

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. Mayfield Parish: Christ the King, Mayfield West. Stockton Parish: St Peter-in-Chains, Stockton.

# SUNDAY 15TH OCTOBER 2023 28TH SUNDAY IN ORDINARY TIME

# **Our Clergy**

Fr John Lovell Fr Paul Chackanikunnel Fr Raphael Madukwe Deacon Kevin Gadd

# Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction PO Box 6, The Junction 2291

P: (02) 4979 1101 F: (02) 4962 4644 E: newcparish@mn.catholic.org.au W: www.newcastlecatholic.org.au W: www.sacredhearthamilton.org.au

# **Our Staff**

Margaret Cox (Reception & Administration) Monday, Tuesday, Friday

Anne Warren (Business Manager Finance)
Tuesday and Thursday

Dr Anne Millard (Music, Liturgy, Sacraments, Bulletin)

# **Promotors of Safeguarding**

Gail Lovell P: (02) 4979 1101 Anne Millard P: (02) 4979 1252

#### Other Contacts

**Bereavement Team**: P: (02) 4979 1256 **Mercy Pastoral Team**: Sr Patricia Whitten rsm

0448463679

St Joseph's Pastoral Team: Contact the Parish Office



From time to time we hear news reports of problems in people's homes resulting from unwelcome guests gate-crashing a party. Certainly, the last venue we would expect to be gate-crashed, is God's heavenly

banquet, described sometimes as the 'Marriage Feast of the Lamb'. However, this seems to have occurred in today's Gospel parable. But more shocking still for many people, would be the king's actions towards the individual concerned, and how to reconcile these with our understanding of the ways of an all-loving and merciful God.

Can you think of any circumstances in which such harsh actions might be justified? What if the individual was a terrorist or paid assassin bent on causing mayhem?

In this world, the just and wicked live side by side, which is why we can never enjoy a lasting peace. But in the hereafter God will act firmly to protect His flock by separating the virtuous from the wicked.. *Fr John* 

**Parish Bulletin:** Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

# THE PARISH DIARY...(for the week ahead)

28th Week of Ordinary Time, Year A

Monday—16th October

Memorial of St Margaret Mary Alacoque

8:15am Mass @ The Cathedral

Tuesday—17th October

Memorial of St Ignatius of Antioch

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Wednesday—18th October

Feast of St Luke

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

7:00pm Sacred @ 7 in The Cathedral

Thursday—19th October

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—20th October

10:15am Mass @ The Junction

11am Exposition, Adoration, and Reconciliation

@ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—21st October

9.15am Mass @ The Cathedral followed by

Novena to Our Lady of Perpetual Help

(followed by Reconciliation)

5:30pm Vigil Mass @ Mayfield West

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

Sunday—22nd October

29th Sunday in Ordinary Time

7:30am Mass @ St Mary's

8.00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction

11:30am Polish Mass @ The Cathedral

11.30aiii Polisii Wass @ Tile Catilet

5.00pm Mass @ The Cathedral

6:00pm Vietnamese Mass @ Mayfield West

# **NEXT WEEK'S READINGS:**

Twenty-Ninth Sunday in Ordinary Time, Year A

Isaiah 45:1, 4-6 Thess 1:1-5 Matthew 22:15-21



# **PRAYER REQUESTS**

**RECENTLY DECEASED:** Anna Vial, Kevin Smart, Paul Anthony Kershaw, Sr Ann Gallagher rsj, Robin Patricia Walsh

**ANNIVERSARIES:** Betty Russ, Greg Boland, Arthur Richards, Merv Guillier, Martin Crittenden, Maurice Crittenden, David Roche, Michael Palmer, Karen Varnum, Michael Collins, Michael Karanges, Evon Karanges, Annie & Frank English, Geoffrey Tonks

SICK: Sr. Margaret Mary, OLN, Sr Monica Sinclair rsm, Sr Rosemary Jackson rsj, Gerard Pearce, Harry Melville, Doreen Mason, Elaine Johnson, Christine

Timbrell, Stewart McKinnon, Mark Caesar, Peter Kefecek, Carlo Rossi, Neil Thomas, Kathryn Gray, Emilie Tseronis

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

# MEN'S ROSARY GROUP

The Month of the Holy Rosary 2023 begins on Saturday 1 October and ends on Monday

31 October.

The first Newcastle Maitland diocese Men's Rosary will be held on Saturday 28 of October, 1pm at Sacred Heart Cathedral, 841 Hunter St, Newcastle West. For More Information contact Jason on 0499 854 928.

