



# City Pastoral REGION

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE

**Inner Newcastle Parish:** Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

## SUNDAY 20TH JUNE 2021

### 12TH SUNDAY IN ORDINARY TIME, YEAR B

#### Our Clergy

Fr Andrew Doohan  
Fr Peter Thoai  
Fr Matthew Muller  
Fr John Vo  
Deacon Lawrence Caelli

#### Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction  
PO Box 6, The Junction 2291  
P: (02) 4979 1101 F: (02) 4962 4644  
E: [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)  
W: [www.newcastlecatholic.org.au](http://www.newcastlecatholic.org.au)

#### Our Staff

Margaret Cox (Reception & Administration)  
Maryanne Hewitt (Reception & Administration)  
Anne Warren (*Business Manager Finance*)  
Jade Simonsen (*Business Manager Property*)  
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

#### Other Contacts

**Lingard Hospital Team:** Contact the Parish Office

**Mercy Pastoral Team:** Sr Patricia Whitten rsm  
(02) 4979 1116

**St Joseph's Pastoral Team:** Contact the Parish Office

**Parish Bulletin:** Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

Let your  
*faith*  
be bigger  
than your  
*fear*

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

## THE PARISH DIARY...(for the week ahead)

12th Week of Ordinary Time, Year B

Monday—21st June

*Memorial of St Aloysius Gonzaga*

8:15am Mass @ The Cathedral

Tuesday—22nd June

*Memorial of John Fisher and Thomas More*

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton (CANCELLED\*)

Wednesday—23rd June

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West (CANCELLED\*)

9:15am Tighes Hill

Thursday—24th June

*Solemnity of the Nativity of St John the Baptist*

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton (CANCELLED\*)

Friday—25th June

9:00am Mass @ Mayfield (CANCELLED\*)

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—26th June

9:15am Mass @ The Cathedral followed by Novena to Our Lady of Perpetual Help (followed by Reconciliation)

5:00pm Vigil Mass @ Mayfield West

5:30pm Mass @ The Cathedral

Sunday—27th June

13th Sunday in Ordinary Time

7:30am Mass @ St Mary's

8am Mass @ Tighes Hill

9am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

*Live streamed via the Diocesan website:*

[www.mn.catholic.org.au/places/livestream/](http://www.mn.catholic.org.au/places/livestream/)

11:00am Italian Mass @ The Junction

11:30am Polish Mass @ The Cathedral

5pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

## MASS TIME CHANGES FOR THIS WEEK ONLY

\*Fr Peter Thoai advises that due to the course offered by ACU via the Diocese of Maitland-Newcastle, there will be no Weekday Masses for Stockton and Mayfield West next week.

## TEMPORARY CHANGES TO WEEKDAY MASS TIMES

With the departure of Fr Peter Street to Forster Tuncurry, there is a need to make some **temporary** changes to the weekday Mass arrangements for the Inner Newcastle Parish (Stockton and Mayfield remain unaffected).

For the foreseeable future, the following arrangements are in place:

|           |               |         |
|-----------|---------------|---------|
| Monday    | The Cathedral | 8.15am  |
| Tuesday   | The Cathedral | 8.15am  |
| Wednesday | The Cathedral | 8.15am  |
|           | Tighes Hill   | 9.15am  |
| Thursday  | The Cathedral | 8.15am  |
| Friday    | The Junction  | 10.15am |
|           | The Cathedral | Midday  |
| Saturday  | The Cathedral | 9.15am  |

**SUNDAY MASSES** remain unchanged for the time being.

Once some clarity around the clergy staffing for the City Pastoral Region is available, a more permanent arrangement will be put in place. We apologise for any inconvenience and trust that parishioners will understand the need for this **temporary** measure.

