



City Pastoral REGION

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 12TH SEPTEMBER 2021

PERPETUAL DAY OF REMEMBRANCE SUNDAY

Our Clergy

Fr Andrew Doohan
Fr Peter Thoai
Fr Matthew Muller
Fr John Vo
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

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Our Staff

Margaret Cox (Reception & Administration)
Maryanne Hewitt (Reception & Administration)
Anne Warren (*Business Manager Finance*)
Jade Simonsen (*Business Manager Property*)
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

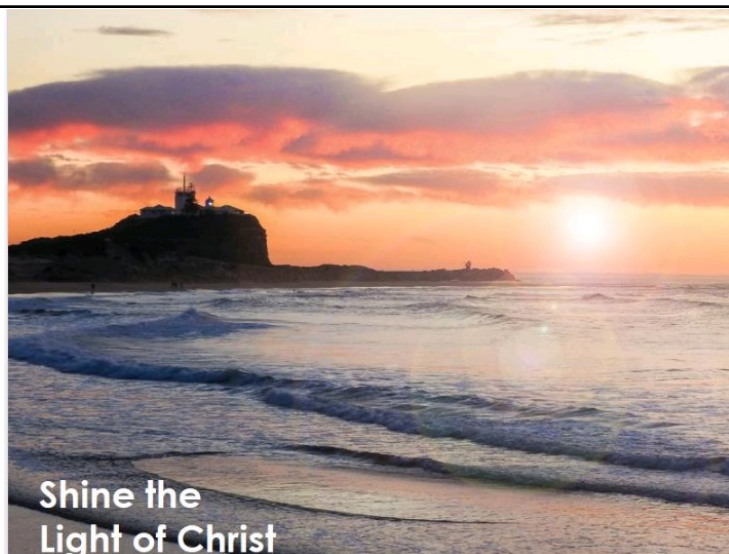
Other Contacts

Lingard Hospital Team: Contact the Parish Office

Mercy Pastoral Team: Sr Patricia Whitten rsm (02) 4979 1116

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm



Shine the
Light of Christ

Ode to the Light of Christ

Come, let us walk in the Light of the Lord.
Let us not fear the past when our hearts were heavy.
Let us Shine the Light of Christ. (Is. 2:5)

Come, let us bring light from the darkness.
Let us make evil good and find sweet in the bitter.
Let us Shine the Light of Christ. (Is. 5:20)

Come, let us weep together when the light grew
dark with the clouds, from the darkness and distress.
Let us Shine the Light of Christ. (Is. 5:30)

Come, let us walk with our brothers and sisters,
those who have walked in darkness.
Let them see the great Light of God and let us Shine
the Light of Christ. (Is. 9:2)

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Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

24th Week of Ordinary Time, Year B

ALL CHURCHES REMAIN CLOSED THIS WEEK

Monday—13th September

Memorial of St John Chrysostom

8:15am Mass @ The Cathedral—Cancelled

Tuesday—14th September

Feast of the Exaltation of the Holy Cross

8:15am Mass @ The Cathedral—Cancelled

8:30am Mass @ Stockton —Cancelled

Wednesday—15th September

Memorial of Our Lady of Sorrows

8:15am Mass @ The Cathedral—Cancelled

9:00am Mass @ Mayfield West —Cancelled

9:15am Tighes Hill—Cancelled

Thursday—16th September

Memorial of Sts Cornelius and Cyprian

8:15am Mass @ The Cathedral—Cancelled

8:30am Mass @ Stockton —Cancelled

Friday—17th September

9:00am Mass @ Mayfield —Cancelled

10:15am Mass @ The Junction—Cancelled

11am Exposition @ The Cathedral (until 12pm)
—Cancelled

11am Reconciliation @ The Cathedral (until
12pm)—Cancelled

12:05pm Mass @ The Cathedral—Cancelled

Saturday—18th September

9.15am Mass @ The Cathedral followed by
Novena to Our Lady of Perpetual Help
(followed by Reconciliation)—Cancelled

