



**Sacred Heart Cathedral
Hamilton**



**St Joseph's
The Junction**



**St Mary, Star of the Sea
Newcastle**



**Immaculate Heart of Mary
Tighes Hill**



**St Laurence O'Toole
Broadmeadow**



**Christ the King
Mayfield West**



**St Peter-in-Chains
Stockton**

THE CATHOLIC PARISHES OF THE CITY PASTORAL REGION

**SUNDAY, 31ST JANUARY 2021
FOURTH SUNDAY OF ORDINARY TIME YEAR B**

Incorporating the Parishes of St Benedict's, Inner Newcastle, St Columban's, Mayfield, and St Peter-in-Chains, Stockton, our mission is to proclaim Christ in the inner suburbs of the City of Newcastle.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

Our Clergy

Fr Andrew Doohan
Fr John Vo
Fr Peter Street

Fr Matthew Muller
Fr Peter Thoai
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Debbie Ryan (*Reception & Administration*)
Anne Warren (*Business Manager—Interim*)
Dr Anne Millard (*Director of Music, Liturgy & Sacramental Program*)

Other Contacts

Lingard Hospital Team	Contact the Regional Office
Mercy Pastoral Team	Sr Patricia Whitten rsm (02) 4979 1116
St Joseph's Pastoral Team	Contact the Regional Centre

Regional Bulletin

The Bulletin is published weekly.

Prayer requests and items for the Bulletin should be received at the Regional Office by Noon on Wednesdays.

THE PARISH DIARY...(for the week ahead)

Fourth Week of Ordinary Time

Monday— 1st February

8:15am Mass @ The Cathedral

Tuesday—2nd February

Feast of the Presentation of the Lord

9:30am Mass @ The Cathedral

8:15am Rosary @ Stockton

8:30am Mass @ Stockton

9:15am Mass @ Broadmeadow

9:30am Mass @ The Junction

Wednesday—3rd February

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

9:30am Mass @ The Junction

Thursday—4th February

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

9:15am Mass @ Broadmeadow

9:30am Mass @ The Junction

Friday—5th February

Memorial of St Agatha

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral

12:05pm Mass @ The Cathedral

Saturday— 6th February

Memorial of St Paul Miki and companions

9:15am Mass @ The Cathedral followed by
Novena to Our Lady of Perpetual Help
followed by Reconciliation

5:30pm Vigil Mass @ The Cathedral

5:30pm Vigil Mass @ Broadmeadow

6:00pm Vigil Mass @ Mayfield West

Sunday— 7th February

5th Sunday of Ordinary Time

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

10:30am Italian Mass @ Broadmeadow

11:30am Polish Mass @ The Cathedral

5:00pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

PARISH NOTICES

**PLEASE ENSURE THAT YOU ARE EXERCISING
SOCIAL DISTANCING
BEFORE, DURING AND AFTER MASS**

PRAYING THE SUNDAY GOSPEL: Parishioners in the City Pastoral Region are invited to connect and pray with each other from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Each Wednesday 5.00-5.45pm.

You and your friends are welcome to join via the internet: <https://mncatholic.zoom.us/j/92777151360>
Password: Prayer

ACKNOWLEDGEMENT OF SURVIVORS OF ABUSE

We acknowledge the lifelong trauma of survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of trust.

THE BREAKFAST CONVERSATION

(formerly the Men's Breakfast Group)

Our first **COVID-safe** gathering for 2021 will be held **outdoors**:

When? **Monday 8 February** / Commencing at:
7.15am

Where? **Rotunda** in **Centennial Park – Cooks Hill**.
Corner of Parry Street and Bruce Street
(western) side of park. Access from Bruce Street.

Why? **Fellowship and information**

Who? **All** welcome

What? **"The impact of COVID-19 and lockdown on mental health" - Roger Peters**
(HEAS Consultant Psychologists):

'Huh? Neil Jones 0410 572579
(BYO breakfast!!)

2021 ANNUAL CATECHIST MASS

Bishop Bill invites you to our annual celebration of the wonderful work our catechists achieve.
Saturday 20 February 2021—Sacred Heart Cathedral, Newcastle West.

For more information contact : Jenny Harris
jenny.harris@mn.catholic.org.au or P 4979 1334

STATIONS OF THE CROSS

As in past years Father Peter Street will be leading the weekly Stations of The Cross on Wednesdays at 6:30pm during Lent. Following the Stations of the Cross there will be a period of adoration, during which time Father Peter will be available for the Sacrament of Reconciliation. Benediction with the Blessed Sacrament will then follow. The Stations of the Cross will alternate between St Mary's Star of the Sea Newcastle and St Joseph's The Junction.

