

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. Mayfield Parish: Christ the King, Mayfield West. Stockton Parish: St Peter-in-Chains, Stockton.

SUNDAY 25TH JULY 2021 17TH SUNDAY IN ORDINARY TIME, YEAR B

Our Clergy

Fr Andrew Doohan
Fr Peter Thoai
Fr Matthew Muller
Fr John Vo
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction PO Box 6, The Junction 2291 P: (02) 4979 1101F: (02) 4962 4644 E: newcparish@mn.catholic.org.au W: www.newcastlecatholic.org.au

Our Staff

Margaret Cox (Reception & Administration)
Maryanne Hewitt (Reception & Administration)
Anne Warren (Business Manager Finance)
Jade Simonsen (Business Manager Property)
Dr Anne Millard (Music, Liturgy, Sacraments, Bulletin)

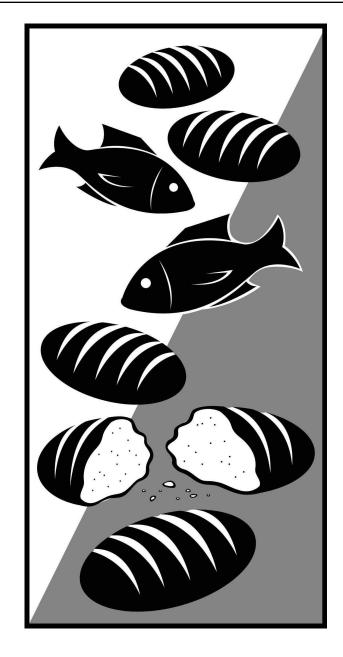
Other Contacts

Lingard Hospital Team: Contact the Parish Office **Mercy Pastoral Team**: Sr Patricia Whitten rsm (02)

4979 1116

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

17th Week of Ordinary Time, Year B

Monday—26th July

Memorial of Sts Joachim and Anne

8:15am Mass @ The Cathedral

Tuesday—27th July

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Wednesday—28th July

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Tighes Hill

Thursday-29th July

Memorial of St Mary Martha

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—30th July

9:00am Mass @ Mayfield

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral (until

12pm)

12:05pm Mass @ The Cathedral

Saturday—31st July

9.15am Mass @ The Cathedral followed by

Novena to Our Lady of Perpetual Help

(followed by Reconciliation)

5:00pm Vigil Mass @ Mayfield West

5:30pm Mass @ The Cathedral

Sunday—1st August

18th Sunday in Ordinary Time

7:30am Mass @ St Mary's

8am Mass @ Tighes Hill

9am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction

11:30am Polish Mass @ The Cathedral

5pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

NEXT WEEK'S READINGS:

Eighteenth Sunday in Ordinary Time, Year B

Ex 16:2-4, 12-15

Eph 4:17, 20-24

Jn 6:24-35

Weekday and Sunday readings can be found at www.usccb.org

CHANGES TO WEEKDAY MASS TIMES

With the departure of Fr Peter Street to Forster Tuncurry, there is a need to make some <u>temporary</u> changes to the weekday Mass arrangements for the Inner Newcastle Parish (Stockton and Mayfield remain unaffected).

For the foreseeable future, the following arrangements are in place:

Monday -The Cathedral 8.15am

Tuesday -The Cathedral 8.15am

Wednesday -The Cathedral 8.15am

Tighes Hill 9.15am

Thursday -The Cathedral 8.15am

Friday -The Junction 10.15am

The Cathedral Midday

Saturday -The Cathedral 9.15am

SUNDAY MASSES remain unchanged for the time being.

Once some clarity around the clergy staffing for the City Pastoral Region is available, a more permanent arrangement will be put in place. We apologise for any inconvenience and trust that parishioners will understand the need for this **temporary** measure.

Fr Andrew Moderator

OFFICE OF SAFEGUARDING COURSE: Safeguarding in Parishes

Who is this for: If you are a paid or unpaid worker of a parish who has not yet attended any Safeguarding training, formerly Child Protection training, or need to update your training this is for you.

How do I register: Registrations are made via HR

HR-Training@mn.catholic.org.au

If I have a question: For information about the course or questions in relation to your participation, or to check on your attendance history, please call the Office of Safeguarding directly on 4979 1390 or email at oosgtraining@mn.catholic.org.au.