Fr Andrew

Moderator

## SCRIPTURAL CONTEXT

### Miracle stories

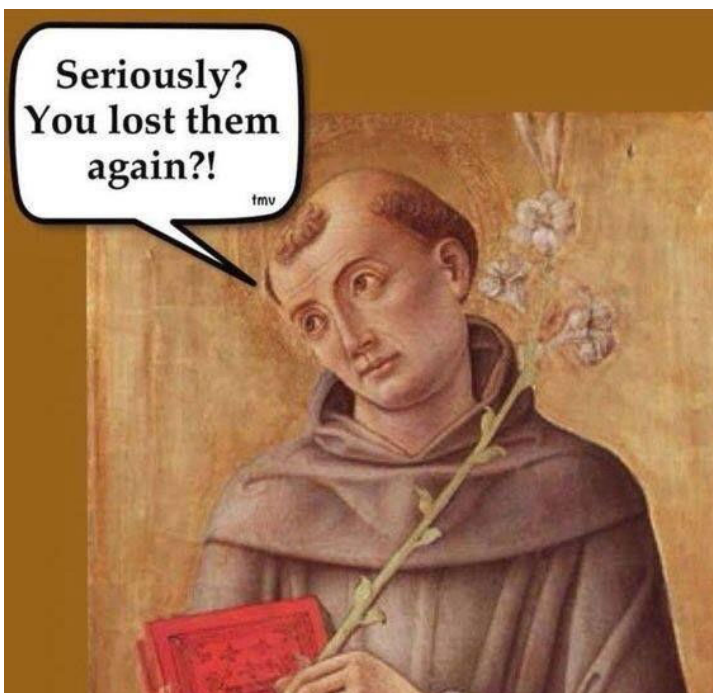
*The miracle stories of the three synoptic gospels (Mark, Matthew and Luke) generally fall into four categories of miracle: healing miracles (healing of physical ailments and disease); exorcism miracles (driving out evil spirits – often associated with a form of healing); resuscitation miracles (bringing people back to life); and nature miracles (Jesus appears to contradict the laws of nature – walking on water, multiplying food and calming a storm). Each type of miracle story tends to have its own literary structure and being able to recognise the type of miracle being described assists the interpretation of the gospel account.*

## SAINT ANTHONY (FEAST DAY JUNE 13)

**The Patron Saint of Lost Things.** The reason for invoking St. Anthony's help in finding lost or stolen things is traced back to an incident in his own life. As the story goes, Anthony had a book of psalms that was very important to him. You have to remember this was before the age of the printing press and so all books were of great value, and besides the value of the book, the psalter had the notes and comments he had made to use in teaching students in his Franciscan Order.

A novice who had already grown tired of living religious life decided to depart the community. Besides going AWOL, he also took Anthony's psalter! Upon realizing his psalter was missing, Anthony prayed it would be found or returned to him, and after his prayer the thieving novice was moved to return the psalter to Anthony and to return to the Order, which accepted him back. Legend has embroidered this story a bit. It has the novice stopped in his flight by a horrible devil, brandishing an ax and threatening to trample him underfoot if he did not immediately return the book. Obviously a devil would hardly command anyone to do something good, but the core of the story would seem to be true. The stolen book is said to be preserved in the Franciscan friary in Bologna.

In any event, shortly after his death people began praying through Anthony to find or recover lost and stolen articles. And the "Responsory of St. Anthony" composed by his contemporary and brother friar, Julian of Spire, proclaims, "The sea obeys and fetters break/ And lifeless limbs thou dost restore/ While treasures lost are found again/ When young or old thine aid implore." (<https://sacredheartfla.org>)-



## PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Join us each Wednesday 5.00-5.45pm.

Zoom link:

<https://mncatholic.zoom.us/j/96144217758>

Password: pray

For more information contact:

[rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)

## VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. During the Easter Season, we began the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. Beginning in June, we embark on our Ordinary Time schedule:

Week 1: No meeting

Week 2: Lectio Divina

Week 3: Bible Study (see information below)

Week 4: Lectio Divina

So the program for June/July is as follows:

June 23: Lectio Divina

June 30: No meeting

July 7: Lectio Divina

July 14: Bible Study

July 21: Lectio Divina

July 28: No meeting

To participate, please email the parish office.

The Bible Study series from Ascension Press, **Unlocking the Mystery of the Bible** by Jeff Cavins and Sarah Christmyer, is an engaging journey through the Bible.

Prior to July 14, we will watch episode 2 and read Genesis 1-11.