Stations of the Cross will commence at St Mary's Star of the Sea, Newcastle on Ash Wednesday, 17 February 2021 at 6:30pm; continuing as below

Wednesday 24 February	St Joseph's The Junction
Wednesday 3 March	St Mary's Star of the Sea
Wednesday 10 March	St Joseph's The Junction
Wednesday 17 March	St Mary's Star of the Sea
Wednesday 24 March	St Joseph's The Junction
Wednesday 31 March	St Mary's Star of the Sea



Caritas Australia is seeking a contact person within parishes. These volunteers would be a point of contact within the local area and would assist with parish speaking during Project Compassion in Lent and convey information about upcoming events and engagements.

If you would be interested in fulfilling this role please contact Caritas via the following link :
www.surveymonkey.com/r/CaritasParishContact

FIRST FRIDAY FISH 'N' CHIPS.

Our next date is Feb 5th from 5pm at Bar Beach.

All welcome. BYO

Enquiries to Chris 0419265194



A PRAYER FOR THOSE SUFFERING FROM CORONAVIRUS

Merciful God, hear our fervent prayer for all who suffer because of the pandemic.

May those who are infected receive the proper treatment and the comfort of your healing presence.

May their caregivers, families and neighbors be shielded from the onslaught of the virus.

Give solace to those who grieve the loss of loved ones.

Protect and guide those who strive to find a cure, that their work may conquer the disease and restore communities to wholeness and health.

Help us to rise above fear. We ask all this through the intercession of Our Lady of Lourdes, and in the name of your Son, Jesus, and the Holy Spirit, now and forever.

Amen.



We are continuing our 'Zoom' book club meetings.

At 6.00pm on Sunday 7 February, we will share our thoughts on the book, **One Bright Moon** by Andrew Kwong.



If you would like to participate in book club meetings, please send an email to the Regional Office, newcparrish@mn.catholic.org.au



PRESENTATION OF THE LORD (CANDLEMAS)

February 2 commemorating the Presentation of Jesus at the Temple 40 days after His birth. Candles will be blessed and distributed to Parishioners at Stockton and Mayfield West. Parishioners attending The Junction are invited to bring their

WORD OF GOD SUNDAY

On September 30, 2019, on the liturgical memorial of St. Jerome, Pope Francis announced that the Third Sunday in Ordinary Time would be celebrated as the Sunday of the Word of God.

Pope Francis instituted the celebration last year when issuing the apostolic letter *Aperuit Illis*.

The Australian bishops, in light of the regular coincidence of the Australia Day holiday or associated long weekend with the Third Sunday in Ordinary Time, decided to choose another date to mark the occasion. Consequently, the Church in Australia will celebrate the Sunday of the Word of God on the first Sunday in February each year, starting with February 7 in 2021.

Pope Francis launched an appeal to all the faithful to keep the Sacred Scriptures close at all times and to read them frequently.

As we prepare for Word of God Sunday on February 7, you are invited to share your favourite Bible verse and why you like that verse. To do so, please email it to the office newcparrish@mn.catholic.org.au.

We plan to collect these verses and create a PowerPoint presentation, which will screen before and after Masses next Sunday. The list of verses will also be published in the bulletin. Hopefully you'll be inspired to read those verses, thereby taking up Pope Francis's challenge to read at least three to four verses of the Bible every day.

Thanks for taking part!

TODAY'S LITURGY

INTRODUCTORY RITE

Entrance Antiphon: Ps 105:47

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you

Gloria

*Glory to God in the highest,
and on earth peace to people of good will.*

We praise You. We bless You. We adore you.
We glorify You.
We give You thanks for Your great glory.
Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.
Lord God, Lamb of God, Son of the Father:
You take away the sins of the world,
have mercy on us.
You take away the sins of the world,
receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.

For you alone are the holy one. You alone are the
Lord. You alone, are the most high Jesus Christ.
With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Dt 18:15-20

I will put my words into the prophet's mouth, and he
will tell them all I command.

We pause for silent reflection.

Responsorial Psalm: Ps 94:1-2. 6-9. R. v.9

(R.) If today, you hear his voice, harden not your
hearts.

1. Come, ring out our joy to the Lord; hail the rock
who saves us.
Let us come before him, giving thanks, with
songs let us hail the Lord. (R.)
2. Come in, let us kneel and bend low; let us kneel
before the God who made us for he is our God
and we the people who belong to his pasture,
the flock that is led by his hand. (R.)