Current available sessions for 2021:

Tuesday 10 August: Diocesan Offices,

Murray Room, Newcastle West, 10am-2pm

Tuesday 10 August:

St James PS Muswellbrook, 10am-2pm

Saturday 14 August:

St James PS Muswellbrook, 10am-2pm

Refreshments will be provided.

PARISH CENSUS

The event of COVID lockdown last year has certainly brought to light around the parish that our Parishioner Information is sorely sparse. As a result we are conducting a census of our parishes. Please, please pick up a census form from the back of the church and update your details for the Parish database. To return either scan and email back to us or send it to the Parish office.

AMEN CAMINO 2022 Information Session

The aMeN caMiNo takes place over five consecutive days. The pilgrimage starts at St John's Chapel, Maitland and concludes at the Sacred Heart Cathedral, Hamilton. Pilgrims will walk an average of 20km per day through the beautiful landscape of bush, beach and beyond which we are blessed to have in our backyard.

For those interested in finding out about the 2022 aMeN caMiNo experiences, we will be holding an online Information Session on Saturday 28 August at 2pm.

https://www.eventbrite.com.au/e/amen-camino-information-session-tickets-162230268099

BOOK CLUB

Sunday, 1st August @ 6pm: Bookclub meets to discuss *Phosphorescence* by Julia Baird. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

CHRISTIAN MEDITATION

Living Waters, 34 Kenrick St., The Junction Wed 7.30 am || Fri 11.00 am || Mon 6.30 pm CONTACT: annecuskelly@hotmail.com or 0407 436 808

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. During the Easter Season, we began the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday.

Week 1: No meeting

Weeks 2 and 4: Lectio Divina

Week 3: Bible Study (see information below)

So the program for the remainder of July is as follows:

July 28: No meeting

To participate, please email the parish office.

ENOUGH? by Anne Millard

"Look around, look around at how lucky we are to be alive right now..." so begins one of the ballads in the musical, *Hamilton*. Titled "That Would Be Enough" and sung by Eliza, wife of the protagonist, Alexander Hamilton, the song rejects the need for money or fame. It's enough, Eliza says, for them to be together. Alexander Hamilton is one of the founding fathers of the United States, and the hit musical based on his life story is currently a popular culture phenomenon. I'm a big fan of the show and Eliza's plea to look around at how lucky we are to be alive particularly resonates with me.

In today's Gospel, we hear the familiar story of the miracle of the loaves and fishes. It is the only miracle story found in all four Gospels (apart from the Resurrection). You might enjoy comparing the four different versions of the same story: Matthew 14:13-21; Mark 6:34-44; Luke 9:10-17, and John 6:1-15 (which we hear today).

In each story, Jesus feeds a hungry crowd of around 5,000 using only five loaves and two fish. It's a simple meal, but it is enough. They all ate and were satisfied.

Some scholars suggest that the miracle might be the personal response of individuals within the crowd. Seeing the willingness of Jesus (and the small boy who had the food) to share the small amount they had, everyone dug into their pockets and pulled out the small amount of food they also had and shared it with one another. The miracle, then, was breaking through from selfishness and isolation to a spirit of sharing and community. Or, as the popular saying (often attributed to Gandhi) says: "live simply that others may simply live".

Hamilton is an unexpected hit, especially for Australian audiences. Who had ever heard of Alexander Hamilton before the show? The music draws heavily on contemporary styles including hip hop, pop, soul, and more traditional show tunes. Most strikingly, the cast features non-white actors as the Founding Fathers and other historical figures. Composer Lin Manuel Miranda describes Hamilton as about "America then, as told by America now."

Re-reading the Gospel story of the loaves and fishes in a new way presents an immediate challenge to each one of us. Do we sit around waiting for Jesus to work a miracle in our lives? That would be nice! Or do we become the miracle we want to see? In today's second reading, St Paul gives us the clue on how to proceed: "Bear with one another charitably, in complete selflessness, gentleness, and patience."

That would be enough.