## BOOK CLUB

**Sunday, 4th July @ 6pm:** Bookclub meets to discuss *A Room Made of Leaves* by Kate Grenville. If you would like to participate in book club meetings, please email [newcp parish@mn.catholic.org.au](mailto:newcp parish@mn.catholic.org.au)

## CHRISTIAN MEDITATION:

Living Waters, 34 Kenrick St., The Junction:

Wednesday, 7.30 am

Friday, 11.00 am

Monday, 6.30 pm

CONTACT: [annecuskelly@hotmail.com](mailto:annecuskelly@hotmail.com) or

0407 436 808

## IMPORTANT NOTICE REGARDING PLANNED GIVING TAX RECEIPTS

**Parishioners who require a tax receipt for Planned Giving for the 2020/2021 financial year must notify the Parish Office by 30 June 2021.**

Please notify by one of the following methods:

**Email to [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)** - Use the wording, *"Please provide me with a Planned Giving tax receipt"* and include your name and envelope number.

**Phone:** Call the Parish Office on 4979 1101.

**Tax receipt data will be processed on 30 June 2021 and requests must be made by that date.**

No subsequent amendments are possible. Any requests received after 30 June 2021 will result in parishioners not receiving a tax receipt. In turn, they will not be able to claim a tax deduction. If you do not require a tax receipt for tax purposes, it is preferable not to request one, as this will enhance the tax deductibility for those who do use the tax receipt. If you do not submit a tax return (and therefore do not require a tax receipt), we can provide you with written confirmation of your contribution total. You can request this by emailing or by phoning the parish office.

Please note that due to limitations imposed by Section 83C of the NSW Education Act, letters relating to a School Building Levy (DFSBL) reduction can no longer be offered by the Parish.

### **BROADMEADOW PLANNED GIVING ENVELOPES:**

Envelopes for Broadmeadow parishioners will be ready for collection from the office from Monday June 21<sup>st</sup>. Alternatively, please call the office with your name and planned giving number and indicate which mass centre you would like your envelopes sent to.

### **CASUAL EMPLOYMENT OPPORTUNITY:**

**Housie Worker.** The person in this position is responsible for assisting in all aspects of setting up, calling and conducting a successful and compliant session of Charity Housie held at the Southern Cross Hall on Thursday and Saturday evenings. For a full list of duties and responsibilities and to apply please refer to the description and add on the website <https://www.mn.catholic.org.au/about/careers/positions-vacant/housie-worker-st-benedicts-parish> for further information please email [jade.simonsen@mn.catholic.org.au](mailto:jade.simonsen@mn.catholic.org.au)

### **PASTORAL CARE TEAM MEETING**

Pastoral Care Team Meeting @ the Parish Office, 25 Farquhar St - 3pm Thursday, 24 June

## COVID-19-RELATED INFORMATION

### **Maximum Number of Persons in Churches**

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building.

In our Region, those limits are:

|                                  |     |
|----------------------------------|-----|
| Sacred Heart Cathedral           | 221 |
| St Mary's, Newcastle             | 108 |
| St Joseph's, The Junction        | 200 |
| Mary Immaculate, Tighes Hill     | 110 |
| St Laurence O'Toole, Broadmeadow | 110 |
| St Peter-in-Chains, Stockton     | 140 |
| Christ the King, Mayfield West   | 140 |

The limit applies to all Masses and other liturgical celebrations, such as weddings and funerals.

### **Provision of Contact Details**

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.).

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival. These details must be recorded for each attendee.

Attendees are able to use the Service NSW QR Code to provide their details—just like many other places—using the Service NSW app on your phone, or via a QR Code reader. A Contact Details Form will be provided at the door to permit the collection of these details.

### **General Requirements**

The requirements regarding cleaning, observing physical distancing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches. We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

### **Requirements for Attending Mass**

There is no need to register in advance to attend regular Mass. If you wish to return to Mass, you are at liberty to do so, though capacity limits will need to be observed at all Masses.

## YOUNG ADULTS OF THE COMMUNITY ARE INVITED TO:

### Young Adult Formation Group:

**When:** 1<sup>st</sup> Sunday of the month, 4:00pm-5:00pm

**Where:** St Patrick's Church, Wallsend

The YA group will meet at 4pm the first Sunday of every month before the 5:30pm Youth Mass for formation opportunities.

All are welcome! We hope to see you there. Please contact Rose on [0408796252](tel:0408796252) for more information.