5:00pm Vigil Mass @ Mayfield West—Cancelled

5:30pm Mass @ The Cathedral—Cancelled

Sunday—19th September

24th Sunday in Ordinary Time

7:30am Mass @ St Mary's—Cancelled

8am Mass @ Tighes Hill—Cancelled

9am Mass @ The Junction—Cancelled

9:00am Mass @ Stockton—Cancelled

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction—Cancelled

11:30am Polish Mass @ The Cathedral—Cancelled

5pm Mass @ The Cathedral—Cancelled

5:30pm Vietnamese Mass @ Mayfield West-
Cancelled

HUMANITARIAN CRISES UNFOLDING IN AFGHANISTAN AND LEBANON

As the situations in Afghanistan and Lebanon deteriorate, you can help to support families caught up in the crises.

In Afghanistan, people have been forced from their homes, with half of the population in urgent need of food, water, shelter and protection.

In Lebanon, the country is running out of power, water, fuel, medicine and food. Even hospitals are facing massive fuel shortages and will soon have to turn off the lights.

Please donate to Caritas Australia so that we are able to respond to crises like these and others across the world.

Visit caritas.org.au/lebanon or www.caritas.org.au/afghanistan or call 1800 024 413 toll free to provide much needed support.

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. On two Wednesdays, we employ the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. One Wednesday we enjoy bible study.

The program for September is as follows:

15th September: Bible Study

22nd September: Lectio Divina

29th September: No meeting

To participate, please email the parish office.

The Bible Study series from Ascension Press, **Unlocking the Mystery of the Bible** by Jeff Cavins and Sarah Christmyer, is an engaging journey through the Bible.

Prayer Requests



RECENTLY DECEASED: Fay Syme

ANNIVERSARIES: Cecil O'Toole, Stephanie Shortland, Tess & Barry O'Kane, Ronald Raftery

SICK: Kath Murray, Grahame Chegwiddden, Veronica McCann, Wayne Bishop, Paul O'Callaghan, Rozsa Silivinec, Dianne McGoldrick, Peter Skinner, Carmel Blair, Margaret Jones

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

JOIN OUR DIOCESAN COUNCILS

Our Diocesan Councils need you! Becoming a Council volunteer is a wonderful opportunity to not only meet fellow members who share your interests, but also to make a difference in an area you're passionate about!

Pastoral Ministries are seeking expressions of interest for these Councils:

Diocesan Aboriginal and Torres Strait Islander Catholic Ministry Council

Diocesan Adult Faith Formation Council

Diocesan Council for Ministry with Young People

Diocesan Council for Women

Diocesan Ecumenical and Interfaith Council

Diocesan Social Justice Council

Check out our Information Pack to find a Council that interests you!

<https://tinyurl.com/ysfzr4s7>

You can submit an Expression of Interest Form here:

<https://tinyurl.com/uvja9s>

The Chuckle



After Mass one Sunday morning, a young boy suddenly announced to his mother, "Mum, I've decided to become a Priest when I grow up."

"That's okay with us, but what made you decide that?"

"Well," said the little boy, "I have to go to church on Sunday anyway, and I figure it will be more fun to stand up and yell, than to sit down and listen."

A priest was walking along the corridor of the local school near the preschool wing when a group of little ones were trotting by on the way to class. One little lad of about three or four stopped and looked at him in his clerical clothes and asked "Why do you dress funny?"

He told him he was a priest and this is the uniform priests wear.

Then the boy pointed to the priest's plastic collar tab and asked, "Do you have an owie?"

The priest was perplexed until he realized that to him the collar tab looked like a band-aid. So the priest took it out and handed it to the boy to show him. On the back of the tab are raised letters giving the name of the manufacturer.

The little guy felt the letters, and the priest asked, "Do you know what those words say?"