REFLECTION by Richard Leonard

Recently I was invited to a relative's home for dinner. This family has been having more than a little trouble with their 13-year-old daughter, who is going through a particularly defiant and rebellious stage. The young girl was not happy with the vegetables her mother served at dinner and so she refused to eat them. The uneaten vegetables became the staging ground for an adolescent conflict. Trying to coax the girl into eating, her mother calmly used some lines I'd heard before. 'Wasting food is a sin' and 'There are starving people in the world who would be grateful for what you don't want'. With that the girl jumped up and left the dining room. A few minutes later she returned with an oversized envelope and a marker pen. She began to stuff the food into the envelope and as she did she angrily asked, 'What starving people do you want me to send these vegetables to?' Who said being a parent was easy? Celibacy had never looked better!

In today's Gospel, after the 5,000 have been fed, Jesus says, 'Gather the pieces together that are left over. Let nothing be wasted'. Some of us have never truly been hungry, so it can be hard to fully appreciate how wasteful our developed world must appear to those who watch their families die of starvation. People who lived through the Depression or have lived through wars often carry the scars of being hungry. To this day some of them are on guard against waste. Others try to numb the memory of want by overindulging. For most of us in the developed world, especially 13-year-old middle-class kids, hunger has only ever been fleeting, and we are presently eating ourselves into obesity.

Some people would prefer to think of the story of the feeding of the five thousand exclusively in spiritual terms. There is no question that today's Gospel refers to the Eucharist where all are spiritually nourished by Christ our host. It also refers to the eternal banquet where hunger will be no more. But this Gospel asks us to look at our world through the eyes of Christ's kingdom where the mighty will be cast down from their thrones, the poor will be raised up, and the rich who will not share will be sent away.

There is such a thing as healthy guilt. It's where we become aware of what we have done or failed to do to bring about Christ's Kingdom in our world. Given that it is entirely unnecessary for 29,000 people, on average, to die each day because of lack of food and water and the diseases this brings, guilt on our part seems a reasonable response. It becomes a healthy moment in our lives when we decide to change our priorities, and call for similar changes in a nation's

priorities which spends more on bombs than starving babies.

I often wonder what God thinks when he hears wealthy nations say that the reason they refuse to share more with the poor is because these poorer nations often have unelected despots who divert their country's wealth into Swiss bank accounts or nuclear and conventional weaponry programmes. Even in the face of these complex issues we could find a way to feed the hungry who might, one day, be empowered to take charge of their nations.

'What starving people do you want me to send these vegetables to?', the 13 year old asked. To which I wanted to reply, 'Put your own name on the envelope because your own comfort makes you the neediest person in the world'.

May this Eucharist enable us to do on earth what is done in heaven, where the hungry are welcomed and fed, the leftovers are gathered together and nothing is wasted.

SEASONS OF CREATION - FILM COMPETITION

Do you love making TikTok videos or short films? Amidst the climate crisis and the coronavirus pandemic, our sisters and brothers are clamoring for hope and restoration. NOW is the time to come together and take action! #SeasonOfCreation. You are invited to participate in a film contest which involves creating a 2 -minute film that explores the 2021 Seasons of Creation theme – A Home for All.

For more information, visit https://www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/upcoming-events/
or contact rose.mcallister@mn.catholic.org.au

The Chuckle



A teacher asked the children in her Sunday School class, "If I sold my house and my car, had a big garage sale, and give all the money to the church, would I get into heaven?"

"No!" The children all answered.

"If I cleaned the church everyday, mowed the yard, and kept everything neat and tidy, would I then get into heaven?"

Again, the answer was "NO!"

"Well," she continued, "then how can I get into heaven?

In the back of the room, a five year-old boy shouted, "You gotta be dead!"

YOUNG ADULTS OF THE COMMUNITY ARE **INVITED TO:**

Young Adult Formation Group:

When: 1st Sunday of the month, 4:00pm-5:00pm

Where: St Patrick's Church, Wallsend

The YA group will meet at 4pm the first Sunday of every month before the 5:30pm Youth Mass for formation opportunities.

All are welcome! We hope to see you there. Please contact Rose on 0408796252 for more information.



Reminder to all the wonderful volunteers who have received induction handbooks to return them to the office so you can be cleared by HR to volunteer in our parish.

