

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. Mayfield Parish: Christ the King, Mayfield West. Stockton Parish: St Peter-in-Chains, Stockton.

SUNDAY 10TH SEPTEMBER 2023 PERPETUAL DAY OF REMEMBRANCE SUNDAY

Our Clergy

Fr John Lovell Fr Paul Chackanikunnel Fr Raphael Madukwe Deacon Kevin Gadd

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction PO Box 6, The Junction 2291

P: (02) 4979 1101 F: (02) 4962 4644 E: newcparish@mn.catholic.org.au W: www.newcastlecatholic.org.au W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (Reception & Administration) Monday, Tuesday, Friday

Anne Warren (Business Manager Finance)
Tuesday and Thursday

Dr Anne Millard (Music, Liturgy, Sacraments, Bulletin)

Promotors of Safeguarding

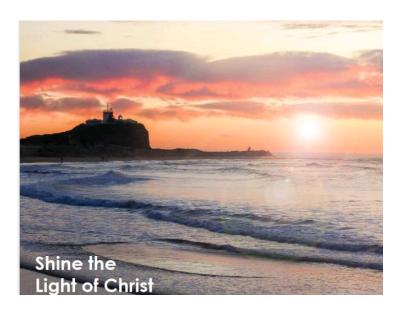
Gail Lovell P: (02) 4979 1101 Anne Millard P: (02) 4979 1252

Other Contacts

Lingard Hospital Team: Contact the Parish Office **Mercy Pastoral Team**: Sr Patricia Whitten rsm

0448463679

St Joseph's Pastoral Team: Contact the Parish Office



Once again, we come to our diocese's Perpetual Day of Remembrance, decreed by our Late Bishop Bill in 2020. The day itself falls on 15th September, which is the Memorial of Our Lady of Sorrows, though we honour it in a special way each year in our Masses on the preceding Sunday. The readings for this Sunday each year remain the same. Their theme is one of light and hope, against a background of pain and sorrow. At this time, we especially pray for those who cannot pray and for ourselves. We pray for peace and healing.

Fr John

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

23rd Week of Ordinary Time, Year C

Monday—11th September

8:15am Mass @ The Cathedral

10am Funeral Mass for Sr. Moya Lantry @

Tighes Hill

Tuesday—12th September

Anniversary of the Dedication of the Cathedral

8:15am Mass @ The Cathedral

9:15am Mass @ Stockton ** Change of time this

week only (School attending Mass)

Wednesday—13th September

Memorial of St John Chrysostom

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

Thursday—14th September

Feast of the Exaltation of the Holy Cross

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—15th September

Perpetual Day of Remembrance

9:00am Mass @ Mayfield

10:15am Mass @ The Junction

11am Exposition, Adoration, and Reconciliation

@ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

5:30pm Stations of the Cross @ The Cathedral

Saturday—16th September

Memorial of Sts Cornelius and Cyprian

9.15am Mass @ The Cathedral followed by

Novena to Our Lady of Perpetual Help

(followed by Reconciliation)

5:00pm Vigil Mass @ Mayfield West

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

Sunday—18th September

24th Sunday in Ordinary Time

7:30am Mass @ St Mary's

8am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction

11:30am Polish Mass @ The Cathedral

5pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

NEXT WEEK'S READINGS:

Twenty-Fourth Sunday in Ordinary Time, Year A Sirach 27:30—28:7 | Rom 14: 7-9 | Mt 18:21-35

PRAYER REQUESTS

RECENTLY DECEASED: Sr Moya Lantry, RSM,

Margaret White



ANNIVERSARIES: Robert John Keys, Queen Elizabeth II, John Fitzpatrick, Betty Hooton, Dot Bunt, Merle Peters, Paul White, Kath Cicolini, Mick Tobin Jnr, Pat Tuxworth, Kath Hall

SICK: Sr. Margaret Mary, OLN, Gerard Pearce, Harry Melville, Doreen Mason, Elaine Johnson, Christine Timbrell, Twon Nguyen, Stewart McKinnon, Tony Nguyen, Mark Caesar, Aaron Parkes, Peter Kefecek, Carlo Rossi, Jim Bailey, Neil Thomas, Kathryn Gray, Emilie Tseronis