# **BOOK CLUB**

Sunday, 1st November @ 6:15pm: Bookclub meets to discuss The Remarkable Mrs Reibey by Grantlee Keiza. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

# VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. On two Wednesdays each month, we employ the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. Next month we will begin the Advent program.

The program for October is as follows:

18th October: Lectio 25th October: No meeting

To participate, please email the parish office.

### **OUR BELOVED DEAD**

We remember those in our Columbaria whose anniversaries occur in October.

At Sacred Heart Cathedral:

Therese Aitchison Sandra Martin
Nash Azzopardi Thelma Martin
Gwen Burke George Mercieca
Bernard Francis Callaghan
Leslie John Dodds Ivy Petherbridge
Reginald Gilbert Hilda May Pilgrim

James Haggerty Ian Ray

Kevin Hinitt Kathleen (Mardi) Rooney

Mark (Walter) Kearney
Anthony Keelan
Andrew Mainey
Aleksander Maliszewski
Sydney Wickham

At St Joseph's

Fergus CAMPBELL Cecily McHUGH Alton Richard CUSICK Patricia PAGE Paul DOOHAN William PALMER Rachel DOWZER Noel PRYDE Tess FLETCHER John SMYTH Mary GONINAN William SOWERBY **Peggy GRAVES** Ray SKINNER Eileen HARTSORN **Geoffrey TONKS** 

Bernard 'Barney' HICKEY

Pam HOGG

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

## **SAFEGUARDING**

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and well-being of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,

E childprotection@mn.catholic.org.au or visit their website for further information

www.officeofsafeguarding.org.au

# **PARISH LUNCHEON**

Parish Luncheon at Souths Leagues Club, Llewellyn St, Merewether @ 12.30pm on Monday, 16th October. All welcome. Inquiries to Maureen on 0412 673151.



# POSITION VACANT ADMINISTRATIVE ASSISTANT FOR INNER NEWCASTLE PASTORAL REGION

We are seeking applications for the position of an Administration Assistant in the parish office. This is a full time position and enquiries for the position can be made to Fr John Lovell at: john.Lovell@mn.catholic.org.au.

A position description will be made available.

# ACU Public Lectures on Liturgy

In the lead-up to the 60th anniversary of Sacrosanctum Concilium (the Constitution on the Sacred Liturgy of Vatican II, 4 Dec 1963), the ACU Centre for Liturgy is proud to present two exciting public lectures by international liturgical scholars:

Renowned liturgical scholar Professor Teresa Berger (Yale University Institute of Sacred Music and Yale Divinity School) will deliver a public lecture live via Zoom on Monday 6 November 2023, 10am AEDT on the topic of: "Liturgy's Imagined Futures: Beyond Vatican II's Constitution on the Sacred Liturgy" and

Acclaimed liturgical historian and theologian Rev Professor John F. Baldovin SJ (Boston College) who will deliver a FREE public lecture live in person on ACU's Melbourne Campus on Sunday December 3, 2023, 5pm-6.30pm AEDT on the topic of "A Liturgical Reform in Peril? Sacrosanctum Concilium sixty years on." Fr Baldovin's public lecture will also be livestreamed for those unable to attend in person.

Further information and registration details for both of these unique and valuable events, and a flyer if desired, can be found above and at the following link: https://www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/news-events-and-resources

We look forward to welcoming you to these very special events marking this important milestone anniversary.

For more information please contact: CentreforLiturgy@acu.edu.au.

### IN NOVEMBER WE REMEMBER

On THURSDAY 2<sup>nd</sup> NOVEMBER (All Souls Day) we will gather to honour the memory of all those who have gone before us, and those entrusted to the care of the Cathedral Columbarium. Mass will be celebrated at 6pm in the Cathedral followed by prayers in the Columbarium area. All welcome

# REFLECTION

These days young couples ask for their children to be baptised for a variety of reasons. Initially, it's clear that for some, baptism is an elaborate naming ceremony, or the ritual preliminaries to having a 'we've had a baby party'. For others, while they don't quite know why they want baptism, they just know they do. And for some parents it's clear that they wish to pass on to their children the life of Christ that has nurtured them.

At the baptismal ceremony, I always begin by saying that for the first three centuries of the Church's history, this sacrament was celebrated at dawn on the Easter Vigil not only because the rising sun symbolised Christ's light dawning in our lives, but because baptism was always done in secret. For 300 years Christians who took the waters of baptism at dawn could be dead by lunchtime. For them, baptism was no social day out; it was a life and death commitment.