### NEXT WEEK'S READINGS:

**13TH SUNDAY IN ORDINARY TIME, Year B**

**Wis 1:13-15, 2:23-24; 2 Cor 8:7, 9, 13-15;**

**Mark 5:21-43**

Weekday and Sunday readings  
can be found at [www.usccb.org](http://www.usccb.org)

## UNPACKING THE SYNOD PAPERS AT TIGHES HILL CHURCH

9.00-10.00am, following Sunday Mass, parishioners are invited to hear one of the pre-Synod videos and join a short discussion of one of the Synod papers. (Postponements may occur due to Baptisms after Mass)

### 20 June 2021 Formation and Education

**Dr Maeve Heaney | From the Foundation Papers –  
The Role of the Baptised (Ordained and Non-Ordained)**

*Dr. Maeve Louise Heaney is the Director of the Xavier Centre for Theological Formation at Australian Catholic University, and is a Senior Lecturer in the Faculty of Theology and Philosophy. Born in Dublin, Ireland, she is a consecrated missionary of a Catholic Institute for consecrated life, the Verbum Dei Community.*

### 27 June 2021 Prayer and Worship

**Rev Matthew Muller | Canon Law and Synodality**

*Rev Matthew Muller is the Chancellor and Canonical Advisor in the Diocese of Maitland-Newcastle. In this video, Rev Muller discusses the canonical aspects of our upcoming Synod.*

### 04 July 2021 Identity and Community

**Sr Patricia Egan | Our Diocesan Synodal Journey**

*Patricia Egan is a Sr of St Joseph of Lochinvar and a member of the Council for Mission and the Synod Working Party. As Sr Patricia coordinated our Diocese's last Synod in 1992/93, in this video she gives some background history to our 2019-21 Synod.*

The booklet containing the Papers endorsed by the Synod is available on the Synod website: <https://www.domnsynod.com.au/>

## Prayer Requests

**RECENTLY DECEASED:** Mark Bendeich, Keith Thomas Bryant, Fr Lex Levey, Sante Angeli, Kate Newsome

**ANNIVERSARIES:** Philip McGoldrick, Fr Brian Bailey, Sean Roche, Ian McGuinness, Carmel Walker, Ken Lane, Mary Rees, John Michael Turner

**SICK:** Mercy Umali, Greg Radecki, Grahame Chegidden

*Names may be placed here by contacting the Parish Office.  
Please refer to the Policy Document on the Parish website—visit  
[www.newcastlecatholic.org.au/downloads](http://www.newcastlecatholic.org.au/downloads).*



The hand of Christ  
blesses the cup



The hand of love  
offers the cup



The hand of suffering  
receives the cup

## VINNIES WINTER APPEAL

"The Hamilton Conference of St. Vincent de Paul Society will be holding their annual winter appeal at the Sacred Heart, Hamilton and St. Mary's, Tighes Hill this weekend, the 19th and 20th June. Hamilton and Tighes Hill parishioners have previously been very generous in their contributions to the winter appeal and we hope they can continue to help the good work of the Society".

be still  
I've got this  
God

## STILL WATER

### A REFLECTION BY ANNE MILLARD

Over the course of four years, from 2009 to 2012, I had the incredible privilege to serve as leader for five pilgrimages with parishioners from my parish, Sacred Heart, in Shawnee, Kansas. We toured the Holy Land in 2009, Italy (twice) in 2010, New Mexico in 2011, and Ireland in 2012.

The trip to the Holy Land was incredible—as we visited the sites and saw the sights, the Gospels came to life in front of my eyes. Of all the places we visited, I remember the Sea of Galilee with particular fondness. Our group had different travel itineraries; most of the travellers got to Israel exactly on time and enjoyed a lovely night's rest prior to the start of the tour. Four of us were delayed out of Kansas City and then stuck in Chicago due to storms. By the time we landed in Tel Aviv, it was 4am local time and we were over 13 hours delayed. A two-hour minibus ride finally got us to our accommodation in Galilee. In general, I have two speeds—a million miles an hour and sound asleep. When I saw my bed in Galilee, I hit the pillow and slept. But not for long. Our lovely local guide called me to say the bus was loading. Then she banged on my door incessantly until I got on the bus. Off we went to Cana, where I was to sing Ave Maria at the wedding chapel. A cat would have meowed it better.