"Yes I do," said the lad who was not old enough to read. Peering intently at the letters he said, "Kills ticks and fleas up to six months!"

PLENARY COUNCIL CONVERSATIONS

In preparation for the upcoming First Assembly of the Fifth Plenary Council our Diocesan Plenary Council members Bernadette Gibson, Fr Andrew Doohan VG, and Helen Belcher are seeking input from our diocesan community.

You are invited to join them for a series of conversations around the Plenary Council agenda and its associated questions, and guided by the Holy Spirit, so they can hear from as many people as possible. Plenary Conversations will be over a number of weeks each Thursday from 26/8 to 30/9 - 7.00pm to 8.30pm via Zoom.

Program for Plenary Council Conversations:

Online Registration is now open to register for all or one of the conversations.

Thursday 16/9 – Structures

Thursday 23/9 – Governance

Thursday 30/9 – Institutions

<https://www.eventbrite.com.au/e/plenary-council-lead-up-conversations-tickets-168063956819>

BOOK CLUB

Sunday, 3rd October @ 6pm: Bookclub meets via Zoom to discuss *The Birdman's wife* by Melissa Ashley. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home.

God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link:

<https://mncatholic.zoom.us/j/96144217758>

Password: pray

For more information contact:

rose.mcallister@mn.catholic.org.au

NEXT WEEK'S READINGS:

Twenty-Fifth Sunday in Ordinary Time, Year B

Wis 2:12, 17-20

James 3:16, 4-3

Mk 9:30-37

Weekday and Sunday readings
can be found at www.usccb.org

"AMORIS LAETITIA FAMILY YEAR " 19 MARCH 2021- 26 JUNE 2022

The "Amoris Laetitia (The Joy of Love) Family Year" is an initiative of Pope Francis, which aims to reach every family around the world through several spiritual, pastoral and cultural proposals that can be implemented within parishes, dioceses, universities, ecclesial movements and family associations.

Over the course of ten monthly episodes, hear the Holy Father talk about each of the chapters of the Apostolic Exhortation Amoris Laetitia, along with the testimonies of different families who will share some aspects of their daily lives.

This initiative is a joint collaboration between the Dicastery for the Laity, Family and Life and Vatican News, and aims to facilitate the reading of the Apostolic Exhortation, with the aid of downloadable material prepared for personal and community reflection.

To access this resource: <http://www.laityfamilylife.va/content/laityfamilylife/en/amoris-laetitia/iniziativa-e-risorse/10-video-amoris-laetitia.html>

AUSTRALIAN CATHOLIC MEN'S GATHERING

On Saturday, 31st July, the Australian Catholic Men's Gathering was launched online. Hundreds of men and men's groups have already signed up to be a part this inspirational event. The gathering aims to encourage all men with a vision for personal discipleship, service and mission in the family, church and the world.

The Australian Catholic Men's Gathering is a free event and all the pre-recorded events can be downloaded and watched individually, or as part of a small group.

The opportunities to gather at this time are complicated by the need to act safely during the pandemic. And yet, it is important to gather and connect.

Our Diocese will be hosting four online meetings to watch and discuss the four sessions of the Men's Gathering. These sessions will be an opportunity to engage with the material and with other men, while also being an opportunity to explore men's ministry in our diocese and our local communities.

These online meetings will kick off on the Wednesday after Fathers' Day and run for four weeks during September. Each session will run for an hour. (7.30-8.30pm – 8th, 15th, 22nd, 29th September).

If you would like to be a part of our Diocesan online gatherings, or if you would like to explore how you could run the sessions in your own local community, please email brendon.mannyx@mn.catholic.org.au to register your interest.

THE STORY OF THE EXALTATION OF THE HOLY CROSS

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Savior's tomb, and her son built the Basilica of the Holy Sepulcher on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman.

The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim.

