



City Pastoral REGION

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 28 MAY 2023

PENTECOST SUNDAY, YEAR A

Our Clergy

Fr John Lovell
Fr Paul Chackanikunnel
Fr Raphael Madukwe
Deacon Kevin Gadd

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
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Our Staff

Margaret Cox (*Reception & Administration*)
Monday, Tuesday, Friday

Anne Warren (*Business Manager Finance*)
Tuesday and Thursday

Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

Other Contacts

Lingard Hospital Team: Contact the Parish Office

Mercy Pastoral Team: Sr Patricia Whitten rsm
0448463679

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

This Sunday we celebrate the great feast of Pentecost and the coming of the Holy Spirit. It has also been called the birthday of the Church. The Holy Spirit, the Paraclete, is the Spirit of both the Father and the Son. He is the Spirit of truth, peace, healing and countless other good gifts. Let's ask ourselves today: how actively do I engage with this Spirit dwelling within me, to heal and transform my life, and that of the people around me?

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.



THE PARISH DIARY...(for the week ahead)

Eighth Week in Ordinary Time, Year A

Monday—29th May

Memorial of The Blessed Virgin Mary, Mother of the Church

8:15am Mass @ The Cathedral

Tuesday—30th May

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Wednesday—31st May

Feast of the Visitation of the Blessed Virgin Mary

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

Thursday—1st June

Memorial of St Justin

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—2nd June

9:50am Rosary for Ukraine @ The Junction

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @
The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—3rd June

Memorial of Sts Charles Lwanga & companions

9:15am Mass @ The Cathedral, followed by the
Novena to Our Lady of Perpetual Help
(followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

5:30pm Mass @ Mayfield West

Sunday—4th June

Trinity Sunday, Year A

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral *

11:00am Mass @ The Junction (*Italian*)

11:30am Mass @ The Cathedral (*Polish*)

3:00pm Divine Mercy Devotion @ Mayfield West

5:00pm Taize Service @ Tighes Hill

5:00pm Mass @ The Cathedral

** Livestreamed on the Cathedral's YouTube channel—
www.youtube.com/c/SacredHeartCathedralHamilton
and on the Diocese website*



RECENTLY DECEASED: Sr Pauline Burgess rsj (Audrey)
Maureen Johnson

ANNIVERSARIES: Anne Gilroy, Anna Cesta, Joyce
Winder, Bob Haggerty, Ralph Sweeney, Annie
Crittenden, Sr Paula Crittenden rsj, Mary Royan, Clare
Innes

SICK: Aaron Parkes, Grayson Peers, Frances Gardiner,
Peter Kefcecek, Roslyn McGovern, Christine Dowling,
Carlo Rossi

*Names may be placed here by contacting the Parish Office. Please
refer to the Policy Document on the Parish website—visit
www.newcastlecatholic.org.au/downloads.*

OUR BELOVED DEAD

We remember those in our Sacred Heart Cathedral
Columbarium whose anniversaries occur in May:

Leo Burke

Beryl Cofteros

Lorraine Driscoll

Mary Duggan

Kathleen Gibson

Monica Hayes

Joy Patricia Jarrett

Mary Noreen Long

Alice Martin

Krystyna Mazalo

Ian Edward McDonald

Cary McNabb

Laurel May Murray

Nola Margaret Phillips

Frank Keith Pilgrim

Sandra Rufo

Henrietta Vujeva

Elaine Iris Wilson

*Eternal rest grant unto them and may perpetual light
shine upon them. May they rest in peace, Amen.*

PRAYING THE GOSPELS

You are invited to connect and pray with each other
across the Diocese from your own home. God speaks
to us through the words of the Gospel and then
through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link: <https://mncatholic.zoom.us/j/68191395109>

Password: 316071

For more information contact:

rose.mcallister@mn.catholic.org.au

NEXT WEEK'S READINGS: THE MOST HOLY TRINITY, YEAR A

Ex 34:4-6, 8-9

2 Cor 13:11-13

Jn 3: 16-18



**Our Lady of Pentecost window at Tighes Hill church
Catechesis by Pope John Paul II on the Holy Spirit
General Audience, Wednesday 28 June 1989**