3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah, as on
that day at Massah in the desert when your
fathers put me to the test; when they tried me,
though they saw my work.' (R.)

Second Reading: 1 Cor 7:32-35

The unmarried woman dedicates herself to the things
of the Lord, that she might be holy.

We pause for silent reflection.

Gospel Acclamation (Please stand)

Alleluia, alleluia!

The kingdom of God is near: believe the Good News!

Alleluia!

Gospel: Mk 1:14-20

Repent, and believe the Good News.

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Apostles' Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, (*all bow*)
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and is seated at the right hand of God, the Father
almighty; from there He shall come to judge the living
and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body and life everlasting.

LITURGY OF THE EUCHARIST

Memorial Acclamation

We proclaim your Death, O Lord, and profess your
Resurrection until you come again.

Communion Antiphon

I am the light of the world, says the Lord; whoever
follows me will not walk in darkness, but will have the
light of life.

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REFLECTION BY GREG SUNTER

Although this week's gospel is a relatively short
passage, there's a lot going on within it. Firstly, we are
presented with Jesus going to the synagogue in
Capernaum and teaching there. This immediately
indicates that Jesus must have been quite well
educated – he was obviously able to read from the
Torah in Hebrew and then teach about it with an
impressive level of authority. In fact at the end of the
passage, the people seem more impressed with his
teaching than with the act of casting out the unclean
spirit! Secondly, in the interaction with the unclean
spirit, it knows Jesus and identifies him as the 'Holy
One of God'. Jesus sharply tells the spirit to 'Be quiet!'
Jesus almost appears to want to silence the spirit
before it says any more about who he really is. This is
a feature of the gospel of Mark in which the identity
of Jesus as the Messiah is kept under wraps but
breaks out in unlikely places – known as the Messianic
secret.

Whenever an exorcism miracle occurs in the gospels
the emphasis is on the reaction to the miracle much
more than the action itself. Here, the casting out of
the unclean spirit appears to confirm for the people
the authority that they sensed in the teaching of
Jesus. Liberating the possessed man from the unclean
spirit is an illustration of the way in which the people
themselves were liberated by Jesus' teaching. It is the
message, the teaching, of Jesus that frees people. It is
in this way that his understanding of Messiah is
revealed. Jesus wants people to come to that
knowledge through understanding his message,
rather than being impressed by miraculous actions.

Historical Context – He said what?

In an age when most people were illiterate, Jesus
appears to have been quite well educated. Some
suggest that he may have spoken three or four
different languages. He obviously spoke everyday
Aramaic, as it was spoken in that region. Jesus also
appears to have been taught Hebrew, the language of
religious texts and religious practice. Greek, the
language of trade in marketplaces, was a language
that Jesus probably used when helping Joseph sell his
carpentry products at stalls and markets. Finally, Jesus
probably picked up a reasonable amount of Latin, the
language of the Roman occupiers – he was able to
hold a conversation with Pontius Pilate.

© Greg Sunter

Greg Sunter has worked in Catholic Education (Brisbane) for many years, most
recently as a member of the Religious Education team and Mission and
Formation team. He has extensive experience of praying with young people and
forming others to lead prayer with young people. He is the author of books on
adolescent faith, is a regular speaker at youth and evangelisation conferences,
and is a retreat and reflection facilitator and presenter. His areas of interest
include religious education, theology, scripture, spirituality, Catholic ethos,
prayer, and ministry with young people.



NEXT WEEK'S READINGS

Third Sunday in Ordinary Time

Job 7:1-4,6-7

1 Cor 9:16-19,22-23

Mk 1:29-39

Weekday and Sunday readings can be
found at www.usccb.org

Prayer Requests

RECENTLY DECEASED: Ray Callen, Johannes

Vanderlinden, Eric Walter Andrew Wafer, Sylvia
Jones, Jackie Vatti

ANNIVERSARIES: Mary Ethel Sattler, Danny McLean,
Michael Dunn, Maureen Kauter, Caitlin Potts, Msgr
Allan Hart, Norm Manning, Vera Sheather, Rita
Rumball,

SICK: Pauline Morley

Special Intentions: Sr Judith Fitzharde

Names may be placed here by contacting the Regional Office. Please refer to the Policy
Document on the Regional website—visit www.newcastlecatholic.org.au/downloads

CHRISTIAN FORMATION COURSE (CFC) 2021 is a face-to-face learning experience that allows participants to explore their life's journey and their faith within the Catholic Tradition. This one-year course introduces participants to scripture, theology, church history, sacramental life, and liturgy. The course runs across twelve months and comprises of eight units. Commencing on Tuesday, February 2, 2021, no prerequisite formation or qualification is required to enrol. All who complete the Course are awarded a diocesan Certificate in Christian Formation.