Reflection

The cross is today the universal image of Christian belief. Countless generations of artists have turned it into a thing of beauty to be carried in procession or worn as jewelry. To the eyes of the first Christians, it had no beauty. It stood outside too many city walls, decorated only with decaying corpses, as a threat to anyone who defied Rome's authority—including Christians who refused sacrifice to Roman gods. Although believers spoke of the cross as the instrument of salvation, it seldom appeared in Christian art unless disguised as an anchor or the Chi-Rho until after Constantine's edict of toleration.

MEMORIAL OF OUR LADY OF SORROWS

September 15 the Memorial of Our Lady of Sorrows; falls on Tuesday this year in the Twenty-Fourth Week of Ordinary Time.

The title, Our Lady of Sorrows, given to our Blessed Mother focuses on her intense suffering and grief during the passion and death of our Lord. Traditionally, this suffering was not limited to the passion and death event; rather, it comprised the seven dolors or seven sorrows of Mary, which were foretold by the Priest Simeon.

These seven sorrows of our Blessed Mother included the flight of the Holy Family into Egypt; the loss and finding of the child Jesus in the Temple; Mary's meeting of Jesus on His way to Calvary; Mary's standing at the foot of the cross when our Lord was crucified; her holding of Jesus when He was taken down from the cross; and then our Lord's burial. In all, the prophesy of Simeon that a sword would pierce our Blessed Mother's heart was fulfilled in these events. For this reason, Mary is sometimes depicted with her heart exposed and with seven swords piercing it. More importantly, each new suffering was received with the courage, love, and trust that echoed her fiat, let it be done unto me according to Thy word, first uttered at the Annunciation.

Focusing on the compassion of our Blessed Mother, Pope Saint John Paul II, reminded the faithful, Mary Most Holy goes on being the loving consoler of those touched by the many physical and moral sorrows which afflict and torment humanity. She knows our sorrows and our pains, because she too suffered, from Bethlehem to Calvary.

Therefore, as we honour our Blessed Mother, our Lady of Sorrows, we honour her as the faithful disciple and exemplar of faith. Let us pray as we do in the opening prayer of the Mass for this feast day: Father, as your Son was raised on the cross, His Mother Mary stood by Him, sharing His sufferings. May your Church be united with Christ in His suffering and death and so come to share in His rising to new life. Looking to the example of Mary; may we too unite our sufferings to our Lord, facing them with courage, love, and trust.



SHINE THE LIGHT OF CHRIST VIGIL

To draw a line of continuity with Child Protection Week, we invite you to begin our Perpetual Day of Remembrance with a Shine the Light of Christ Vigil. All communities and individuals are invited to turn/leave on a light on Saturday night September 11, the last day of Child Protection Week and the evening of the Vigil Mass for Perpetual Day of Remembrance Sunday. This simple and public way shows we stand with survivors, their families and friends, and that we are committed to Shine the Light of Christ on this issue and in our world.

Prayer for turning on 'the light of Christ'

The light of Christ shines in the darkness and the darkness shall never overcome it.

Let us pray God with us, you have made us in your image and filled us with the breath of your divine life. Through the life of Jesus you show us the way to proclaim the greatness of your love in our lives.

As darkness falls may these lights remind us of our mission to shine the light of your love on the darkness of our Church and world.

Create a clean heart in us O God.

Where people are disempowered
May we shine the light of your paschal wisdom.

Where there is privilege and prestige
May we shine the light of your humility.

Where there is dishonesty and denial
May we shine the light of your truth.

Where transparency is lacking and agendas are hidden
May we shine the light of your integrity.

Where there is fear
May we shine the light of your courage.

Where there is judgement
May we shine the light of your compassion.

Where there is disrespect
May we shine the light of your love.

Where people feel silenced
May we shine the light of your word.

Where people feel excluded
May we shine the light of your acceptance.

Where there is sin
May we shine the light of your forgiveness.

Create a clean heart in us O God.

For turning off the lights

Day has dawned.

As we turn off our lights we commit to shining the light of Christ in all we do throughout our day.