At the annunciation Mary had experienced the descent of the Holy Spirit. ... Through the Spirit's coming down upon her, Mary was associated in a unique way with the mystery of Christ. ...In the upper room in Jerusalem, as the Paschal Mystery of Christ on earth reached its fulfillment, Mary together with the other disciples prepared for a new coming of the Holy Spirit which would mark the birth of the Church. ...From the very beginning Mary was united to the Church as a disciple of her Son and as the most outstanding image of the Church in her faith and charity

FOOD BASKETS FOR THE NEEDY

ST JOSEPH'S, THE JUNCTION and MARY IMMACULATE, TIGHES HILL:

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Mary Immaculate Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

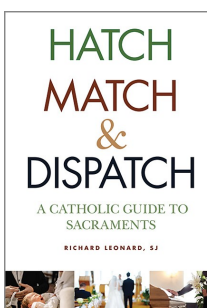
SACRED HEART CATHEDRAL and ST MARY'S, NEWCASTLE:

Since June 2022, CatholicCare Food Programs have made up 138 emergency food hampers and 150 Christmas hampers for people in the Newcastle-Lake Macquarie area, all from donated food items. This year we have seen a dramatic increase in the number of requests we have received for emergency food hampers, especially from families with young children. Our hampers are given as a one off 'hand up' (not a 'hand out') and are made up completely of donated food.

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant. The food collection bins are at Sacred Heart Cathedral and St Mary's Church, Newcastle

BOOK CLUB

Sunday, 4 June @ 6:15pm: Bookclub meets to discuss *The Switch* by Beth O'Leary. If you would like to participate in book club meetings, please email the office



VIEW, CHEW, AND CHAT

Meets June 7 @7pm via Zoom to discuss Hatch, Match, & Dispatch, chapter 4. Contact the parish office on 4979 1101 to join

THE NEWCASTLE CATHOLIC CHARISMATIC RENEWAL

is hosting a Pentecost celebration in thanksgiving for the birthday of the Church. The day will start with a talk on the Acts of the Apostles, lunch and a Mass with prayer ministry afterwards. The event will be **St. Francis Xavier Catholic Church Gipps St Carrington on Sunday 28 May at 11am-2:30pm.** Everyone is welcome. Please bring a plate to share for lunch. Contact Wayne Caruana 0466 631 394.

DIVINE MERCY DEVOTION

At Christ the King Church, Mayfield West. 4 June at 3pm. All welcome

TAIZE SERVICE

Sunday 4 June: Immaculate Heart of Mary Catholic Church Tighes Hill 5.00pm – 6pm *followed by a shared supper.*



CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start

WHERE: Mercy Offices, 20 Union Street
(Next door to Mercy Services)

Off street parking available

The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

INTRODUCTORY CLINICAL PASTORAL EDUCATION (CPE) (40 hours)

This course is an introduction to the theory and practice of pastoral/spiritual care. It is a qualification required by NSW Health for those wishing to become hospital visitors. It covers such topics as listening skills, empathy, grief and loss, self-awareness and hospital procedures. It is conducted over six Mondays from 9am to 4pm. A certificate is awarded on completion. The course starts on 17 July and goes until 21 August. Registration due by 1 July.

MacKillop Parish Charlestown

For more information contact

Fr. Roger Zohrab- Pastoral Care Coordinator

Mob 0408 151 481 | roger.zohrab@health.nsw.gov.au

ST JOSEPH'S MEN NEWCASTLE MEETING

The St Joseph's Men Newcastle group will host its next meeting on Wednesday 7 June from 6.30pm at the Sydney Junction Hotel. Entry is free. It's an opportunity for men across our Diocese to come together. For more information or to connect with the group, visit [St Joseph's Men Newcastle on Facebook](#).

VINNIES WINTER APPEAL

The Newcastle Conference of St Vincent de Paul will launch the winter appeal this weekend, envelopes are available at the churches.



HISTORICAL CONTEXT Pentecost

The word Pentecost comes from the Greek for fiftieth day. Pentecost Sunday ends the season of Easter and comes as a Sabbath day after seven weeks of seven days. In Jewish tradition the 50th day after the Passover was celebrated as a blessing of the harvest and rather than the unleavened bread of Passover it was celebrated by leavening the bread. It was for this reason that the disciples were gathered together when they experienced the Holy Spirit empowering them. In Christian tradition, Pentecost is celebrated as the arrival of the Spirit, promised by Jesus, that animated the disciples to spread the gospel of Jesus and gather believers to form what would eventually become the Church.