In the parable of the King's banquet, Jesus foreshadows the days when those whom one would expect to be Christian would reject the invitation to faith, and those thought least likely to respond to God's call would flock into the Church.

Since the earliest days of Christianity, the Wedding Banquet was seen as a metaphor for two things: the Eucharist and Eternal Life. Curiously, this parable, while using the imagery of the Banquet, is less concerned about the meal and more about who's in and who's out, and why!

We can see this through the tenants who turn down the opportunity to go to a Royal Wedding — still an almost unimaginable thing to do. It's seen in the poor who recognise the gift and the giver, get dressed up and have somewhere to go. And it's seen in the impostor who is not correctly dressed for the occasion and is speechless when called to account.

This last character is clearly the one in the earliest Christian community who has taken the waters of baptism, but was betraying St Matthew's persecuted community. When discovered, people like this guest were thrown out. In Matthew's time, impostors cost lives.

So what does all this have to say to our own time? It's not about how one dresses for Mass or for Eternal life! It's not about the fear of being found wanting in being able to mouth the right words when called to account. It is about being poor enough to recognise the gift of God in the invitation to faith and about being generous enough to respond completely. For taking care about what we say and do, the values by which we live our lives at home, at work, at play and in the way we relate to each other is how we show that we mean what we profess. It is also how others legitimately judge whether we are really genuine about our faith or just another impostor.

Like the earliest Christians, when we were baptised we were clothed in a white garment – a wedding robe. Like theirs, our baptismal day was no naming ceremony and no social day out. It was the day we were issued with a standing invitation to the feast of life in Christ where people act as they profess, and where frauds are spotted a mile away.

© Richard Leonard SJ

Richard Leonard SJ is the Director of the Australian Catholic Office for Film and Broadcasting, is a member of the Australian Catholic Media Council and a film critic for all the major Australian Catholic newspapers. He completed a PhD in cinema studies at the University of Melbourne. He lectures in cinema and theology at the Jesuit College of Spirituality and has been a visiting lecturer in Australian cinema at the University of Melbourne, a visiting scholar within the School of Theatre, Film and Television at UCLA and is visiting professor at the Pontifical Gregorian University in Rome. He is an Honorary Fellow of the Australian Catholic University, has lectured widely and is the author of numerous books.

# WORLD MISSION SUNDAY (OCTOBER 21/22)

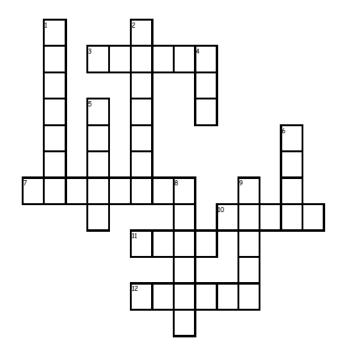


With Timor-Leste's fragile infrastructure, reliance on local health practices, and limited access to medical care, many health conditions only worsen, and sadly can result in death.

Next week Catholic Mission will offer you the opportunity to partner with the Sr Carolina and the Salesian Sisters in Venilale, Timor-Leste, where your gift can help continue a life-saving program to help address this reality.

We hope you will take next week's opportunity to make an incredible impact for those in need.

# The Lord will prepare a feast for all nations



#### Across

- 3: people you invite
- 7: to be strong is to have this
- 10: what we shed when we cry
- 11: the \_\_\_\_ gave a wedding banquet for his son
- 12: a road that is lined with buildings

#### Down

- 1: a lavish meal given to celebrate a special occasion
- 2: a marriage celebration
- 4: a father and mother's male child
- 5: the Lord will wipe away the tears from every \_ \_ \_ \_
- 6: the opposite of rich
- 8: starving, in need of food
- 9: a celebration with food and drink

28th Sunday in Ordinary Time, Year A

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Ps 23:1-3a. 4abcd & 5ac. 6. R. v.6cd

Phil 4:12-14. 19-20 Mt 22:1-10

#### SENIOR WORDSEARCH

# The Lord will prepare a feast for all nations

DJQEEWQC V X F HQQS MEMWQN Ζ Ε UZKQCBAN Q T O AG Ζ Ν X 0 KLJAIE S Ι C Ζ S В Τ Ε S F T Ε Т Т K QDWG W 5 Ι D N MD ROXOE J Ζ U D Α Ι X G RRXD S K V S H X EC 0 J NIDD Ε

# Try to find these words:

banquet cheek feast guests hungry king poor son street strength tears wedding

### ALIVE IN THE SPIRIT

The Pastoral Ministry Network is excited to invite you to the annual 'Alive in the Spirit' Event!

