



**Sacred Heart Cathedral
Hamilton**



**St Joseph's
The Junction**



**St Mary, Star of the Sea
Newcastle**



**Immaculate Heart of Mary
Tighes Hill**



**St Laurence O'Toole
Broadmeadow**



**Christ the King
Mayfield West**



**St Peter-in-Chains
Stockton**

THE CATHOLIC PARISHES OF THE CITY PASTORAL REGION

**SUNDAY, 7TH FEBRUARY 2021
FIFTH SUNDAY OF ORDINARY TIME YEAR B**

Incorporating the Parishes of St Benedict's, Inner Newcastle, St Columban's, Mayfield, and St Peter-in-Chains, Stockton, our mission is to proclaim Christ in the inner suburbs of the City of Newcastle.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

Our Clergy

Fr Andrew Doohan
Fr John Vo
Fr Peter Street

Fr Matthew Muller
Fr Peter Thoai
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Debbie Ryan (*Reception & Administration*)
Anne Warren (*Business Manager Finance*)
Jade Simonsen (*business Manager Property*)
Dr Anne Millard (*Director of Music, Liturgy & Sacramental Program*)

Other Contacts

Lingard Hospital Team	Contact the Regional Office
Mercy Pastoral Team	Sr Patricia Whitten rsm (02) 4979 1116
St Joseph's Pastoral Team	Contact the Regional Centre

Regional Bulletin

The Bulletin is published weekly.

Prayer requests and items for the Bulletin should be received at the Regional Office by Noon on Wednesdays.

THE PARISH DIARY...(for the week ahead)

Fifth Week of Ordinary Time

Monday— 8th February

8:15am Mass @ The Cathedral

Tuesday—9th February

8:15am Mass @ The Cathedral

8:15am Rosary @ Stockton

8:30am Mass @ Stockton

9:15am Mass @ Broadmeadow

9:30am Mass @ The Junction

Wednesday—10th February

Memorial St Scholastica

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

9:30am Mass @ The Junction

Thursday—11th February

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

9:15am Mass @ Broadmeadow

9:30am Mass @ The Junction

Friday—12th February

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral

12:05pm Mass @ The Cathedral

Saturday— 13th February

9:15am Mass @ The Cathedral followed by
Novena to Our Lady of Perpetual Help
followed by Reconciliation

5:30pm Vigil Mass @ The Cathedral

5:30pm Vigil Mass @ Broadmeadow

6:00pm Vigil Mass @ Mayfield West

Sunday— 14th February

6th Sunday of Ordinary Time

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

10:30am Italian Mass @ Broadmeadow

11:30am Polish Mass @ The Cathedral

5:00pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

**PLEASE ENSURE THAT YOU ARE EXERCISING
SOCIAL DISTANCING
BEFORE, DURING AND AFTER MASS**

PARISH NOTICES

PRAYING THE SUNDAY GOSPEL: Parishioners in the City Pastoral Region are invited to connect and pray with each other from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Each Wednesday 5.00-5.45pm.

You and your friends are welcome to join via the internet: <https://mncatholic.zoom.us/j/96144217758>
Password: pray

ACKNOWLEDGEMENT OF SURVIVORS OF ABUSE

We acknowledge the lifelong trauma of survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of trust.

THE BREAKFAST CONVERSATION

(formerly the Men's Breakfast Group)

Our first **COVID-safe** gathering for 2021 will be held **outdoors:**

When? Monday 8 February / Commencing at:
7.15am

Where? **Rotunda** in **Centennial Park – Cooks Hill.**
Corner of Parry Street and Bruce Street
(western) side of park. Access from Bruce Street.

Why? **Fellowship and information**

Who? **All** welcome

What? **"The impact of COVID-19 and lockdown on mental health" - Roger Peters**
(HEAS Consultant Psychologists):

'Huh? Neil Jones 0410 572579
(BYO breakfast!!)

2021 ANNUAL CATECHIST MASS

Bishop Bill invites you to our annual celebration of the wonderful work our catechists achieve.

Saturday 20 February 2021—Sacred Heart Cathedral, Newcastle West. For more information contact :
Jenny Harris jenny.harris@mn.catholic.org.au or
Phone 4979 1334



**Project Compassion
Virtual Immersions**

Each week during this Lenten season, Caritas Australia is holding Virtual Immersion opportunities for parishes via Zoom video conferencing. These digital engagements will allow participants to focus on prayer and reflection, Catholic Social Teaching and an interview and Q&A with Caritas International Program staff.