Join us as we explore:

Evangelisation



St Joseph's PARISH OF TORONTO
CATHOLIC DIOCESE OF MONTREAL-NEWCASTLE

All
Welcome!

Saturday
17th June

Time: 10:00 am - 1:30pm

At: St Joseph's School Hall
140 Wangi Rd, Toronto

Cost: Free

How can we share our faith with others?
Why do we need a missionary focus?



With:
Deacon Peter Pellican
Executive Director of the
Evangelisation Team in Brisbane

To register, email:
torparish@mn.catholic.org.au
by Sunday 11th June.

STUDENT ACCOMMODATION

34 Kenrick St, The Junction (the old Presbytery) is a share-house owned by the parish, with four independent living quarters. Unit 3 is currently vacant and available for student accommodation. It has a bedroom, bathroom and living room. Common areas of the building - the kitchen, laundry and dining/lounge rooms - are shared with other female occupants. The unit would suit a university student, or newly employed person, looking for independent accommodation in Newcastle. If you know anyone seeking accommodation, please pass on our contact details. Inquiries to the parish office on 4979 1101 or email newcparish@mn.catholic.org.au

2023 SACRAMENTAL PROGRAM

Bishop Michael confirmed over 60 individuals in the sacramental program Confirmation at Stockton on Tuesday and Sacred Heart Cathedral on Wednesday of this past week. Both ceremonies were really lovely—filled with energy, excitement, and evidence of the Holy Spirit at work. Thank you for your support and prayers! Please continue to pray for these children and their parents as they journey toward First Communion in the next few weeks. A few of our churches are decorated with doves this weekend. The doves were made by the children at the Confirmation retreat, held last Friday.

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE MARRIAGE TRIBUNAL

Can we help you? The Church is aware of the stresses associated with marriage breakdown and divorce and understands that many people have questions about the processes which might allow a divorced person to remarry in the Catholic Church. If you have any questions or would like to have a confidential chat about your situation, please contact Jane at the Tribunal on 4979 1370.

WATANDAR – WALLSEND LIBRARY

On Sunday 25 June, you're invited to join the community at a free screening of Watandar at Wallsend Library. It follows the story of photographer and Human Rights Activist Muzafar Ali. In 2015 he resettled in Australia and discovered that Afghans have been in the country for 160 years - so he's compelled to photograph and document the stories of their descendants. To register, visit

www.stickytickets.com.au/sjld5/watandar_my_countryman_screening_at_wallsend.aspx

NOTICE TO PLANNED GIVERS - THE END OF FINANCIAL YEAR IS COMING!

Planned Giving Tax Receipts: Parishioners who require a tax receipt for planned giving for the 2022/2023 financial year must notify the Parish Office **before 30th June 2023.**

Please submit requests in writing by one of the following methods:

Email to newcparish@mn.catholic.org.au: Use the wording, *"Please provide me with a Planned Giving tax receipt"* and include your name and envelope number.

Planned Giving Envelope: Write on your weekly envelope, *"Tax receipt required"*.

Tax receipt data will be processed on 30 June 2023. If you make a request after that date you will not be eligible for a receipt, nor for a tax deduction in relation to your planned giving contributions. This is because there is a designated sum that can be attributed to planned giving receipts and, once this distribution has occurred on 30 June 2023, no further allocations are possible.

The 'designated sum' provision also means that the claimable amount for each giver decreases when more people request a receipt. We therefore request that if you do not intend to claim a tax deduction, please do not request a receipt.

For those who do not claim a tax deduction but would like their contribution acknowledged, we can provide, on request, a letter confirming your contribution total.

THE APP

The Diocese has a wonderful app that shows Mass times across our region. The app also shows the readings for the day! It's really worth downloading. Type "Diocese of Maitland-Newcastle" into the App store.

THE CHUCKLE

"Dad, I want to ask you a question," said little Josh after his first day of Sunday School.

"Of course," said his Dad.

"The teacher was reading the Bible, about the Children of Israel building the Temple, the Children of Israel crossing the Red Sea, the Children of Israel making the sacrifices," said Josh.

