



City Pastoral REGION

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 26 MARCH 2023

5TH SUNDAY OF LENT, YEAR A

Our Clergy

Fr John Lovell
Fr Paul Chackanikunnel
Fr Raphael Madukwe

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
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W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Monday, Tuesday, Friday

Anne Warren (*Business Manager Finance*)
Tuesday and Thursday

Jade Simonsen (*Business Manager Property*)
Monday

Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

Other Contacts

Lingard Hospital Team: Contact the Parish Office

Mercy Pastoral Team: Sr Patricia Whitten rsm
0448463679

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



Jesus is always giving His followers reassurances to help them face what lies ahead. A few Sundays ago, we saw this with His Transfiguration on Mt Tabor in the presence of Peter, James and John, after announcing to them the prophecy of His passion. He was showing them the future was not all gloom and doom, for there was 'light at the end of the tunnel'. Now, at Bethany, just a few kilometres from Jerusalem, where He would very soon meet His fate, He is again reassuring His followers that He had the power to overcome evil and death, with the raising of Lazarus. What issues in our lives do we need the Lord's reassurance with right now?

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

Fifth Week of Lent, Year A

Monday—27th March

8:15am Mass @ The Cathedral

Tuesday—28th March

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Wednesday—29th March

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

Thursday—30th March

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—31st March

9:50am Rosary for Ukraine@ The Junction

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @
The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—1st April

9:15am Mass @ The Cathedral, followed by the
Novena to Our Lady of Perpetual Help
(followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

6:00pm Mass @ Mayfield West

Sunday—2nd April **DAYLIGHT SAVING ENDS**

Palm Sunday, Year A

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral *

11:00am Mass @ The Junction (*Italian*)

11:30am Mass @ The Cathedral (*Polish*)

5:00pm Mass @ The Cathedral

5.30pm Mass @ Mayfield West (*Vietnamese*)

***Note the new time*

** Livestreamed on the Cathedral's YouTube channel—
www.youtube.com/c/SacredHeartCathedralHamilton
and on the Diocese website*

PLEASE NOTE

Daylight savings time ends April 2. At that time, Mayfield West will change the times for the Vigil Mass and the Sunday night Vietnamese Mass. The Vietnamese Mass time changes next Sunday to 5:30. The Mayfield West Mass time will change from next week.

PRAYER REQUESTS

RECENTLY DECEASED: John Rumball, Ruth Galbraith, David Morley, Patricia Quayle, Sr Agnes (Michael) Burke rsj, Veronica (Ronnie) Jennings, Eileen Howard, Joseph Wong, Anthony O'Brien, Rosemary King,

ANNIVERSARIES: Alicia Salve Doliente, Regina Salve Mangubat, Barry Gordon, Bryan Millard, Thomas Crittenden. Michael Tobin Snr, Doris Zimmerman, Alan Jennings, Phoebe Bourke, Pat Fogarty, Laurel Murray, Louise Balzar

SICK: Peter Kefcecek, Roslyn McGovern, Christine Dowling, Carlo Rossi

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

OUR BELOVED DEAD

We remember those in our Sacred Heart Cathedral Columbarium whose anniversaries occur in March:

Louise Anne Balzer

Veronica Ellen (Verona) Cable

Edward Caelli

Warren Cunningham

Michael Edward Delaney

Veronica Ellicott

Betsy Gadd-Ardesch

Frank Gibson

Keith Martin

Terence O'Beirne

Peter Francis O'Sullivan

Wesbrook (Wes) Smythe

Coz Sphiris

Anna Maria Stefanson

William (Bill) Van Schyndel

Thomas (Jack) Wakely

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

ROSARY FOR UKRAINE

Pray the Rosary from 9.50am on Fridays at St Joseph's Church, The Junction.



TAIZE SERVICE

Sunday April 2: Immaculate Heart of Mary Catholic Church Tighes Hill 5.00pm – 6pm *followed by a shared supper.*



PREPARING FOR EASTER

The Parish **Lenten** Group meets @ 9.30 am next **Thursday, 30 March** in the Parish Centre and continues during the weeks of Lent. Please see Gwen Haggerty (or ph 4967 5010) if you are interested in joining the group.

FOOD BASKET FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc but NOT PEANUT BUTTER), can be placed in the basket at the back of **St Joseph's Church**, The Junction. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998

Collection baskets also at Tighes Hill



A very heart felt thank you to all parishioners who have been donating non-perishable items to the food collection bins at Sacred Heart Cathedral and St Mary's Church, Newcastle. Your

thoughtful donations have gone into making up food hampers with our CatholicCare Food Programs and have provided support to anyone experiencing financial hardship, homelessness, mental illness, physical/intellectual disability, substance abuse and social isolation in our local area.