Sessions will run Tuesdays and Thursdays for one hour across Australia. You can register for a Virtual Immersion by going to lent.caritas.org.au.

STATIONS OF THE CROSS

As in past years Father Peter Street will be leading the weekly Stations of The Cross on Wednesdays at 6:30pm during Lent. Following the Stations of the Cross there will be a period of adoration, during which time Father Peter will be available for the Sacrament of Reconciliation. Benediction with the Blessed Sacrament will then follow. The Stations of the Cross will alternate between St Mary's Star of the Sea Newcastle and St Joseph's The Junction.

Stations of the Cross will commence at St Mary's Star of the Sea, Newcastle on Ash Wednesday, 17 February 2021 at 6:30pm; continuing as below

Wednesday 24 February	St Joseph's The Junction
Wednesday 3 March	St Mary's Star of the Sea
Wednesday 10 March	St Joseph's The Junction
Wednesday 17 March	St Mary's Star of the Sea
Wednesday 24 March	St Joseph's The Junction
Wednesday 31 March	St Mary's Star of the Sea

Aid to the Church in Need Australia: Job Vacancies - Are you looking for flexible ongoing part time work? Will you share the stories of suffering Christians? Aid to the Church in Need is recruiting for a number of Diocesan Outreach Assistants who will deliver monthly presentations in parishes across Australia. For more details visit www.aidtochurch.org/work

BUILDING THE KINGDOM OF GOD TOGETHER, OUR JOURNEY: Diocesan Contemplative Dialogue Reflection Program during Lent. From Lent until Pentecost the people of the diocese are invited to engage in the process of contemplative dialogue, to discern more fully the framework for considering 'Building the Kingdom of God Together, Our Journey' in our diocese.

The purpose of the diocesan reflections during Lent (17 February – 31 March) is to enable all members of the diocesan community to respond to the papers developed by the Synod Working Party. Synod delegates will be facilitating the Contemplative Dialogue Reflection Program throughout Lent in Parishes, schools and online.

For those wanting to connect with this program online, you are invited to register on a weekly basis for the session that best suits your availability.

To register for each session throughout Lent go to, <https://www.eventbrite.com.au/e/diocesan-lenten-reflection-groups-registration-136552114049>

For more information go to:

<https://www.domnsynod.com.au/get-involved/lent-2021-reflecting-together/>



We are continuing our 'Zoom' book club meetings.

At 6.00pm on Sunday 7 February, we will share our thoughts on the book, **One Bright Moon** by Andrew Kwong.



If you would like to participate in book club meetings, please send an email to the Regional Office,

newcparish@mn.catholic.org.au

Rite of Election

21 February 2021



Rite of Christian Initiation of Adults (RCIA)

We invite you to do this by attending the Rite of Election with them on the first Sunday of Lent. Everyone is welcome!

TIME: 2:30pm

Where : Sacred Heart Cathedral 841 Hunter St, Newcastle West

Afternoon tea with Catechumens, their Sponsors and families follows the Rite

RSVP: For catering purposes to

Email sharon.murphy@mn.catholic.org.au or P 4979 1134



Order via your parish/community or online at
dow.org.au/shop
(02) 4222 2411 or orders@dow.org.au



TODAY'S LITURGY

INTRODUCTORY RITE

Entrance Antiphon: Ps 94:6-7

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

Gloria

*Glory to God in the highest,
and on earth peace to people of good will.*

We praise You. We bless You. We adore you.
We glorify You.
We give You thanks for Your great glory.
Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.
Lord God, Lamb of God, Son of the Father:
You take away the sins of the world,
have mercy on us.
You take away the sins of the world,
receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the holy one. You alone are the
Lord. You alone, are the most high Jesus Christ.
With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Jb 7:1-4. 6-7

I am filled with sorrow all day long

We pause for silent reflection.

Responsorial Psalm: Ps 146:1-6. R. v.3

(R.) Praise the Lord who heals the broken-hearted.

1. Praise the Lord for he is good; sing to our
God for he is loving: to him our praise is due.
(R.)
2. The Lord builds up Jerusalem and brings back
Israel's exiles, he heals the broken-hearted, he
binds up all their wounds. He fixes the number
of the stars; he calls each one by its name. (R.)
3. Our Lord is great and almighty; his wisdom can
never be measured. The Lord raises the lowly;
he humbles the wicked to the dust. (R.)

Second Reading: 1 Cor 9:16-19. 22-23

Punishment will come to me if I do not preach the
Gospel.