"So what's your question?" his Dad asked.

"Well, didn't the grown-ups do anything?!"



SAFEGUARDING

Do you know about safeguarding? Last week we began a ten-part series addressing each of the Safeguarding Standards.

The second standard highlights the requirement to ensure people are informed and listened to when making decisions. The second standard, CHILDREN AND ADULTS ARE SAFE, INFORMED AND PARTICIPATE has 1 competency with 4 criteria.

Competency: Children and adults are informed about their rights, participate in decisions affecting them and are taken seriously

Comment: There are a number of critical elements in this competency including the responsibility to ensure that a person has the right to make informed decisions in which they are supported and have a respected voice.

Criteria 2.1: Children and adults at risk engaged in an entity's ministry and/or services are informed about their rights, including safety, decision making, participation and how a complaint will be managed.

Comment: Engaging in an age-appropriate manner for the purpose of explaining the rights of a person and to ensure that a person feels safe to express their views and decisions. Carers (where appropriate) are now included in this criterion. Knowing who to contact if concerned is included.

Criteria 2.2: The importance of friendships is recognised and support from peers is encouraged, helping children feel safe and less isolated.

Comment: This requirement becomes increasingly critical as our children enter adolescence, our responsibility is not diminished by age.

Criteria 2.3: The importance of relationships and social connections for adults at risk is recognised and encouraged, helping them to feel safe and less isolated.

Comment: Adults at risk are informed about safe and respectful relationships

Criteria 2.4: Where relevant to the setting or context, children and families are offered access to abuse prevention programs and related information that is age appropriate.

Comment: There is now a responsibility to offer access to services appropriate to the age and stage of the person. The inclusion of families extends the brief to any family abuse situations.

BULLETIN MESSAGES

If there's something you think should be included in the bulletin, please email it to the office or directly to Anne: anne.millard@mn.catholic.org.au. I'm VERY grateful for your input. If you write to me, please sign your name so I can write back.

REFLECTION

By Ted Wolgamot

"On the evening of that first day of the week, when the doors were locked..." (John 20:19). Pentecost is the feast of locked doors—that are suddenly blown open!

It's the feast of isolation, fear, suspicion, betrayals, abandonment, and near despair—all dismissed by a resurrected Jesus whose first spoken words are "Peace be with you."

No recriminations. No finger-pointing. No blaming. Only words of forgiveness. Pentecost is the feast that reminds us of that bunch of people who so wanted to do nothing else but sneak away, go into hiding, and wallow in their guilt and shame.

Yet, to our surprise, the Spirit of second chances breaks down the door and, with a love so vast, the ugliest kind of guilt and humiliation is instantly forgiven. The Spirit of new life rushes in like a great wind and embraces each one of them with a sense of peace so profound that the doors of their souls fly open and a great fire lights their hearts.

Then, an even greater surprise takes place: Jesus chooses them—the very ones who abandoned and betrayed him—to be the wounded, forgiven healers that are to preach the good news of God's great love and mercy. The very ones who handed him over now become the same ones who will begin a new community—a community eventually consisting of people like you and me.

Pentecost, the feast of locked doors, becomes a feast of confrontation, of challenge. It doesn't just let us sit back and be amazed at its great imagery of fire and wind and blown-open doors. It demands that each of us search our own soul in answer the challenge of deep self-exploration: Where are the locked doors in your life? Where do you find your own self isolated in fear, living behind emotionally sealed doors, hanging on to anger and refusing to come out of hiding?



Pentecost is not just something miraculous and stupendous that happened some 2,000 years ago. It's an event that needs to happen in each of our lives — now!

In the book, *Naked and You Clothed Me*, Fr. William Bausch tells the story of a 41-year-old man named Tom who was dying of AIDS.

“His parents lived in so much shame because of this that they literally locked him in an upstairs bedroom so that no one could see him. The priest then tells how when he was finally allowed to go up to his room and visit with him, he bent over to kiss Tom on the forehead and then took his hand in his own. The emaciated, bed-ridden man whispered to the priest with tears streaming down his face, ‘No one touches me anymore.’... His father remained behind a closed door—until Tom died. At the wake, he finally broke down and opened the closed door of his soul, and wept with shame over his neglect and abandonment.”