After a wonderful day of touring (which I am glad I experienced), I took my tired, hot, miserable body and threw it into the Sea of Galilee. I will never forget just how good it felt. My roommate on that trip was a lovely woman named Dianne. We didn't know each other very well, so as we floated around in the Sea of Galilee, we told each other our stories. I remember it to this day.

Dianne and I remained very close friends after that trip. Two years later, after a week retreat at Christ in the Desert Monastery in New Mexico, we went white water rafting down the Rio Grande. It was exhilarating! Much of the retreat at the Monastery had been silent and I had a lot of loud to let out. Dianne and I were in the front of the raft and things were going along smoothly, until suddenly they weren't. I began to slip out of the boat, just as we veered very close to a jagged rock face. I felt myself falling and I saw those rocks coming at me fast. I felt fear; loads of it. There was nothing I could do; the fulcrum of my weight was pushing me overboard into that water and those rocks. Suddenly, Dianne reached across the raft and yanked me back to safety. She saved my life. Dianne is a small woman; me, not so much. I wondered at her strength. Later in the day, Dianne told me that it was my guardian angel who took her hand and reached across to save me from falling.

Sadly, Diane died in 2017, losing her battle with cancer. I learned so much from her. We formed our friendship in the Sea of Galilee. And on another body of water, she saved my life. Dianne battled cancer for many years, but always with a grace I couldn't fathom. She never showed fear. She accepted what the good Lord brought her way.



*The water-water rafting group from Sacred Heart, Shawnee, on the Rio Grande, July 2011.  
Dianne is front left; I am front right.*

## Volunteers

Reminder to all the wonderful volunteers who have received induction handbooks to return them to the office so you can be cleared by HR to volunteer in our parish.

### REGISTERED VOLUNTEERS

Helene O'Neill will deliver Course 2: Safeguarding in Parishes on Tuesday 10 August in the Murray Room at 841 Hunter Street between 10am and 2pm. A light lunch will be provided for participants. Please register via [hr-training@mn.catholic.org.au](mailto:hr-training@mn.catholic.org.au). Please remember that completing this training is a necessary requirement of volunteering in the Maitland-Newcastle Diocese. To maintain your volunteer status please book in.

### HEY, GARDENERS!

Call out to all you wonderful Gardeners! St Joseph's at the Junction and St Mary's on the Hill both need some serious garden love!!!! If you are interested in working with our parish Lawn maintenance man and Parish Handy Man in rejuvenating the gardens please email [jade.simonsen@mn.catholic.org.au](mailto:jade.simonsen@mn.catholic.org.au) and we will organize a working group.

## THE CREEDS

### The Nicene Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation he came down  
from heaven, and by the Holy Spirit was incarnate of  
the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day in accordance with  
the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

### Apostles' Creed

I believe in God,  
the Father Almighty,  
Creator of Heaven and earth;  
and in Jesus Christ, His only Son Our Lord,  
Who was conceived by the Holy Spirit, (*all bow*)  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into Hell;  
on the third day He rose again from the dead;  
He ascended into Heaven,  
and is seated at the right hand of God, the Father  
almighty; from there He shall come to judge the living  
and the dead.

I believe in the Holy Spirit, the holy Catholic Church,  
the communion of saints, the forgiveness of sins, the  
resurrection of the body and life everlasting.

## REFLECTION by Fr Michael Tate

### The Voice which Accompanies to the Other Side

Every element of the universe, even the most destructive, is listening for the voice of Our Lord, "Quiet, be still." In this Gospel story, the waters of chaos respond to the voice of the Lord of all creation, allowing Jesus to accompany his disciples to the other side of the Sea of Galilee.

We all know of times when chaos storms into our life, when we feel we are being swamped whether from outside or from some part of our own personality. Some part of our life is facing death. We may cry out to Jesus "Don't you care?"

He *will* come to accompany us but always to "the other side". Our Lord does not indulge the fantasy of "turning back the clock". We have to keep rowing in a new direction. There is no nostalgic return to the old situation. We may well feel displaced, disoriented, but Our Lord is our companion in the unfamiliar situation we have reached.

We could take a moment to pray for Our Lord to help us in all life-threatening situations, especially in the final transit through the wrenching chaos of death. May we hear him rebuke the Prince of Darkness and Death: "Quiet, be still" as he accompanies us to the other side, to the promised land of Heaven.