We pause for silent reflection.

Gospel Acclamation (Please stand)

Alleluia, alleluia!

He bore our sickness, and endured our suffering.
Alleluia!

Gospel: Mk 1:29-39

He cured many who suffered from diseases of one
kind or another.

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Apostles' Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, (*all bow*)
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and is seated at the right hand of God, the Father
almighty; from there He shall come to judge the living
and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body and life everlasting.

LITURGY OF THE EUCHARIST

Memorial Acclamation

When we eat this Bread and drink this Cup, we
proclaim your Death, O Lord, until you come again.

Communion Antiphon

Let them thank the Lord for his mercy, his wonders
for the children of men, for he satisfies the thirsty
soul, and the hungry he fills with good things.

© The scriptural quotations are taken from the Jerusalem Bible, published and
copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday
& Co Inc, and used by permission of the publishers. The English translation of
the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel
Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from
the Lectionary for Mass © 1997, 1981, 1968, International Committee on English
in the Liturgy, Inc. All rights reserved. The prayers are from the English
Translation of the Roman Missal © 2010 International Committee on English in
the Liturgy Inc. (ICEL). All rights reserved

REFLECTION BY FR MICHAEL TATE

THE DIVINE TOUCH

I recall that when Romania was liberated from
Communist rule, the television showed heart-
breaking scenes of malnourished children and young
adolescents in orphanages.

Generally, they lay listless on their beds or simply
rocked backwards and forwards: isolated, solitary in a
crowded dormitory.

It soon emerged that these youngsters were suffering
from what we might call 'touch deprivation'. No-one
had ever cuddled them, placed a comforting hand on
their shoulder, caressed them.

It was only when these things were done that they
began to be healed, made human, brought to life
because somebody said: 'Your body is precious, let
me hug you'.

The persons who cuddled them were imitating Jesus
in a profound and contemporary manner.

What was the situation in today's Gospel?

Jesus had just recruited Simon and his brother,
Andrew, to follow him as an itinerant preacher
roaming around the countryside and towns of Galilee.
They had abandoned the family business of fishing.
When they paid a visit to Simon's home, they found
Simon's mother-in-law sick in bed with such a fever
she could be given up for dead.

We read that Jesus, learning about her distressed
state, went to her and 'took her by the hand'.

'Took her by the hand' – our Lord broke the taboo
which forbade physical contact between a woman
and a male who is not an immediate relative.

Why? Because he knew what she needed. Not 'an
asprin and a good lie down', but she needed to be
reassured that she was not quarantined, isolated from
family and friends.

In reaching out and taking her by the hand and lifting
her up, Jesus not only cured a pathology, but healed a
dis-ease. She was ill at ease, feeling cut off from
human society. Once healed, she got back to bustling
around the house.

Almost certainly you have seen Michelangelo's
painting on the ceiling of the Sistine Chapel. It has as
its centrepiece the act of the creation of humanity.

It depicts two great hovering figures. God is stretching
out his hand and just touching the outstretched hand
of Adam. The Divine touch brings the earth-creature,
'Adam' in the Hebrew, into a humanised relationship
with God.

Jesus, the Divine person in the midst of the mess of
human history, stretched out his hand and took
Peter's mother-in-law by her hand, restoring her to a
fully human sociable life, a life of relationships.



NEXT WEEK'S READINGS

Sixth Sunday in Ordinary Time

Lev 13:1-2, 44-46

1 Cor 10:31—11:1

Mk 1:40-45

Weekday and Sunday readings can be
found at www.usccb.org

Prayer Requests

RECENTLY DECEASED: Rosa Parente, Bernard Burke,
Sir Tom Moore and all those who have died due to
COVID.

ANNIVERSARIES: Margaret Dixon

SICK: Tom Towers

SPECIAL INTENTIONS: for all those impacted by the
Bushfire Emergency in Perth

How is the Divine touch to be made real today?
 Through the companions of those orphans in Romania.
 Through you, Through me.
 He has no other way. You and I have to offer him our
 hands to reach out and heal.
 We practise it symbolically at Mass at the greeting of
 Peace – and sometimes more than symbolically! There
 has been a bit of a fight in the family, some silly dispute
 which could fester. With a peck on the cheek or a half-
 embarrassed handshake along with 'Peace be with
 you', the isolating distance is overcome.
 We need to take that symbolic action out into the
 world.
 Through your outstretched hand. Extending your hand
 can make someone more fully human. You know who
 needs that healing touch. You know who is within your
 reach.
 Do it, and it may be the most touching thing you ever
 do.
 In that person's life, it may be the touch of Heaven.