Bishop Bill writes:

The Christian Formation Course has been a very great contributor to Catholic life in this diocese. It is based on adult learning methods that involve the participants in on-going dialogue and engagement with the material and the staff. It is my hope that many, many people will take this course. I further hope that it will be just the beginning of their living more informed and engaged Christ lives.

If you would like to enrol in the Christian Formation Course in 2021 go to:

<https://www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/christian-formation-course/>

BUILDING THE KINGDOM OF GOD TOGETHER, OUR JOURNEY: Diocesan Contemplative Dialogue Reflection Program during Lent. From Lent until Pentecost the people of the diocese are invited to engage in the process of contemplative dialogue, to discern more fully the framework for considering 'Building the Kingdom of God Together, Our Journey' in our diocese.

The purpose of the diocesan reflections during Lent (17 February – 31 March) is to enable all members of the diocesan community to respond to the papers developed by the Synod Working Party. Synod delegates will be facilitating the Contemplative Dialogue Reflection Program throughout Lent in Parishes, schools and online.

For those wanting to connect with this program online, you are invited to register on a weekly basis for the session that best suits your availability.

To register for each session throughout Lent go to, <https://www.eventbrite.com.au/e/diocesan-lenten-reflection-groups-registration-136552114049>

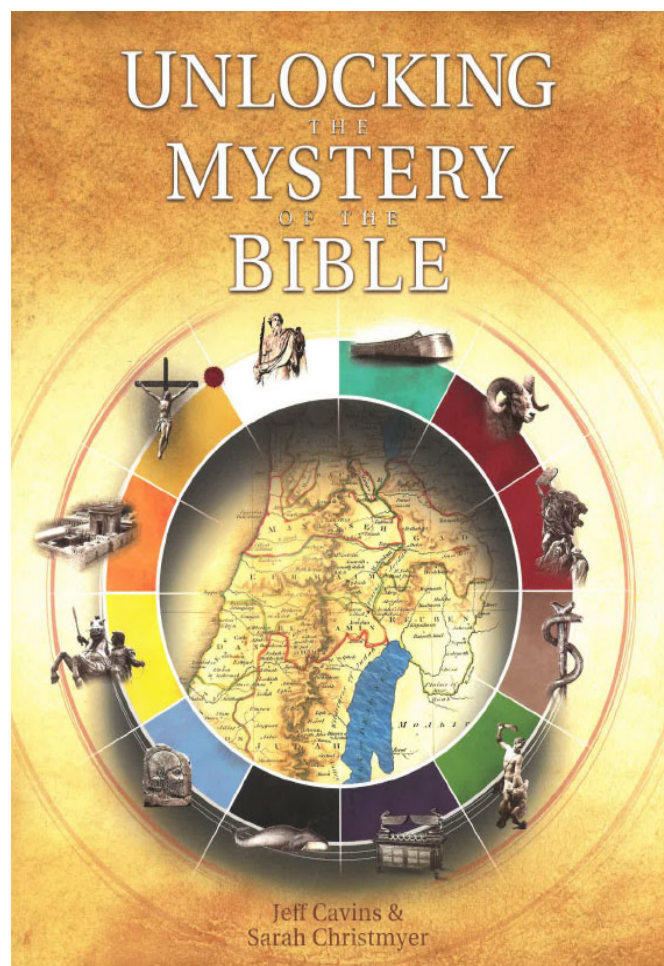
For more information go to:

<https://www.domnsynod.com.au/get-involved/lent-2021-reflecting-together/>



PLEASE NOTE THE CHANGE OF DETAILS

Father Peter Street is now planning to commence the Bible Study Group on Thursday, 8 April 2021. If you are interested in participating please contact the Parish Office on 4979 1101 to register your interest prior to 15 March 2021.



It is anticipated that this will be offered face-to-face and via zoom with the time to be determined by those involved.

Father Peter will be using "*Unlocking the Mystery of the Bible*" to help us make sense of the Bible and to see how it relates to our everyday lives. We will discover the remarkable connection between the Old and New Testaments, and see how the sacraments, the Church, and our entire Catholic Faith are rooted in the Scripture.