Locked doors were blown open.

Pentecost promises us that the Holy Spirit can be released in each of us: the Spirit of fire that can burn away our meanness, the Spirit of wind that can sweep away our desire for revenge; the Spirit of blown-open doors that can usher us into an inner peace that can transform our hearts of hate.

It is for these reasons that we pray together as a Pentecost community: “Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit, and we shall renew the face of the earth.”

MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDIATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays *Lectio Divina*, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

ROSARY FOR UKRAINE

The Rosary that was held at St Josephs Church The Junction, before Mass on a Friday has finished.

Many thanks for all who attended the Rosary to pray for Ukraine. Your attendance and support was immensely valued.

I believe there may be talks to try to continue the Rosary. A notice will appear in the bulletin if this succeeds.

Last Friday 26th May, was the final Rosary that I have been fortunate to lead for over a year.

Regards Kathryn.

SENIOR WORDSEARCH

The Holy Spirit came upon them

Acts 2:1-11
Ps 104:1abc & 24, 30-31 R. see v.30
1 Cor 12:4-7, 12-13
Jn 20:19-23

B D A M D U Y N A U N C P H E V H
U D M F K P T A V Y O D A B T T A
F I F P R T G A P W L P V H X N X
N A P P E A R E D S P X I V L V E
S B L N W L I V V Y P A X L T E L
K D H X X S I D B W O E I U V V H
D X N I B A M O R T U W A I B A S
N V Y Y V F O O R L Y Q G K N Z J
F I G H J I O M E X J R A D I T O
K Z A M K B O L Y I O P Q E Q N P
O C J L W G D R S F E R D G Q J G
E R T G Q D A K S S E U G N O T I
A O L U I C I X B G I A R T K N F
X W Q M T F O W Y L U L I V H B T
Z D V T D E Z A M A C K T R I M S
U W L Z K A H Y T L Z J U X D K P
T B V T I R I P S Y L O H W G G J

Try to find these words:

afraid
amazed
appeared
crowd
forgive
gifts
hand
happy
Holy Spirit
middle
speaking
tongues

TODAY'S LITURGY

Entrance Antiphon: Wis 1:7

The Spirit of the Lord has filled the whole world
and that which contains all things
understands what is said, alleluia.

First Reading: Acts 2:1-11

*They were all filled with the Holy Spirit, and
began to speak different languages.*

Responsorial Psalm: Ps 103:1. 24. 29-31. 34. R. v.30

(R.) Lord, send out your Spirit
and renew the face of the earth.

1. Bless the Lord, my soul!
Lord God, how great you are,
How many are your works, O Lord!
The earth is full of your riches. (R.)
2. You take back your spirit, they die,
returning to the dust from which they came.
You send forth your spirit, they are created;
and you renew the face of the earth. (R.)
3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I find my joy in the Lord. (R.)

Second Reading: 1 Cor 12:3-7, 12-13

*In the one Spirit we were all baptised, making
one body.*

Sequence

Holy Spirit, Lord of light,
From the clear celestial height
Thy pure beaming radiance give.
Come, thou Father of the poor,
Come with treasures which endure;
Come, thou light of all that live!
Thou, of all consolers best,
Thou, the soul's delightful guest,
Dost refreshing peace bestow;
Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.
Light immortal, light divine,
Visit thou these hearts of thine,
And our inmost being fill:
If thou take thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.

Heal our wounds, our strength renew;

On our dryness pour thy dew;

Wash the stains of guilt away:

Bend the stubborn heart and will;

Melt the frozen, warm the chill;

Guide the steps that go astray.

Thou, on us who evermore

Thee confess and thee adore,

With thy sevenfold gifts descend:

Give us comfort when we die;

Give us life with thee on high;

Give us joys that never end.

Gospel Acclamation: Alleluia, alleluia!

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Alleluia!

Gospel: Jn 20:19-23

*As the Father sent me, so I send you: Receive
the Holy Spirit.*

Communion Antiphon: Acts 2:4,11

They were all filled with the Holy Spirit
and spoke of the marvels of God, alleluia.

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BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.



SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and wellbeing of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390, E childprotection@mn.catholic.org.au or visit their website for further information

www.officeofsafeguarding.org.au