© Fr Michael Tate; mtate@bigpond.com

Rev Prof Michael Tate graduated in Law from the University of Tasmania in 1968, and in Theology from Oxford University in 1971. He lectured at the University of Tasmania from 1972-78, being Dean of the Faculty of Law in 1977-78. He was a Senator for Tasmania from 1978-93, being Federal Minister for Justice from 1987-93. He served as Ambassador to The Hague and the Holy See from 1993-96. He then returned to Australia and was ordained in May 2000 and has been a parish priest in the Archdiocese of Hobart since then. He is an Honorary Professor of Law



2021
World
Day of
the Sick

Online
panel
discussion



Vaccines, viruses and vulnerabilities: Catholic health and care of the human person.

On this year's World Day of the Sick, we are bringing together international

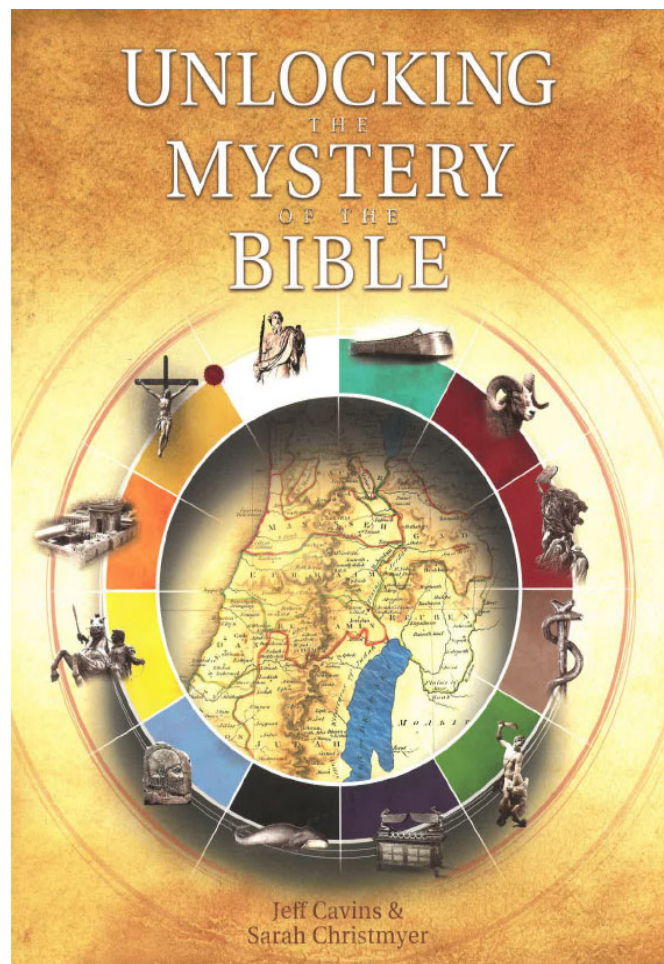
experts and thought leaders to discuss mental health, public health and the question of solidarity in the face of this global pandemic.

Date: Thursday 11 Feb 2021
Time: 12pm (AEDT)
Online participation Cost: Free to participate
Register by: Monday 8 Feb 2021
 Information and registration: acu.edu.au/WDOS2021



PLEASE NOTE THE CHANGE OF DETAILS

Father Peter Street is now planning to commence the Bible Study Group on Thursday, 8 April 2021. If you are interested in participating please contact the Parish Office on 4979 1101 to register your interest prior to 15 March 2021.



It is anticipated that this will be offered face-to-face and via zoom with the time to be determined by those involved.

Father Peter will be using "*Unlocking the Mystery of the Bible*" to help us make sense of the Bible and to see how it relates to our everyday lives. We will discover the remarkable connection between the Old and New Testaments, and see how the sacraments, the Church, and our entire Catholic Faith are rooted in the Scripture.

The Bible is a story about the Father's unfailing love for us, a love that we are called to share with others.



COVID-19-RELATED INFORMATION

Maximum Number of Persons in Churches

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building.

In our Region, those limits are:

Sacred Heart Cathedral	220
St Mary's, Newcastle	108
St Joseph's, The Junction	200
Mary Immaculate, Tighes Hill	110
St Laurence O'Toole, Broadmeadow	110
St Peter-in-Chains, Stockton	140
Christ the King, Mayfield West	140

The limit applies to all Masses and other liturgical celebrations, such as weddings and funerals.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.). If a 'discrete' group attends, e.g. a family, a husband and wife, people from the same household etc., only one (adult) member of the group is required to provide their contact details.