© Fr Michael Tate; mtate@bigpond.com

Rev Prof Michael Tate graduated in Law from the University of Tasmania in 1968, and in Theology from Oxford University in 1971. He lectured at the University of Tasmania from 1972-78, being Dean of the Faculty of Law in 1977-78. He was a Senator for Tasmania from 1978-93, being Federal Minister for Justice from 1987-93. He served as Ambassador to The Hague and the Holy See from 1993-96. He then returned to Australia and was ordained in May 2000 and has been a parish priest in the Archdiocese of Hobart since then. He is an Honorary Professor of Law at the University of Tasmania where he lectures in International Humanitarian Law.

## HISTORICAL CONTEXT

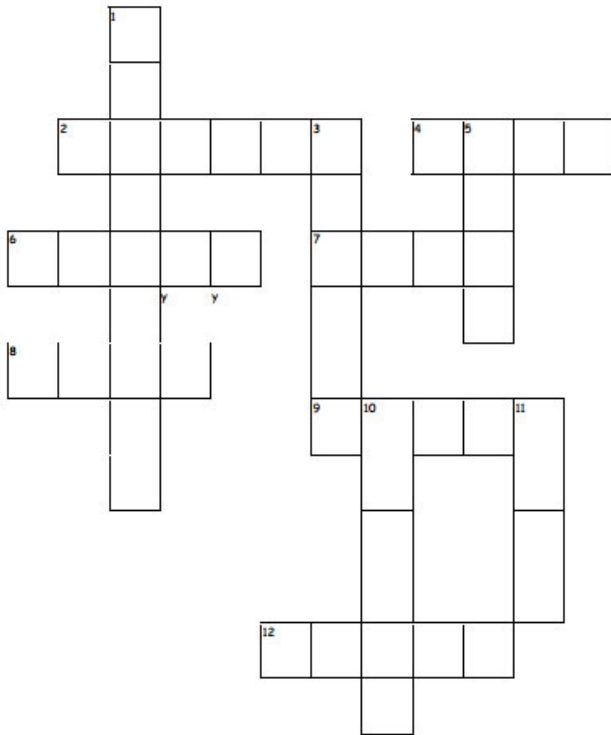
### Mark's audience

*Scripture scholars are now convinced that the Gospel of Mark was the first of the four New Testament gospels to be written. It is probable that it was written at about 70 – 75 C.E. – approximately 40 years after the death of Jesus. The intended community was probably based in or around Rome and so were mostly gentile (non-Jewish) Christians. The destruction of the Jerusalem Temple by Roman forces in 70 C.E. was one of the signs that led this community to believe that the world was coming to an end and that the Messiah was about to return.*

CROSSWORD

Jesus calms the storm

Mk 4:35-41



Across

- 2: the opposite of awake
- 4: a vessel for travelling on water
- 6: belief
- 7: an inland body of water
- 8: still
- 9: oceans and lakes make these shapes in the water
- 12: when there is little or no noise

Down

- 1: Jesus' followers
- 3: you rest your head on one of these when you sleep
- 5: to do what you are told to do
- 10: scared
- 11: to be submerged in water

SENIOR WORDSEARCH

Jesus calms the storm

Mk 4:35-41

B Y Z H Q S Z R E K T K M Z Q R R  
 O V W X X B E I X A V E P K Y F R  
 W G Z G Z B T V O L D B M S G Y E  
 E Z H O W P T B A M M S E S B D E  
 I M P D H Q Y U L W P L F A R M B  
 S P A B T P V U O S P E Q M V W I  
 B E V B F Z I Z N I I S I O L M Y  
 H W H J L D K V C H E N P V L O W  
 D F U D S E A S O B E Y K A D L V  
 Q I R D O O I P Z W R V C W A Z M  
 Z C A G T D X U N P O O F K M P W  
 E D B R F A I T H N I L E A L Q C  
 P I T F F W V R Y T Q G L W U S N  
 L R G W N A S L E E P F C I U I T  
 Y O Y A V C B J Z Z I A E J P N H  
 K A E X N I K L Q P J T N O L O P  
 H M A U H J Q K T Y Q G W U A I V

Try to find these words:

afraid  
 asleep  
 boat  
 calm  
 disciples  
 faith  
 lake  
 obey  
 pillow  
 quiet  
 sink  
 waves