REGISTERED VOLUNTEERS

Helene O'Neill will deliver Course 2: Safeguarding in Parishes on Tuesday 10 August in the Murray Room at 841 Hunter Street between 10am and 2pm. A light lunch will be provided for participants. Please register via hr-training@mn.catholic.org.au. Please remember that completing this training is a necessary requirement of volunteering in the Maitland-Newcastle Diocese. To maintain your volunteer status please book in.

HEY, GARDENERS!

Call out to all you wonderful Gardeners! St Joseph's at the Junction and St Mary's on the Hill both need some serious garden love!!!! If you are interested in working with our parish Lawn maintenance man and Parish Handy Man in rejuvenating the gardens please email iade.simonsen@mn.catholic.org.au organize a working group.

Prayer Requests

RECENTLY DECEASED: Margaret 'Julie' Raftery, Brian Richards, Margaret 'Peg' Forbes, Slavko Kefecek

ANNIVERSARIES: Michael Pascal Dunne, Winifred Hart, Terry Hart, Kenneth James Austin

SICK: Tomi Kefecek, Grahame Chegwidden

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

QR Codes

We encourage everyone who possibly can to use the QR code as you enter the churches. Places of worship are the only sites that will provide sign in sheets, however the sheets will need to be returned to the office so we can upload them onto a spreadsheet, if required, by Dept of Health. People can add dependents to their check-in to hasten the process.

CASUAL EMPLOYMENT OPPORTUNITY:

Housie Worker. The person in this position is responsible for assisting in all aspects of setting up, calling and conducting a successful and compliant session of Charity Housie held at the Southern Cross Hall on Thursday and Saturday evenings. For a full list of duties and responsibilities and to apply please refer to the description and add on the website https:// www.mn.catholic.org.au/about/careers/positionsvacant/housie-worker-st-benedicts-parish for further

information please email

jade.simonsen@mn.catholic.org.au

THE GOOD OIL 2021 WRITERS' AWARD

The Good Oil 2021 Writers' Award is an initiative of the Sisters of the Good Samaritan. The award aims to support and encourage the development of emerging and published writers.

The Good Oil's editorial vision is to nourish the spirit, stimulate thinking, promote social justice, and encourage reflection and dialogue about issues of the day from a Christian, Catholic, Good Samaritan perspective.

The theme for the award is Inclusivity, which is embodied in the Parable of the Good Samaritan (Lk

A panel of judges will award first, second and third place. The prize for the winning entry will be \$600; second prize \$400; third prize \$200.

Entrants may submit more than one piece of writing, to a maximum of three (3) pieces, in the following writing styles:

Reflection - creative writing or first person reflective

Opinion – first person personal opinion

Profile - profile of a person based on an interview and research

News feature - issues-based article written in iournalistic style

For further information about the award, to download the guidelines and entry form.

https://www.goodsams.org.au/the-good-oil/the-good -oil-2021-writers-award/

TODAY'S LITURGY

Entrance Antiphon Cf. Ps 67:6-7,36

God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

Gloria Glory to God in the highest. and on earth peace to people of good will.

We praise You. We bless You. We adore you. We glorify You.

We give You thanks for Your great glory. Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.
Lord God, Lamb of God, Son of the Father:
you take away the sins of the world,
have mercy on us.

You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father, have mercy on us.

For you alone are the holy one. You alone are the Lord. You alone, are the most high Jesus Christ. With the Holy Spirit in the glory of God the Father.

LITURGY OF THE WORD

First Reading 2 Kgs 4:42-44

They will eat and have some left over.

Responsorial Psalm Ps 144:10-11, 15-18. R. v.16

- (R.) The hand of the Lord feeds us; he answers all our needs.
- All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. (R.)
- 2. The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live. (R.)
- The Lord is just in all his ways and loving in all his deeds.
 He is close to all who call him, who call on him from their hearts. (R.)

Second Reading Eph 4:1-6

There is one body, one Lord, one faith, one baptism.

Gospel Acclamation Lk 7:16

Alleluia, alleluia!
A great prophet has appeared among us;
God has visited his people.
Alleluia!

Gospel Jn 6:1-15

He distributed to those who were seated as much as they wanted.

