCLUB

We are continuing our 'Zoom' book club meetings. At 6.00pm on Sunday 4 October we will share our thoughts on the book, *Fled*, by Meg Keneally. If you would like to participate in book club meetings, please send an email to the Regional Office,

newcparish@mn.catholic.org.au



SAFEGUARDING TRAINING IN PARISHES

The last planned session of safeguard training for this Parish is Wednesday, 23 September at The Regional Office, 25 Farquhar St, The Junction.

If you are a paid or unpaid worker of the parish and have never attended any Safeguarding training (formerly Child Protection training) or last attended more than 6 years ago, this is for you. You are also welcome to attend if you feel you need a refresher.

Registrations can be made via Rebecca Mahony, Learning & Development Officer, Human Resources on 4979 1322 or HR-Training@mn.catholic.org.au.

Helene O'Neil will be facilitating this training for our Parish. It will be a relaxed and open forum whilst being informative.

This training will be delivered in a COVID-safe way, attendance is restricted to 10 people per session, social distancing will be maintained and people will be asked normal screening questions to check their wellbeing and potential exposure to the virus. For more information on what precautions will be in place, please go to [Office of Safeguarding COVID-19](#) web page.

Prayer for HSC Students

We pray for those preparing for their HSC. Father we ask that they especially feel our closeness during this period.

Give them calm hearts and quiet confidence in the knowledge that you hold them in the palm of your hand.

Bless them with keen understanding and retentive memory.

Give them the ability to grasp things correctly, be exact in their explanations and express themselves clearly.

Point out the beginning, direct their progress and help them in the completion of each of their responses.

Holy Spirit send them your gifts of wisdom and knowledge

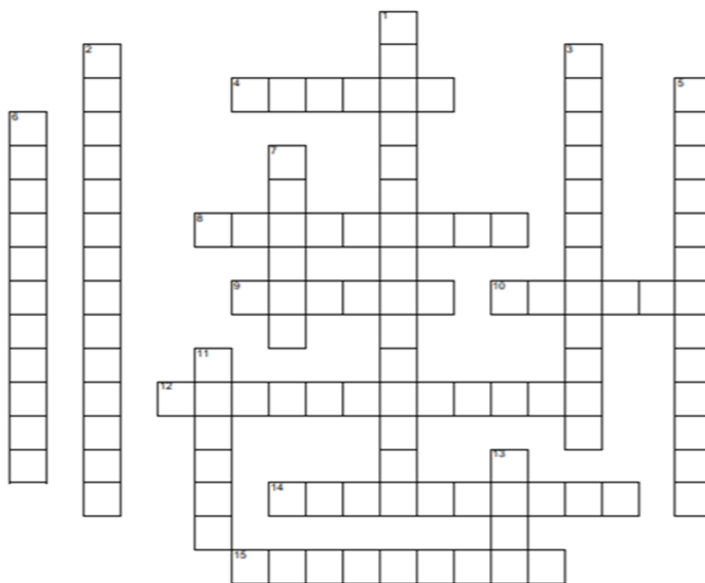
We ask this through Christ our Lord.
Amen

The Magnificat by Mary

C K T C I R B D L X K G X L Q Y F
 X L L N E H W X B F Z G L K O R Q
 G M T H M O Z F P P A L T A U R G
 J Z X N F L C I L R E A X A K I D
 I V B L E S S E D S O J C B E A V
 B U S U Y C Z R D X G M M M W R Y
 I H L K D K S E U O R O I M G Z G
 O R W B S I U V P V V S G S U J D
 E R I N L X I E S L J C H E E Y M
 A P S A V Y S R S P W A T J F M A
 X V R Z U U L O V B H V Y Z X L R
 S W A U G K A F R L L F A M N N Y
 M K E C V D E P L E H X V Z Q L E
 M P L Y X T I O C N M A V W G V P
 R P B S E R V A N T T H P R O U D
 K B E L Y X T E L B M U H O L M S
 H T T Q N U M K H U V L L Z F T P

Blessed	Forever	Great	Helped
Humble	Israel	Lord	Mary
Mighty	Promise	Proud	Servant

Parts of the Mass



Across

4. a time of the churches calendar when the Gloria is not sung
8. the priest offers us the body and blood of Christ
9. celebratory song giving praise to God
10. talking and listening to God
12. the moment the bread and wine are turned into the body and blood of Christ
14. the place where the blessed sacraments are kept on the altar
15. another name for the blessed sacrament

Down

1. examine our conscience for our sins
2. 3 persons in one God
3. the part of the mass that is read from the old testament
5. the part of the mass that is read from the new testament
6. given to us by Jesus "Our Father who art in heaven.."
7. the priest talks to us about the readings and the gospel
11. read by the priest and is usually from the book of Matthew, Mark, Luke or John
13. celebration of the Eucharist