Since June 2022, CatholicCare Food Programs have made up 138 emergency food hampers and 150 Christmas hampers for people in the Newcastle-Lake Macquarie area, all from donated food items. This year we have seen a dramatic increase in the number of requests we have received for emergency food hampers, especially from families with young children. Our hampers are given as a one off 'hand up' (not a 'hand out') and are made up completely of donated food.

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.

PARISH EMPLOYEE AND VOLUNTEER SAFE-GUARDING TRAINING

WEDNESDAY 26 APRIL

All parish workers are required to attend Course 2: Safeguarding in Parishes within 6 months of commencing in their role and every 6 years thereafter.

This training forms part of the Diocese's mandatory training regime and is specifically designed to support paid and unpaid helpers undertaking a broad range of ministries in church facilities and out in the community. The training targets the safeguarding needs of faith communities. The course will address:

- ✧ the Diocese's Safeguarding Framework policy
- ✧ indicators of risk and vulnerability
- ✧ indicators of abuse and neglect
- ✧ boundaries in ministry
- ✧ responding to disclosures
- ✧ reporting obligations
- ✧ contributing to a 'Safe' culture

Please register your attendance before Thursday 20 April by contacting the Office of Safeguarding on 4979 1390 or email: osgtraining@mn.catholic.org.au

BECOME A VOLUNTEER AT CATHOLICARE'S REFUGEE HUB

CatholicCare's Refugee Hub is looking for more volunteers to support their tutoring program, community garden, men's and women's groups, art program, casework support and OzHarvest food support program. If you have a couple of hours to spare here and there, please reach out. You could help CatholicCare make a difference. To register your interest, please fill out the volunteer enquiry form: www.catholiccare.org.au/community-programs/community-refugee-hub/volunteer

VIEW, CHEW, AND CHAT

Meets 29th March to continue the Diocesan Lenten Program. To access the program document, copy and paste or type the following address into your web browser: <https://tinyurl.com/mnlent23>

CATHEDRAL PIETY STALL

We have a small number of items for sale in the Cathedral piety stall, located in the foyer. What items would you like to see available there? Please let us know! Either email the office or let a sacristan know your thoughts! Thank you.

EXPRESSIONS OF INTEREST FOR 2023/2024 CHRISTIAN FORMATION COURSE ARE NOW OPEN

Are you wanting to know more about Christianity and develop a deeper understanding of the Catholic Church?

The Christian Formation Course (CFC) is a learning experience that allows participants to explore the foundational elements of the Catholic Faith Tradition. This one-year course introduces participants to scripture, theology, church history, sacramental life and liturgy.

The Course runs across twelve (12) months and comprises eight (8) units. All who complete the Course are awarded a diocesan Certificate in Christian Formation

By engaging in the course, it is hoped participants will:

- ✧ become more confident in understanding the Catholic faith
- ✧ grow in their capacity to reflect on their life's journey
- ✧ realise that Christian faith is nurtured in community
- ✧ be affirmed in their gifts for participating in the life of the faith community
- ✧ grow in awareness of what it means to be a responsive member of the faith community

Commencing on Tuesday 2 May 2023, no prerequisite formation or qualification is required to enrol.

To find out more about the Christian Formation Course, visit: www.mn.catholic.org.au/church-mission/catholic-life/faith-formation/christian-formation-course/

HISTORY, THEOLOGY AND PRACTICE OF SYNODALITY - FREE ONLINE COURSE OFFERED BY BOSTON COLLEGE

Through an online platform you will have access to a series of pre-recorded videos during the months of February and March 2023.

"Synodality is not the chapter of a treatise on ecclesiology, and even less a fad, a slogan or the new term to be used or manipulated in our meetings. No! Synodality expresses the nature of the Church, its form, its style, its mission." Pope Francis

To register go to: <https://formaciononline.bc.edu/en/home/>

THE CHOSEN EXPERIENCE – SEASON 2

We invite you to join us in soaking up to the sights, smells, and tastes of 1st Century Palestine as we view the second season about the life of Christ. *The Chosen* is a series which brings to life an interpretation of what life might have been like for Jesus starting his ministry. The series has been creatively produced and includes the backstories for each of the disciples that were individually chosen by Jesus. We are first invited into each of their lives, into their struggles and baggage. But once introduced to Jesus and the invitation to spend time with him, we are invited to witness such a transformation of each of his first followers.

Each Thursday evening join us to share a meal, watch and discuss the episode.