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

ST VINCENT DE PAUL MASS

Festival Mass to celebrate the life of **St Vincent de Paul** will be held on 14th September at 7pm in St
Therese Church, New Lambton. All Welcome

'COME REST A WHILE'

Reflection Day - Saturday 9 September, Charlestown, 10am to 3.30pm

In appreciation of current and interested Christian Initiation ministers, 'Come rest a while' is an opportunity to listen, reflect and get to know other ministers. Morning tea and lunch provided. Details and registration at come-rest-2023.eventbrite.com.au For enquiries or registration assistance contact sharon.murphy@mn.catholic.org.au P 4979 1134.

BOOK CLUB

Sunday, 2nd October @ 6:15pm: Bookclub meets to discuss *The Years* by Annie Ernaux. If you would like to participate in CLL book club meetings, please email newcparish@mn.catholic.org.au

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. On two Wednesdays each month, we employ the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. We have concluded our study of Hatch, Match, Dispatch. Next month we will discuss the film *Departures*.

The program for September is as follows:

13th September: Lectio

20th September: Lectio Divina 27th September: No meeting

To participate, please email the parish office.

OUR BELOVED DEAD

We remember those in our Columbaria whose anniversaries occur in September.

At Sacred Heart Cathedral:

Allan Atkins
Eileen Boswell
Francis Clarke
Pietro Dalle Nogare
John Duggan
Mieczyslaw Kawka
Joanie Lawrence
Kenneth Lidbetter
Brian Lowe

Nelio Martinelli
Allan McKinnon
Alphonsus McLachlan
Ann Mary Mercieca
Patricia Ryan
Margaret Smith
Patricia Tuxworth
Kay Annette Varnum
John Winstanley

At St Joseph's

Mary CALLEN
Stan CARROLL
Betty EDSER
William FLEMING
William FLETCHER
Albert GRANT
Frank Snr HAWKINS
Brian MACKLIN

John McHUGH

Lorna & Jack MULDOON

Maurice NELSON
Lola ORRETT
Audrey O'SULLIVAN
Jack PALMER
Helen PALMER
Mary Gertrude PERRETT
Judyth RADECKI
Lola ROBINSON
Edna WALSH
Norma WILSON

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

NATIONAL CATHOLIC SAFEGUARDING STANDARDS

Over the next few months, the Diocese of Maitland-Newcastle is being audited against its compliance with the National Catholic Safeguarding Standards. Director of Safeguarding, Sean Tynan, has made an electronic recording of a 15 minute presentation, designed to let parishioners know about the audit process and what they can expect. As we are one of the parishes being audited, please take this opportunity to learn about what will be happening between now and mid November 2023. View the presentation:

http://youtube.com/watch?v=9QmrwxXhx0U

THE STORY OF THE EXALTATION OF THE HOLY CROSS

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Saviour's tomb, and her son built the Basilica of the Holy Sepulchre on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman.

The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim.

REFLECTION

The cross is today the universal image of Christian belief. Countless generations of artists have turned it into a thing of beauty to be carried in procession or worn as jewellery. To the eyes of the first Christians, it had no beauty. It stood outside too many city walls, decorated only with decaying corpses, as a threat to anyone who defied Rome's authority—including Christians who refused sacrifice to Roman gods. Although believers spoke of the cross as the instrument of salvation, it seldom appeared in

Christian art unless disguised as an anchor or the Chi-Rho until after Constantine's edict of toleration.



PARISH LUNCHEON

Parish Luncheon at *Souths Leagues Club, Llewellyn St, Merewether* (Please note the new venue). 12.30pm on Monday, 18th September. All welcome. Inquiries to Maureen on 0412 673151.



ART AND SPIRITUALITY WORKSHOP

Creation of art provides an opportunity for a deepening awareness of oneself and the world, and can act as a catalyst for evoking the Spirit. Art is a means to see to re-search and find the living meaning of what it means to open the heart. Everyone can create art, but in order for it to be theological, the artist needs to explore ways that it makes sense of faith. Opening the heart through art involves making meaning through the creation, then reflecting on the art itself and the unfolding moment-to-moment direct experience of the process.

This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection. Participants will engage in artmaking experiences which will nourish their faith.