After two years of dynamic online gatherings, Alive in the Spirit is thrilled to be gathering for an in-person event on Wednesday 25 October 2023 at Hornsby RSL from 10am - 4pm.

This year's conference will focus on the theme of Communion, Participation, and Mission, which is drawn from the Synod on Synodality. The Synod encourages us to seek new vision, energy, and life for the Catholic Church.

The Pastoral Ministry Network AGM will follow at 4.30pm to top off a great opportunity for networking, growing in faith and sharing our hope for the Church.

Tickets are \$149 for non-members. We encourage you to share this image across your own networks inviting all wanting to be Alive in the Spirit!

For all enquiries, please contact Lisa on 0419 418 547 or email info@aliveinthespirit.com.au

# **BEQUESTS**

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

#### PASTORAL CARE TEAM



The next meeting is 26<sup>th</sup> October at 2.30pm in the Parish Centre (25 Farquhar St, The Junction).

Anyone interested in being part of this valuable ministry is invited to attend and find out more!

# ST JOSEPH'S MEN NEWCASTLE

Calling all men to a talk on the Rosary- A Spiritual Weapon. Come along to hear from St Joseph's Men Newcastle Founder, Curtis Mahoney as he talks about the power of the Rosary @ The Sydney Junction Hotel, Hamilton on Monday 23 October from 6pm. Free entry and meals are available at your own cost.

# "TILLING THE CHURCH: THEOLOGY FOR AN UNFINISHED PROJECT." ZOOM DISCUSSION.

While Father Richard's visit was short, he last left our Diocese with riches that we can continue to explore together, as our church is an unfinished project and in need of tilling.

So, let's continue the discussion!

You are invited to discuss Father Richard's latest publication, "Tilling the Church: Theology for an Unfinished Project" chapter by chapter over the next several months online.

Wednesday 18 October: Introduction and Chapter 1. The Church as Project

Wednesday 22 November: Chapter 2. Symbolizing Grace

Wednesday 21 February: Chapter 3. The Pilgrimage Community of Faith and Hope

Wednesday 20 March: Chapter 4. Engaging the Graced World

Wednesday 17 April: Chapter 5. The Future-Oriented Past

Wednesday 15 May: Chapter 6. The Art of Faithfulness and conclusion To register go to: www.eventbrite.com.au/e/tilling-the-church-theology-of-an-unfinished-project-tickets-708150125087

# DIVINE RETREAT CENTRE OCTOBER RETREATS

The Divine Retreat Centre has a number of retreats on offer this month, including:

Marian Retreat – Friday 13 to Sunday 15 October. Register: <u>drcretreatrego@gmail.com</u>

Spiritual Retreat at St Patrick's Wallsend – Monday 16 October 7pm to 9pm

Spiritual Retreat at St Luke's Revesby – Tuesday 17 October 7pm to 9pm

Spiritual Retreat in Epping (Our Lady Help of Christians Catholic Parish) – Friday 20 October 6.30pm to 8.30pm

St Joseph's Prayer Group – Reflection Day Thanksgiving – Saturday 21 October 9.45am to 3pm

Spiritual Healing Retreat in Adelaide – Thursday 16 October 7pm to 9pm

One Day Retreat in Brisbane – Saturday 28 October 9.30am to 4pm

One day pilgrimage – a day dedicated to Mother Mary – Sunday 19 October 9am to 4pm

For more information visit

www.divineretreatcentre.org

# PRAYER FOR HSC STUDENTS

We pray for those preparing for their HSC. Father we ask that they especially feel your closeness during this period.

Give them calm hearts and quiet confidence in the knowledge that you hold them in the palm of your hand.

Bless them with keen understanding and retentive memory.

Give them the ability to grasp things correctly, be exact in their explanations and express themselves clearly.

Point out the beginning, direct their progress and help them in the completion of each of their responses.

Holy Spirit send them your gifts of wisdom and knowledge. Praying for our Students

We ask this through Christ our Lord.

Amen

# GOSPEL OF MARK

The Gospel of Mark is a treasure trove for the nurturing and nourishing of our faith. Mark brings us face-to-face with the One who came to serve and not to be served, to give his life as a ransom for many (Mark 10:45).

Explore the Gospel of Mark with Dr Debra Snoddy, a lecturer in biblical studies at the Catholic Institute of Sydney a partner of the University of Notre Dame Australia. As we look forward to the year when the Gospel of Mark takes pride of place in our liturgy, Debra promises to inform you, nourish you and challenge you to hear Mark's words in ways old and new.