The Chosen Experience commences on 27 April at 6pm in the Murray Room.

<https://www.eventbrite.com.au/e/the-chosen-season-2-tickets-595299666327>

PALM SUNDAY PICNIC FOR PEACE

At 1pm on Sunday 2 April, you're invited to Civic Park for the Palm Sunday Picnic for Peace to gather with people from many community organisations and walks of life and faith perspectives to proclaim justice and peace on this significant day.

ENFLAMED BY LOVE CONFERENCE

Newcastle Catholic Charismatic Renewal invites all people to the Enflamed by Love Conference, a series of workshops on evangelisation through faith, love, prayer and discernment run by the Missionaries of God's Love (MGL) Sisters on Saturday 22/4/23 and Sunday 23/4/23 9am-3:30am at the Holy Cross Church Hall, 30 Oakland St Glendale. Cost: donation. Morning and Afternoon tea will be provided. BYO Lunch Please contact Wayne Caruana on 0466 631 394 or Mary-Anne De Luca 0409 077 373 for further information.

EARTH HOUR

This Saturday 25 March from 8.30pm, you're invited to switch off and take some #TimeOutForNature during Earth Hour. Whether it's 60 seconds, 60 minutes or beyond the hour, commit to taking time to reflect on the wonder nature provides us this Earth Hour.

PRINT AND PRAY- APRIL 27- CORCORAN CENTRE- MORPETH

Join us during this Easter period for a day of prayer and printing. Participants will make their own Gelatine printing plate and experience the joys of using this form of monoprinting while engaging in prayerful reflection throughout the day. The printing process is extremely simple, versatile and addictive. It is equally well suited for professional or novice printmakers, craft enthusiasts, professional artists, and children. You will need to bring an apron, morning tea and lunch.

Cost: \$25 for materials - participants will take home their own Gelatine printing plate.

<https://www.eventbrite.com.au/e/print-and-pray-april-2023-tickets-595247941617>

NEWCASTLE WRITER'S FESTIVAL – RESILIENCE AND HEALING IN THE AFTERMATH OF TRAUMA.

Bringing together three writers whose work reflects the ongoing engagement with struggles for justice for survivors, the panel will discuss new ways and insights into understanding the catastrophe of child sexual abuse that has characterised so many countries in the 20th Century. The panel discussion is being held at the Lock Up in Newcastle on 11.30am on Saturday 1 April 2023, more information is available at <https://thelockup.org.au/resilience-and-healing-in-the-aftermath-of-trauma/>

LOUD SKY

Loud Sky is a powerful collaborative art exhibition featuring five Hunter-based artists who have created new works responding to stories of survival. These stories were uncovered through the Royal Commission into institutional response to child sexual abuse in the Hunter region in 2016. The exhibition opens at The Lock Up in Newcastle on Friday 31 March and runs until 21 May 2023. More information is available at <https://thelockup.org.au/loud-sky/>

BOOK CLUB

Sunday, 2 April @ 6:15pm: Bookclub meets to discuss *The Blue Fox* by Sjón. If you would like to participate in book club meetings, please email the office



THE CHUCKLE

Q: Which side of a bunny has more fur?
A: The outside



ENROLMENTS FOR 2023 SACRAMENTAL PROGRAM

A child's catholic faith journey began with the Sacrament of Baptism and continues with the reception of the Sacraments of Initiation: Confirmation and First Eucharist.

The preparations for these sacraments in the Inner Newcastle Parish run between February and June of every year and are designed for children going into Year, 4, 5 or 6 in 2023. Preparations are completed as a family with online activities and volunteer work within the community.

Enrolments are now open for the 2023 program. If you are interested in being a part of the program this year please visit the parish website and complete the online enrolment form.

<https://www.newcastlecatholic.org.au/sacramental-enrolment-form/>

For more information please contact the office on 49791101 or newcparish@mn.catholic.org.au

The program launched last week. There's still time to sign up.

CHRISM MASS

This year's Chrism Mass will take place in Holy Week on Tuesday 4 April at 7.00pm in the Sacred Heart Cathedral Newcastle West. This is a first opportunity for all who wish to gather, to celebrate with our new Bishop, Michael Kennedy at Mass and a light supper. All are welcome. Those with a specific role in the Mass please arrive early as communicated. Read more at <https://tinyurl.com/chrism2023>



HAVE YOU TRIED THE APP?

Our Diocese has a fabulous app that includes all the readings for Mass, Mass times, events, etc. You can also donate to the church via the app. It's easy to use. Search for Diocese of Maitland-Newcastle at your app store.