Dates: Thursday September 14 (9am-3pm)

Venue: Kilaben Bay Community Centre

Cost: \$25 per person

To register go to: www.eventbrite.com.au/e/art-and-spirituality-workshop-september-2023-tickets-

632417346307

BECOME AN SRE VOLUNTEER

Did you know that some 50% of Catholic children are in state schools? Have you ever thought of spreading the good news of the gospel and the love of Jesus Christ with children? Have you ever thought about becoming a Special Religious Educator?

You can make a difference in the schools within our parish! For people of faith, knowing you are participating in Christ's call to share the Good News to all is a great source of joy and meaning.

If you would like to learn more about how you can help, please contact the Pastoral Ministries Team.

Rose Mcallister: Manager Formation & Education 4979 1346

Nicki Graham: Officer Formation & Education 0417 773 444 Email: formed@mn.catholic.org.au

GOSPEL OF MARK

The Gospel of Mark is a treasure trove for the nurturing and nourishing of our faith. Mark brings us face-to-face with the One who came to serve and not to be served, to give his life as a ransom for many (Mark 10:45).

Explore the Gospel of Mark with Dr Debra Snoddy, a lecturer in biblical studies at the Catholic Institute of Sydney a partner of the University of Notre Dame Australia. As we look forward to the year when the Gospel of Mark takes pride of place in our liturgy, Debra promises to inform you, nourish you and challenge you to hear Mark's words in ways old and new.

The day will include an overview of the Gospel and a detailed treatment of some of the most illuminating texts from the Gospel of Mark.

Date: 15 November, Murray Room, 9.30am – 3.00pm Registration: www.eventbrite.com.au/e/gospel-of-mark-tickets-699335259587

PASTORAL PLACEMENT PROGRAM

Applications are now open for the 2024 Pastoral Placement Program!

The Pastoral Placement Program offers participants an experience of ministry in the Diocese of Maitland-Newcastle. The purpose of this program is to enable participants the opportunity to experience different workplaces and ministries across the Diocese. These 'on the ground' ministry work placements help participants explore the opportunities that are available to them to serve God and the local community of the Catholic Church in the Diocese of Maitland-Newcastle. The Pastoral Placement Program provides participants with a year-long discernment journey, involving the see, judge, act philosophy, to make an informed choice about the possibility of their future ministry or career choices.

For more information and to learn how to apply go to: www.mn.catholic.org.au/church-mission/catholic-life/pastoral-placement-program/

The Chuckles

Q: Is there anything worse than when it's raining cats and dogs?

A: Yes, hailing taxis.

Q: How many apples can you grow on a tree? A: All of them.



ST JOSEPH'S MEN NEWCASTLE

St Joseph's Men Newcastle is hosting a trivia night at the Sydney Junction Hotel, Hamilton on Tuesday 19 September from 6.00pm. Get a team together or come alone for some fun trivia and a delicious meal. Great prizes to be won. FREE entry.

TABLE CONVERSATION

You are invited to join interested parishioners from the Chisholm Pastoral Region for an afternoon 'Table Conversation' on the upcoming Voice to Parliament Referendum.

The conversation will be facilitated by Jennifer Rumbel, proud Kamilaroi woman and member of the Diocesan Aboriginal and Torres Strait Islander Catholic Ministry. Learn about the key opportunities for you and your faith communities to ensure an informed and educated decision is made when voting for the Indigenous Voice to Parliament.

RSVPs close Wednesday 20 September. Registration is appreciated but not essential.

Cost: Free, though cash donations are welcome.

Location: The Therry Centre, 72 King Street, EAST MAITLAND is mobility friendly, with ample onsite parking.

Date & Time: Sunday 24 September 2023. 1:30pm for 2pm - 4pm.

Enquiries: Please contact by phone, Helen B: 043 933 4000 or Yvonne R: 0432 550 986 Registration: https://thevoicechisholm.eventbrite.com.au

ALIVE IN THE SPIRIT

The Pastoral Ministry Network is excited to invite you to the annual 'Alive in the Spirit' Event!