The Bible is a story about the Father's unfailing love for us, a love that we are called to share with others.



COVID-19-RELATED INFORMATION

Maximum Number of Persons in Churches

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building.

In our Region, those limits are:

Sacred Heart Cathedral	220
St Mary's, Newcastle	108
St Joseph's, The Junction	200
Mary Immaculate, Tighes Hill	110
St Laurence O'Toole, Broadmeadow	110
St Peter-in-Chains, Stockton	140
Christ the King, Mayfield West	140

The limit applies to all Masses and other liturgical celebrations, such as weddings and funerals.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.). If a 'discrete' group attends, e.g. a family, a husband and wife, people from the same household etc., only one (adult) member of the group is required to provide their contact details.

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival.

A Contact Details Form will be provided at the door to permit the collection of these details. The Cathedral also provides an 'online' version via SignIn.com.au which permits you to sign in via your mobile phone. If you have the Service NSW app on your phone, you can also use that to sign in at the Cathedral.

General Requirements

The requirements regarding cleaning, observing physical distancing, refraining from communal singing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches. We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

Requirements for Attending Mass

Cathedral: There is no need to register in advance to attend Mass. If you wish to return to Mass, you are at liberty to do so, though capacity limits will need to be observed at all Masses.

LIVE-STREAMING NOTICE – 9.30AM MASS FROM SACRED HEART CATHEDRAL

The 9.30am Mass from Sacred Heart Cathedral is live-streamed (and recorded) each week. The camera is located under the choir loft and faces towards the sanctuary, though it can be directed to various parts of the Cathedral if needed.

Parishioners should be aware that they may be filmed during the celebration of the 9.30am Mass. This filming will mostly capture their image from behind. We cannot guarantee, however, that their faces will not be featured on the live-stream or recording, particularly the case during the Communion Procession. The live-stream will make use of multiple camera angles to minimise the identification of individuals as much as possible, but this will not eliminate the possibility of being filmed.

Parishioners with concerns about being filmed or recorded should speak with the Cathedral Rector, Father Andrew Doohan, in the first instance.



Order via your parish/community or online at
dow.org.au/shop
(02) 4222 2411 or orders@dow.org.au



Please register interest with the Parish Office on 4979 1101

JUNIOR WORDSEARCH

The prophet will speak in God's name

Dt 18:18-19
Ps 95:1-2, 6-7abcd R.v.8
Mk 1:21-28

X W V J A N S W E R O B E Y V
H U H F Q K M I B L D K M R O
A Q D Z P R O P H E T R N W L
I O G R O F P I W W U D W C A
Y V D V D W J Q D A S E D A S
B J J X P H O W N B L S M P D
X T N W H C H O O S E T E E E
S N N I I U Q N P M P R S R V
S P E A K Q X X T S F O S N I
B A X P O W E R F U L Y A A L
V N C S F S A B B A T H G U G
Q M L N J E V P U L Z T E M O
K X H U I B B O N N Y D C Y N
Y X B K D M C Z Q S V G I S K
F S G M O S E S P A E H C S J

Try to find these words:

answer
Capernaum
choose
destroy
evil
message
Moses
obey
powerful
prophet
Sabbath
speak

4th Sunday in Ordinary Time, Year B

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SENIOR WORDSEARCH

The prophet will speak in God's name

Dt 18:18-19
Ps 95:1-2, 6-7abcd R.v.8
Mk 1:21-28

Z A V I R B Y Q M R C U M L E Y J
G B L Z R K G C A P E R N A U M B
D V G U W Z X C G S L L P W L J J
M E B G T O B E Y M A Y F U W G J
W V S A E D D E C O W I J G P Q U
C I A Y H W E V B H J Z P L B A M
V L B S P M O S L U F R E W O P L
T Q B R O B O M T Y U V J P X C H
B D A O R W W S E R C H O O S E Q
R A T W P S C A E S O G L M S K B
H N H J N R U C W S S Y S P N J F
A A U Z F A Z W F D W A E J G E V
D K V V D G Z G Y C E A G K P I I
A Q N T P D O Y E N K B L E N L I
N M Z E U Z Q B R Q D N V Y J N H
I E P O V I Y N H A I Z N J X J Z
X I Q A N S W E R H A I U A A H W

Try to find these words:

answer
Capernaum
choose
destroy
evil
message
Moses
obey
powerful
prophet
Sabbath
speak

4th Sunday in Ordinary Time, Year B

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