NEXT WEEK'S READINGS:

Is 50:4-7
Phil 2:6-11
Mt 26: 14-27:66

REFLECTION

Do We Believe?

By: Fr. Lawrence E. Mick

In today's Gospel story of the raising of Lazarus, we are confronted with a crucial question that Jesus asked Martha: "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?"

As its placement in John's Gospel suggests, this account is a clear foreshadowing of the Easter event that would soon follow. The question Jesus asks is not just about Lazarus but also about himself. Faith in the Resurrection is key to Christianity.

This goes beyond simply believing that Christ rose from the dead, for our religion rests on the pattern of death and resurrection at every stage of our lives. When we celebrate the third scrutiny today with the elect, we are challenging them to base their lives on that motif, to be willing to embrace the multiple deaths that love demands with the faith that new life will arise each time we cast ourselves into the hands of our loving and life-giving God. We know of course, that as we challenge the elect, we also challenge ourselves, for we are all on the same journey of ever deepening conversion.

Whether you combine the scrutiny petitions with the general intercessions or pray them separately, you might focus some of the general intercessions around this theme. There are many groups in our society who find hope difficult: refugees, immigrants, the unemployed, LGBTQ people, minorities, etc. You might pray a petition for each group that they may trust in God's power and come to new life beyond their struggles.

The petitions for the scrutiny could include similar language. As you name the evils we must confront, pray for new life to replace each of them. As you name the good that needs to be strengthened, pray for the grace to trust in God's ability to bring life even out of death, to lift up our efforts by divine power.

Planners might also ask themselves this week if they are ready to embrace new life after all the work required to prepare Lenten and Easter liturgies. The deaths we must embrace are often tied to surrendering our time and energy for the sake of others. Providing good liturgy to parish assemblies is not easy, and it often requires dying to our own needs

and desires for the sake of the common good. Do we trust that God will bring us to new life, even in the midst of our demanding efforts? Are we open to the ways that God may surprise us, giving us new life and hope in unexpected ways? If so, then we may be able to share in the joy of Lazarus and the new life of Christ's resurrection.

Living the Gospel

Death for Life

The gospel writer paints the picture that Jesus is fully conscious of the implications of his return to Judea. As the events of the Passion unfold through this gospel, the reader has a very clear impression in their mind that if Jesus had not come to Judea; had not raised Lazarus; then he would not have been arrested and crucified. The reader is also drawn into the revelation that the sacrifice of Jesus was not solely for Lazarus but rather for all humanity. This realisation leads the reader to the ultimate humbling conclusion that if the sacrifice of Jesus was for people then the reader themselves is also the recipient of that sacrifice.

BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest. Thank you!

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link: <https://mncatholic.zoom.us/j/68191395109>

Password: 316071

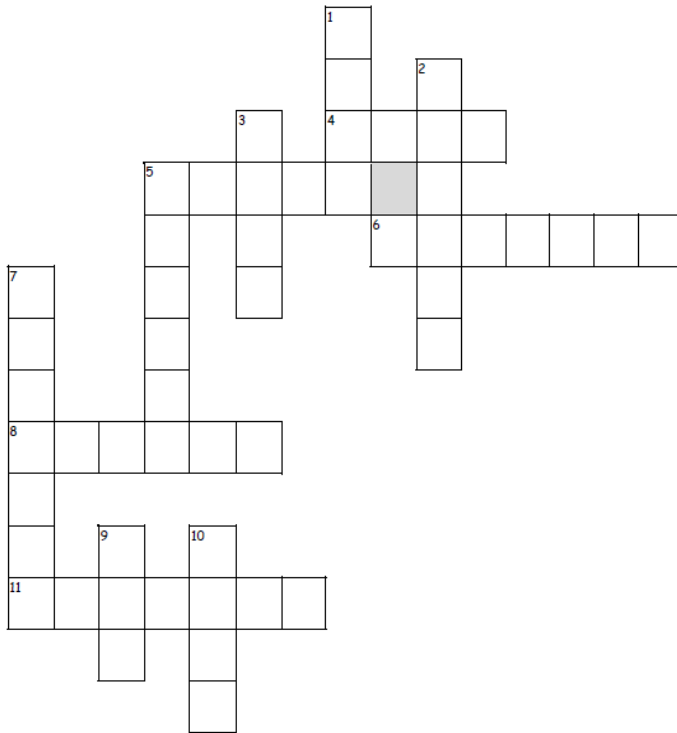
For more information contact:

rose.mcallister@mn.catholic.org.au

CROSSWORD

Know that I am God

Ez 37:12-14
Ps 130:1-2, 5 & 7bcd R.v.7bc
Jn 11:3-7, 17, 20-27, 31-45



Across

- 4: Martha's sister
5: rock
6: Jesus raised him from the dead
8: Lazarus' sister
11: the Lord spoke to this prophet