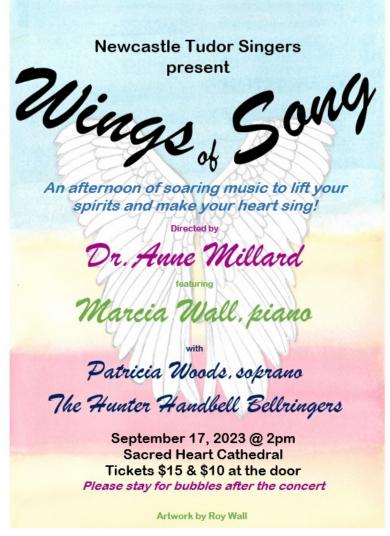
After two years of dynamic online gatherings, Alive in the Spirit is thrilled to be gathering for an in-person event on Wednesday 25 October 2023 at Hornsby RSL from 10am - 4pm.

This year's conference will focus on the theme of Communion, Participation, and Mission, which is drawn from the Synod on Synodality. The Synod encourages us to seek new vision, energy, and life for the Catholic Church.

The Pastoral Ministry Network AGM will follow at 4.30pm to top off a great opportunity for networking, growing in faith and sharing our hope for the Church.

Tickets are \$149 for non-members. We encourage you to share this image across your own networks inviting all wanting to be Alive in the Spirit!

For all enquiries, please contact Lisa on 0419 418 547 or email info@aliveinthespirit.com.au



CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE MARRIAGE TRIBUNAL

Can we help you? The Church is aware of the stresses associated with marriage breakdown and divorce and understands that many people have questions about the processes which might allow a divorced person to remarry in the Catholic Church. If you have any questions or would like to have a confidential chat about your situation, please contact Jane at the Tribunal on 4979 1370.

MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDIATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

TODAY'S LITURGY

Entrance Antiphon

Ode to the Light of Christ

Come, let us walk in the Light of the Lord. Let us not fear the past when our hearts were heavy. Let us Shine the Light of Christ. (Is. 2:5)

Come, let us bring light from the darkness. Let us make evil good and find sweet in the bitter. Let us Shine the Light of Christ. (Is. 5:20)

Come, let us weep together when the light grew dark with the clouds, from the darkness and distress.

Let us Shine the Light of Christ. (Is. 5:30)

Come, let us walk with our brothers and sisters, those who have walked in darkness.

Let them see the great Light of God and let us Shine the Light of Christ. (Is. 9:2)

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INTRODUCTORY RITE

Penitential Rite

Have Mercy on us, O Lord. For we have sinned against you

Show us, O Lord your mercy.

And grant us your salvation

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Amen.

Gloria Glory to God in the highest, and on earth peace to people of good will.

We praise You. We bless You. We adore you. We glorify You.

We give You thanks for Your great glory. Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.
Lord God, Lamb of God, Son of the Father:
you take away the sins of the world,
have mercy on us.
You take away the sins of the world.

You take away the sins of the world, receive our prayer.

You are seated at the right hand of the Father, have mercy on us.

For you alone are the holy one. You alone are the Lord. You alone, are the most high Jesus Christ. With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Ezekiel 37:1-14

I shall put spirit in you and you will live

We pause for silent reflection.

Responsorial Psalm Ps 41:2-3; 42:3-4. R. see Ps 41:3

(R.) My soul is thirsting for the living God.

- 1. Like the deer that yearns for running streams, so my soul is yearning for you, my God. (R.)
- 2. My soul is thirsting for God, the God of my life; when can I enter and see the face of God? (R.)
- 3. O send forth your light and your truth; let these be my guide. Let them bring me to your holy mountain to the place where you dwell. (R.)
 4. And I will come to the altar of God, the God of my joy. My redeemer, I will thank you on the harp, O God, my God. (R.)

Second Reading: Romans 14:7-9

Whether alive or dead, we belong to the Lord.

We pause for silent reflection.

Gospel Acclamation (Please stand) **Alleluia, alleluia!**

Shine in the world like bright stars You are offering it the word of life.

Alleluia, alleluia!

Gospel: Luke 1:48-56

The Magnificat

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Universal Prayer All: Hear our prayer

LITURGY OF THE EUCHARIST

Memorial Acclamation When we eat this bread and drink this blood we proclaim your death O Lord, until you come again.