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, (all bow) born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; on the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father almighty; from there He shall come to judge the living

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

LITURGY OF THE EUCHARIST

Memorial Acclamation

When we eat this bread and drink this cup we proclaim your death O Lord, until you come again.

Communion Antiphon Ps 102:2

Bless the Lord, O my soul, and never forget all his benefits.

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DYING TO KNOW DAY

Dying to Know Day is about creating space for death; to prepare for, and deal with, end-of-life matters. An event will be held in Newcastle on Sunday 8 August 2021. A variety of speakers and exhibitors including Good Grief and Seasons for Growth loss and grief representatives will be available from 10 am to 4 pm at The Belford Function Centre, 35 Belford St Broadmeadow. Gold coin entry. Coffee, tea, snacks available. Enquiries 0411 165 914.

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home.

God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Join us each Wednesday 5.00-5.45pm.

Zoom link:

https://mncatholic.zoom.us/j/96144217758

Password: pray

For more information contact:

rose.mcallister@mn.catholic.org.au

COVID-19-RELATED INFORMATION

**YOU MUST WEAR A MASK WHILE INSIDE THE CHURCH

Maximum Number of Persons in Churches

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 4 square metres per person within the building.

In our Region, those limits are:

Sacred Heart Cathedral 110
St Mary's, Newcastle 54
St Joseph's, The Junction 100
Mary Immaculate, Tighes Hill 55
St Laurence O'Toole, Broadmeadow 55
St Peter-in-Chains, Stockton 70
Christ the King, Mayfield West 70

The limit applies to all Masses and other liturgical celebrations, such as weddings and funerals.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.).

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival. These details must be recorded for <u>each</u> attendee.

Attendees are able to use the Service NSW QR Code to provide their details—just like many other places—using the Service NSW app on your phone, or via a QR Code reader. A Contact Details Form will be provided at the door to permit the collection of these details.

General Requirements

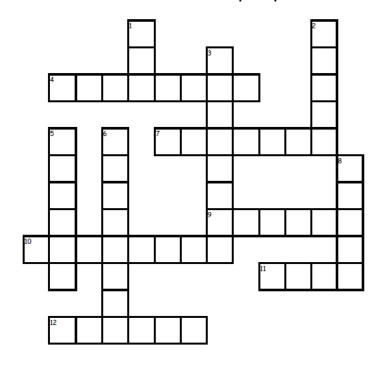
The requirements regarding cleaning, observing physical distancing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches. We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

CROSSWORD

God is the Father of all people

2 Kgs 4:42-44 Ps 145:10-11, 15-16, R. see v.16 Eph 4:1-6 Jn 6:1-15



4: Lake Galilee was also known by this name
7: with the food left over they filled twelve of these
9: this man's food fed a hundred people
10: the Lord told Elisha there would be food
after the people finished eating (two words)
11: Jesus fed the thousands with this many loaves of bread and two fish
12: God asks his people to be humble and
12. Oud darks his people to be humble and
Down
1: there is only $___$ God, the Father of all people
2: this grows all over the ground and is usually green

- this grows all over the ground and is usually green
- 3: when Jesus fed the thousands it was almost time for this Jewish festival
- 5: a man gave Elisha twenty loaves of _____ bread
- 6: Jesus and his disciples went up on a ______
- 8: the opposite of war

Across

17th Sunday in Ordinary Time, Year B [N17ORSUB_2003_CW3.rtf]

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2 Kgs 4:42-44 Ps 145:10-11. 15-16. R. see v.16 Eph 4:1-6 Jn 6:1-15

SENIOR WORDSEARCH God is the Father of all people

S Н Ν Ε В T Ε $\boldsymbol{\mathcal{C}}$ E N Ζ F Ι D G 0 X Q ٧ 0 Ι Ι Ν J T R G R Q Ζ Q G S T Ε X D R Ι R Ε В Ι T 0 S X D Ε Ε Ν 0 0 В X Ν Т Q G REO J 0 W Ι X \mathcal{C} T Т U S T Ι В Ν D Ζ F S G J Q X Ε G X В H Ν Κ X U W D

Try to find these words:

barley baskets Elisha five gentle grass left over mountain one Passover peace Tiberias