The day will include an overview of the Gospel and a detailed treatment of some of the most illuminating texts from the Gospel of Mark.

Date: 15 November, Murray Room, 9.30am - 3.00pm www.eventbrite.com.au/e/gospel-of-Registration: mark-tickets-699335259587

#### THE CHUCKLES

"To get the full value of joy, you must have someone to divide it with."- Mark Twain.

"To keep your marriage brimming with love in the wedding cup, whenever you're wrong, admit it; whenever you're right, shut up."— Ogden Nash



# MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDIATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am - and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or iust come.

# **ADVENT 2023:** WITH ANTICIPATION AND JOY

We are called during this holy time to wait with anticipation knowing the joys of what is to come with the arrival of Christ. With Anticipation and Joy is a Diocesan resource that invites all members of the community to gather a circle of people - family, friends, colleagues, ministry teams to reflect mystagogically on the Advent Gospels and associated artworks. This is an opportunity to encounter Christ where we are, to pay attention to what Christ reveals in the scripture and the living tradition of our faith, to share this, to connect it to our life now, and to be changed by it.

To access the resource, go to:

https://www.mn.catholic.org.au/church-mission/ catholic-life/liturgy/liturgical-year/

# MADE FREE: CREATIVE RETREAT

20-22 October 2023

Join the MGL Sisters in a weekend retreat that explores a range of creative prayer experiences. Recapture the freedom you were made for, let go of what is burdening you, and let God fill you again with life. Venue: Carmel House, 345 St Andrews Rd, Varroville NSW. Bookings:

http://www.trybooking.com/CFBRD (by 6 October) Contact: Judy - mglsisters.sydney@gmail.com

### SACRED@SEVEN

Sacred@Seven is back! Come along for a beautiful night of Adoration, prayer, free food, and fellowship.

Where: Sacred Heart Cathedral.

When: Wednesday 18 October at 7.00pm.

All are welcome!

### **TODAY'S LITURGY**

# Entrance Antiphon Ps 129:3-4

If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.

First Reading: Is 25:6-10

The Lord will prepare a feast and will wipe away the tears from every cheek.

# Responsorial Psalm: Ps 22. R. v.6

- (R.) I shall live in the house of the Lord all the days of my life.
- 1. The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. Near restful waters he leads me, to revive my drooping spirit. (R.)
- 2. He guides me along the right path; he is true to his name. If I should walk in the valley of darkness no evil would I fear. You are there with your crook and your staff; with these you give me comfort. (R.)
- 3. You have prepared a banquet for me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. (R.)
- 4. Surely goodness and kindness shall follow me all the days of my life. In the Lord's own house shall I dwell for ever and ever. (R.)

**Second Reading:** Phil 4:12-14, 19-20

I am able to do all things in him who strengthens me.

# **Gospel Acclamation** (Please stand) **Alleluia, alleluia!**

May the Father of our Lord Jesus Christ enlighten the eyes of our heart that we might see how great is the hope to which we are called.

Alleluia!

Gospel: Matthew 22:1-14

Whomsoever you find invite to the wedding.

#### **Memorial Acclamation**

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

#### **Communion Acclamation**

The rich suffer want and go hungry, but those who seek the Lord lack no blessing.

Jerusalem

## **OUR CATHOLIC PRIMARY SCHOOLS**

# St Joseph's Primary School

Karen McGinlay (Principal)
Union Street, The Junction NSW 2291

P:(02) 4961 2827

W:www.merewether.catholic.edu.au

# **Holy Family Primary School**

Ann Jackson (*Principal*)
Pell Street, Merewether NSW 2291

P:(02) 4963 3009

W:www.merewetherbeach.catholic.edu.au

# St Columban's Primary School

Danielle Reed (*Principal*)
Church Street, Mayfield NSW 2304

P:(02) 4968 3315

W:www.mayfieldsc.catholic.edu.au

# St Peter's Primary School

Mark Konik (Acting Principal) Dunbar St, Stockton NSW 2295

P:(02) 4920 1736

W:www.stockton.catholic.edu.au

# FOOD BASKETS FOR THE NEEDY

# ST JOSEPH'S, THE JUNCTION & IMMACULATE HEART OF MARY, TIGHES HILL:

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc.), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Immaculate Heart of Mary Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

# SACRED HEART CATHEDRAL & ST MARY'S, NEWCASTLE:

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.