TODAY'S LITURGY

Entrance Antiphon

Ode to the Light of Christ

INTRODUCTORY RITE

Penitential Rite

Have Mercy on us, O Lord.

For we have sinned against you

Show us, O Lord your mercy.

And grant us your salvation

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Amen.

Gloria

***Glory, glory to God in the highest,
and on earth peace to people of good will.***

We praise You. We bless You. We adore you.

We glorify You.

We give You thanks for Your great glory.

Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.

Lord God, Lamb of God, Son of the Father:

you take away the sins of the world,

have mercy on us.

You take away the sins of the world,

receive our prayer.

You are seated at the right hand of the Father,

have mercy on us.

For you alone are the holy one. You alone are the

Lord. You alone, are the most high Jesus Christ.

With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Ezekiel 37:1—14

I shall put spirit in you and you will live

We pause for silent reflection.

Responsorial Psalm Ps 41:2-3; 42:3-4. R. see Ps 41:3

(R.) My soul is thirsting for the living God.

1. Like the deer that yearns for running streams,
so my soul is yearning for you, my God. **(R.)**

2. My soul is thirsting for God, the God of my life;
when can I enter and see the face of God? **(R.)**

3. O send forth your light and your truth;
let these be my guide. Let them bring me to your holy
mountain to the place where you dwell. **(R.)**

4. And I will come to the altar of God,
the God of my joy. My redeemer, I will thank you on
the harp, O God, my God. **(R.)**

Second Reading: Romans 14:7-9

Whether alive or dead, we belong to the Lord.

We pause for silent reflection.

Gospel Acclamation *(Please stand)*

Alleluia, alleluia!

Shine in the world like bright stars

You are offering it the word of life.

Alleluia, alleluia!

Gospel: Luke 1:48-56

The Magnificat

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Universal Prayer

All: Hear our prayer

LITURGY OF THE EUCHARIST

Memorial Acclamation

When we eat this bread and drink this blood we proclaim your death O Lord, until you come again.

CONCLUDING RITE

Commission to Shine the Light of Christ

Let us walk in the Light of the Lord. Let us not fear the past when our hearts were heavy.

All: Let us Shine the Light of Christ. (Is. 2:5)

Let us bring light from the darkness. Let us make evil good and find sweet in the bitter.

All: Let us Shine the Light of Christ. (Is. 5:20)

Let us weep together when the light grew dark with the clouds, from the darkness and distress.

All: Let us Shine the Light of Christ. (Is. 5:30)

Let us walk with our brothers and sisters, those who have walked in darkness. Let them see the great Light of God.

All: And let us Shine the Light of Christ. (Is. 9:2)

Acknowledgements

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POPE FRANCIS ON JOY

"Instead of imposing new obligations, [Christians] should appear as people who wish to share their joy, who point to a horizon of beauty and who invite others to a delicious banquet."

"Be courageous in suffering and remember that after the Lord will come; after, joy will come, after the dark comes the sun. May the Lord give us all this joy in hope."

"Christianity spreads through the joy of disciples who know that they are loved and saved."

SEASON OF CREATION

Amid crises that have shaken our world, the global Christian family was awakened to the urgent need to heal our relationships with creation and with each other during the ecumenical Season of Creation.

During the 2021 Season of Creation, from 1st September through 4th October, thousands of Christians on six continents get together for a time of restoration and hope, a jubilee for our Earth, and to discover radically new ways of living with creation.

More than ever before, the global Christian family will unite to pray and take action for our common home.

Seasons of Creation Celebration

This year the Diocese of Maitland-Newcastle, is partnering with Seasons of Creation to help raise awareness of the urgent need to care for the earth and for one another.

Join us to hear guest speakers break open this year's Season of Creation theme, "A Home for All? Renewing the Oikos of God".

Finalists from the film competition will be viewed and the winner will be announced.