Down

- 1: a place where we live
2: exhalation of air
3: a place where the dead are laid to rest
5: the Lord said, "My _____ will give them breath"
7: to give someone your word
9: a large expanse of water
10: unwell

SENIOR WORDSEARCH

Know that I am God

Ez 37:12-14
Ps 130:1-2, 5 & 7bcd
Jn 11:3-7, 17, 20-27, 31-45

Y G V M D Y O B I L W J S O V S H
C C M O A X E H L T M A D H F B G
V O W K O Z N Y O S C X B O X H I
X D Z T E J M M T M S D V F P E H
C W Z K Q T J G Q N E I V U U W Z
J Y I T R D J Y Y Q N O I L A R H
C E S T W U V H O R M P E H Y R U
L U R U J H C F A S R U R Y V H U
M Q J F N K F U H O G L E J E U G
L B D U J A G A M Q Y V Y U G P S
T T D W M T I I D X W H W I M E T
D K A C I T S J X L T Y X L U Z O
D C M R G E B F A A M A R T H A N
F B I B M O T M E N G U F A W K E
T P R D A S U R A Z A L F R M C A
S Y T P L B B H A Q S X S A X I E
X R R M S I U G N U D G Y N S S S

Try to find these words:

breath
Ezekiel
home
Lazarus
Martha
Mary
promise
sea
sick
Spirit
stone
tomb

TODAY'S LITURGY

Entrance Antiphon: Cf. Ps 42:1-2

Give me justice, O God,
and plead my cause against a nation that is faithless.
From the deceitful and cunning rescue me,
for you, O God, are my strength.

First Reading: Ez 37:12-14

I shall put my spirit in you, and you will live.

Responsorial Psalm: Ps 129. R. v.7

- (R.) With the Lord there is mercy
and fullness of redemption.
1. Out of the depths I cry to you, O Lord,
Lord, hear my voice!
O let your ears be attentive
to the voice of my pleading. (R.)
 2. If you, O Lord, should mark our guilt,
Lord, who would survive?
But with you is found forgiveness:
for this we revere you. (R.)
 3. My soul is waiting for the Lord,
I count on his word.
My soul is longing for the Lord
more than watchman for daybreak.
(Let the watchman count on daybreak
and Israel on the Lord.) (R.)
 4. Because with the Lord there is mercy
and fullness of redemption,
Israel indeed he will redeem
from all its iniquity. (R.)

Second Reading: Rom 8:8-11

*If the Spirit of him who raised Jesus from the
dead is living in you, then he will give life to
your own mortal bodies.*

Gospel Acclamation: See Jn 11:25. 26

Glory and praise to you, Lord Jesus Christ!
I am the resurrection and the life, says the Lord;
whoever believes in me will not die for ever.
Glory and praise to you, Lord Jesus Christ!

Gospel: Jn 11:1-45

I am the resurrection and the life.

Communion Antiphon: Cf. Jn 11:26

Everyone who lives and believes in me
will not die for ever, says the Lord.

CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very
welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start

WHERE: Mercy Offices

20 Union Street

(Next door to Mercy Services)

Off street parking available

The Meditation session begins with short guided re-
laxation exercises then we have a reading from Fr.
John Main which leads into 20 minutes of silent
meditation

MEDITATION GROUPS AT LIVING WATERS CENTRE

34 Kenrick Street, The Junction, on Wednesday at
7.30am and Friday at 11.00am. All are welcome,
including new meditators.

Scriptural Context

Jesus wept

"Jesus wept" is the shortest verse in the
New Testament. Just two little words carry
a world of emotion and speak volumes
about Jesus. Pope Leo I used this verse to
highlight the two natures of Jesus, pointing
out that in his humanity, Jesus wept for
the death of his friend, but in his divinity
Jesus raised Lazarus to life. Lazarus and
his sisters were close friends of Jesus and
Jesus is clearly emotional about the death
and its effect on Martha and Mary. That
Jesus is about to restore Lazarus to life
does not deny the grief and mourning at
Lazarus' death.

Next Sunday is PALM SUNDAY

Next Sunday 2nd April is Palm Sunday.
Parishioners are encouraged to bring
along a piece of greenery to be blessed
at the start of the Mass. If anyone has
some extra pieces they can bring along,
to share with others who don't have
anything to bring, that would be a great
help.