CONCLUDING RITE

Commission to Shine the Light of Christ

Let us walk in the Light of the Lord. Let us not fear the past when our hearts were heavy.

All: Let us Shine the Light of Christ. (Is. 2:5)

Let us bring light from the darkness. Let us make evil good and find sweet in the bitter.

All: Let us Shine the Light of Christ. (Is. 5:20)

Let us weep together when the light grew dark with the clouds, from the darkness and distress.

All: Let us Shine the Light of Christ. (Is. 5:30)

Let us walk with our brothers and sisters, those who have walked in darkness. Let them see the great Light of God.

All: And let us Shine the Light of Christ. (Is. 9:2)

Acknowledgements

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WE REGRET, WE PRAY, WE HOPE Perpetual Day of Remembrance

In 2017, as part of Lina's Project, Bishop Bill established September 15th as a Perpetual Day of Remembrance throughout the diocese. Such a day holds before us our history of child sexual abuse and the reality of its continual unfolding in the lives of those directly and indirectly affected.

It is important for the Church to mark this day with prayer, ritual and worship. As a people of faith, commissioned by Jesus to live in remembrance of Him, we know the importance of remembering. It functions to ensure that such abuse never happens again. More than that, it is penetrated with the light of Christ's Paschal Mystery and so becomes the source of our ongoing conversation and hope.

Our response emerges from our understanding of who we are as a Church community. St. Paul articulated it this way: when 'one member suffers in the body of Christ which is the Church, all the members suffer with that member' (1 Cor 12:26). Many members of Christ's Body are suffering. They are our brothers and sisters. Our place as baptised members of the Body of Christ is to stand with them and against all forms of abuse. Our responsibility is to pray with and for them, and for the change of heart that is necessary to stop abuse of any kind.

We stand together, with survivors, against abuse and for the change that will lead to fullness of life. Together we hope to *Shine the light of Christ*: a light of solidarity, a light of prayer, a light of commitment to change, a light of hope.

STATIONS OF THE CROSS WE LAMENT AND WE HOPE

A version of the 'Stations of the Cross' has been prepared specifically for the Perpetual Day of Remembrance. It is available on the diocesan website if you would like to pray them individually. We will pray them together at Sacred Heart Cathedral on 15th September @ 5:30pm.

SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and well-being of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,

E childprotection@mn.catholic.org.au or visit their website for further information

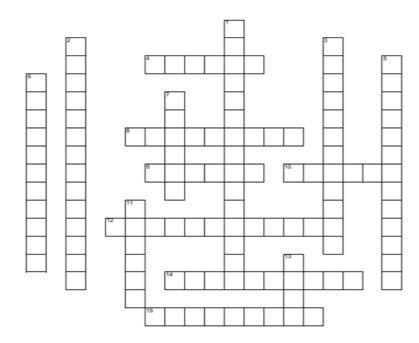
www.officeofsafeguarding.org.au

The Magnificat by Mary

С	K	Т	С	I	R	В	D	L	Χ	K	G	Χ	L	Q	Υ	F
Χ	L	L	Ν	Ε	Н	W	Χ	В	F	Z	G	L	K	0	R	Q
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М	Р	L	Υ	Χ	Т	Ι	0	C	Ν	М	Α	٧	W	G	٧	Р
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Н	Т	Т	Q	Ν	U	M	Κ	Н	U	٧	L	L	Z	F	Т	Р

Blessed Forever Great Helped Humble Israel Lord Mary Mighty Promise Proud Servant

Parts of the Mass



Across

- 4. a time of the churches calendar when the Gloria is not sung
- 8. the priest offers us the body and blood of Christ
- 9. celebratory song giving praise to God
- 10. talking and listening to God
- 12. the moment the bread and wine are turned into the body and blood of Christ
- 14. the place where the blessed sacraments are kept on the alter
- 15. another name for the blessed sacrament

Down

- 1. examine our conscience for our sins
- 2. 3 persons in one God
- 3. the part of the mass that is read from the old testament
- 5. the part of the mass that is read from the new testament
- 6. given to us by Jesus "Our Father who art in heaven.."
- the priest talks to us about the readings and the gospel
 read by the priest and is usually from the book of Matthew, Mark ,Luke or John
- 13. celebration of the Eucharist