For more information on the film competition go to: www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/upcoming-events/

Time: 2:00PM

Date: Saturday, 25 September 2021

More information: <https://www.eventbrite.com.au/e/season-of-creation-tickets-167271083313>

SEASONS OF CREATION – FILM COMPETITION

Do you love making TikTok videos or short films? Amidst the climate crisis and the coronavirus pandemic, our sisters and brothers are clamoring for hope and restoration. NOW is the time to come together and take action! #SeasonOfCreation. You are invited to participate in a film contest which involves creating a 2-minute film that explores the 2021 Seasons of Creation theme – A Home for All.

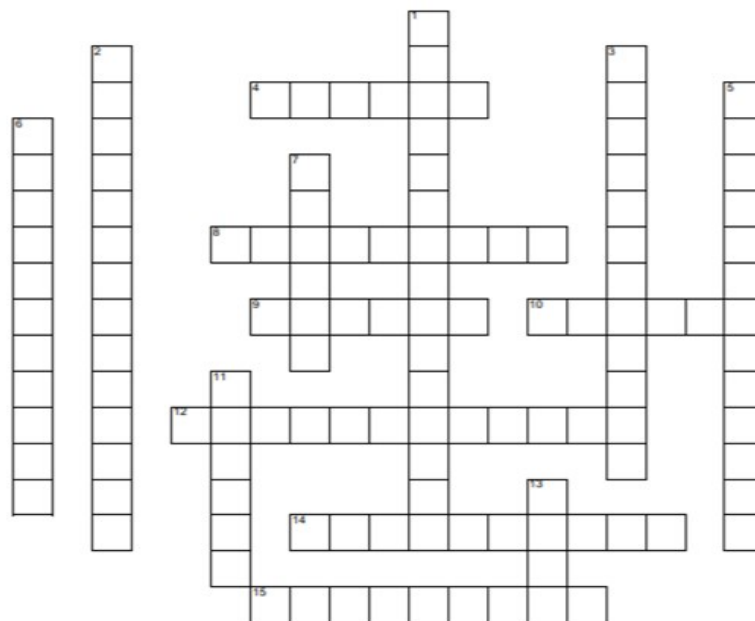
For more information, visit <https://www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/upcoming-events/> or contact rose.mcallister@mn.catholic.org.au

The Magnificat by Mary

C K T C I R B D L X K G X L Q Y F
 X L L N E H W X B F Z G L K O R Q
 G M T H M O Z F P P A L T A U R G
 J Z X N F L C I L R E A X A K I D
 I V B L E S S E D S O J C B E A V
 B U S U Y C Z R D X G M M M W R Y
 I H L K D K S E U O R O I M G Z G
 O R W B S I U V P V V S G S U J D
 E R I N L X I E S L J C H E E Y M
 A P S A V Y S R S P W A T J F M A
 X V R Z U U L O V B H V Y Z X L R
 S W A U G K A F R L L F A M N N Y
 M K E C V D E P L E H X V Z Q L E
 M P L Y X T I O C N M A V W G V P
 R P B S E R V A N T T H P R O U D
 K B E L Y X T E L B M U H O L M S
 H T T Q N U M K H U V L L Z F T P

Blessed Forever Great Helped
 Humble Israel Lord Mary
 Mighty Promise Proud Servant

Parts of the Mass



Across

4. a time of the churches calendar when the Gloria is not sung
8. the priest offers us the body and blood of Christ
9. celebratory song giving praise to God
10. talking and listening to God
12. the moment the bread and wine are turned into the body and blood of Christ
14. the place where the blessed sacraments are kept on the altar
15. another name for the blessed sacrament

Down

1. examine our conscience for our sins
2. 3 persons in one God
3. the part of the mass that is read from the old testament
5. the part of the mass that is read from the new testament
6. given to us by Jesus "Our Father who art in heaven.."
7. the priest talks to us about the readings and the gospel
11. read by the priest and is usually from the book of Matthew, Mark, Luke or John
13. celebration of the Eucharist