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival.

A Contact Details Form will be provided at the door to permit the collection of these details. The Cathedral also provides an 'online' version via SignIn.com.au which permits you to sign in via your mobile phone. If you have the Service NSW app on your phone, you can also use that to sign in at the Cathedral.

General Requirements

The requirements regarding cleaning, observing physical distancing, refraining from communal singing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches. We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

Requirements for Attending Mass

Cathedral: There is no need to register in advance to attend Mass. If you wish to return to Mass, you are at liberty to do so, though capacity limits will need to be observed at all Masses.

LIVE-STREAMING NOTICE – 9.30AM MASS FROM

SACRED HEART CATHEDRAL The 9.30am Mass from Sacred Heart Cathedral is live-streamed (and recorded) each week. The camera is located under the choir loft and faces towards the sanctuary, though it can be directed to various parts of the Cathedral if needed.

Parishioners should be aware that they may be filmed during the celebration of the 9.30am Mass. This filming will mostly capture their image from behind. We cannot guarantee, however, that their faces will not be featured on the live-stream or recording, particularly the case during the Communion Procession. The live-stream will make use of multiple camera angles to minimise the identification of individuals as much as possible, but this will not eliminate the possibility of being filmed.

Parishioners with concerns about being filmed or recorded should speak with the Cathedral Rector, Father Andrew Doohan, in the first instance.



Many thanks to those who donated to the Christmas Appeal. The Newcastle Conference was successful in raising over \$18,000 for aid those in need.

A PRAYER FOR THOSE SUFFERING FROM CORONAVIRUS

Merciful God, hear our fervent prayer for all who suffer because of the pandemic.

May those who are infected receive the proper treatment and the comfort of your healing presence.

May their caregivers, families and neighbors be shielded from the onslaught of the virus.

Give solace to those who grieve the loss of loved ones.

Protect and guide those who strive to find a cure, that their work may conquer the disease and restore communities to wholeness and health.

Help us to rise above fear. We ask all this through the intercession of Our Lady of Lourdes, and in the name of your Son, Jesus, and the Holy Spirit, now and forever.

Amen.

JUNIOR WORDSEARCH

Jesus brings the Good News to all

Jb 7:1-4, 6-7
Ps 147:1, 4, 5 & 7, R. see v.3a
1 Cor 9:16-18
Mk 1:29-39

N C M Y L G A L I L E E H Y P
M N B W I S I M O N D E D X C
M P C I F A U C A H O Q K R Z
I I M W A T A V D Y O M L D G
F E V E R M B E D L R I N Z W
J O T L N A U S E W T S E O H
S P N J O V O R Z N Z E W Q R
R V S I C K C L I H I R S O M
B L K L Z C F L C B V A B H Z
K H P D N B N A P A K B T A N
A S N N I G H T K V E L Y O H
O D C T I V W M Q N A E S U N
N A D A D I S E A S E S D L K
S O M M X J K F R E E W U Y Z

Try to find these words:

bed
diseases
door
fever
free
Galilee
miserable
news
night
sick
Simon
sun

5th Sunday in Ordinary Time, Year B

© 2006 Creative Ministry Resources Pty Ltd

SENIOR WORDSEARCH

Jesus brings the Good News to all

Jb 7:1-4, 6-7
Ps 147:1, 4, 5 & 7, R. see v.3a
1 Cor 9:16-18
Mk 1:29-39

E L I I O G A L I L E E N E W S
K U D W K A K I T Y G N B U N G
T N V X F Y X C F K S C N N I W
X M B R P D Q E I U U K N V C J
H T E Z A K M Z Y S N N S Z V M
Z S D T J V Y Z K M F J B W O R
S L K L K Y T S S R X B D X M O
J Z B K Q Z C Z E Z D I E E K O
I W Q E O C R E L E S P G I I D
B G K V C E V M B E P S T Z M Q
C W B A V T N D A K U V O G L K
O Z O E B O T S R B N T R L P F
O U F C M U E G E X I E F X E N
P N U I T S G M S L G G F B M X
Z M S M H X J W I O H M H L T Y
W Z H A E E S G M F T M T P G I

Try to find these words:

bed
diseases
door
fever
free
Galilee
miserable
news
night
sick
Simon
sun

5th Sunday in Ordinary Time, Year B

© 2006 Creative Ministry Resources Pty Ltd