



City Pastoral REGION

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE

St Benedict's Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 11TH FEBRUARY 2024

6TH SUNDAY IN ORDINARY TIME, YEAR B

Our Clergy

Fr John Lovell
Fr Paul Chackanikunnel
Fr Anthony Coloma
Fr Anil Kumar Kuchipudi
Deacon Kevin Gadd

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Monday, Tuesday, Friday

Anne Warren (*Business Manager*)
Tuesday and Thursday

Thelma Dickson (*Administration*)
Wednesday and Thursday

Elul Teclé (*Administration*)

Dr Anne Millard (*Music, Liturgy, Sacraments*)

Other Contacts

Bereavement Team: P: (02) 4979 1252

Mercy Pastoral Team: Sr Patricia Whitten rsm
0448463679

St Joseph's Pastoral Team: Contact the Parish Office



THOUGHT FOR THE WEEK

This Sunday we celebrate *World Day of Prayer for the Sick*. Healing was a key part of Jesus' ministry and remains so for His Church today. There are many kinds of illnesses in our world: mental, spiritual, emotional and physical. Let's pray the Lord will use us to bring His peace and healing to those people we meet, who are suffering from any of these. Fr John

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

Promoters of Safeguarding

Fr John Lovell p: (02) 4979 1106

Gail Lovell P: (02) 4979 1256

Anne Millard P: (02) 4979 1252

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

Sixth Week of Ordinary Time, Year B

Monday 12th February

8:15am Mass @ The Cathedral

Tuesday—13th February

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton

10:00am Launch of Project Compassion @ The Cathedral

Wednesday—14th February

Ash Wednesday

8:15am Mass @ The Cathedral

9am Mass @ Christ the King, Mayfield West

12md Mass @ The Cathedral

5:30pm Mass @ St Peter's, Stockton

6pm Polish Mass @ The Cathedral

Thursday—15th February

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton (Anointing Mass)

Friday—16th February

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—17th February

9:15am Mass @ The Cathedral, followed by the Novena to Our Lady of Perpetual Help (followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

5:30pm Mass @ Mayfield West

Sunday—18th February

1st Sunday of Lent, Year B

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral *

11:00am Mass @ The Junction (*Italian*)

11:30am Mass @ The Cathedral (*Polish*)

5:00pm Mass @ The Cathedral

6:00pm Mass @ Mayfield West (*Vietnamese*) **

Not on this week

* *Livestreamed on the Cathedral's YouTube channel—www.youtube.com/c/SacredHeartCathedralHamilton and on the Diocesan website*

** The next Vietnamese Mass will be celebrated on Feb 25 (they are now fortnightly)

PRAYER REQUESTS

RECENTLY DECEASED: Sr Rosemary Jackson rsj, Maria Municchi Fr. Kevin Bates sm

ANNIVERSARIES: Ethel Casey, Irena Ivanovic, Judith Fleming, Reg O'Brien, Joan Cubis, Margaret Watt, Margaret Dixon, Angela Worthington, Jim Donnelly, Noli Jao Perez, Josefina Barretto, Cesar Joren, Robert Hill

SICK: Maureen Francis, Angela Cottier, Patrick McInerney Cowan, Joshua Zalanardo, Rosa Silivinec, Harry Melville, Doreen Mason, Elaine Johnson, Stewart McKinnon, Mark Caesar, Peter Kefecsek, Carlo Rossi, Neil Thomas, Kathryn Gray, Emilie Tseronis

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.



OUR BELOVED DEAD

We remember those in our Columbaria whose anniversaries occur in February
At Sacred Heart

Robert Bartholomew	Patricia (Trish) Leishman
Jean Belcher	Alan James Long
Gwenneth Bennett	Fiore (Frank) Monaco
Anthony Bookallil	Stan O'Brien
Beryl Jean Clarke	Kathleen O'Neill
Marie Forrest	Roger Saunders
Edna Jean Hancock	Robert Smith
Michael Henessy	Gregory Smith
Ronald Jarrett	Toni Van Schyndel
Czeslaw (Cec) Kizeweter	William (Bill) Warren
Xuyen An Le	Clare Alice Withers
	Joan Woodcock

At St Joseph's:

Nicholas Evans	Gerald Meighan
Robyn Field	Bob Smyth
Marie James	Kath Walsh
Marie Maddrell	Alan Watt
William McNeil	Johanna Schmuck
Margaret McVie	Rodney Wright

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

NEXT WEEK'S READINGS:

1st Sunday of Lent, Year B

Genesis 9:8-15

1 Peter 3:18-22

Mark 1:12-15



FROM THE MODERATOR

It's Time to elect a New Pastoral Council for the City Pastoral Region

The City Pastoral Region comprises the Parishes of St Benedict's Inner Newcastle, Christ the King Mayfield and St Peter in Chains Stockton. The St Benedict's Inner Newcastle Parish includes Sacred Heart Cathedral Hamilton, St Mary's Newcastle, St Joseph's The Junction and The Immaculate Heart of Mary Tighes Hill. As a community of communities, these Parishes cover a wide geographic region and a broad range of people.

The Regional Pastoral Council, sensitive to the pastoral needs of the people and area in which the Region exists, strives to discern effective ways to serve those pastoral needs that we may witness to the presence of Jesus Christ, the Risen Lord in this portion of the Lord's vineyard by the gift and power of the Holy Spirit. The Pastoral Council under the authority of the Moderator, Fr John Lovell in cooperation with his fellow clergy, will be responsible for assessing those matters which concern the pastoral works of the Parishes of the Region and proposing a Regional Pastoral Plan to direct and facilitate those works.

The Pastoral Council is composed of:

- The Moderator
- All clergy appointed to the Parishes of the City Pastoral Region
- The Principals of our Parish Schools or their delegates
- Any other person designated by the Moderator as holding an office engaged in Pastoral Care within the Parishes of the Region
- A total of 8 parishioners representing each Sunday Mass of the Sunday Mass communities, as determined by that community
- A total of 5 parishioners can be appointed by the Moderator for the term defined in their letter of appointment
- One member from the Parish Finance Council
- Sacramental Program Director

All members of the Pastoral Council are required to have a current Working With Children Check and have completed a National Police Check. All members must also complete the Diocesan Safeguarding Course 2. These requirements do not have to be in place for nomination, but if elected, then the new member will be required to complete these requirements.

In February we will be calling for nominations for representatives from our 8 Mass communities:

1. Cathedral Vigil Mass at 5.30pm
2. Cathedral Sunday 9.30am Mass



3. Cathedral Sunday evening 5pm Mass
4. St Marys, Newcastle
5. St Josephs, The Junction
6. St Peter in Chains, Stockton
7. The Immaculate Heart of Mary, Tighes Hill
8. Christ the King, Mayfield

Following the acceptance of nominations, the names of nominees will be published in the Bulletin and elections will take place in March. The term of appointment is 3 years. Should you require any further information, please do not hesitate to talk to Fr John, or one of the current members of the Pastoral Council:

1. Sacred Heart Cathedral—Gail Lovell
2. St Josephs, The Junction—Mark de Souza
3. St Marys, Newcastle—Currently Vacant
4. The Immaculate Heart of Mary, Tighes Hill—Amanda Mohr
5. St Laurence O'Toole, Broadmeadow—Janet Tully
6. Christ the King, Mayfield —Alicia Jenkins
7. St Peter In Chains, Stockton—Maureen Frize

Love, Fr John

PASTORAL CARE TEAM



The next meeting is Thursday, 15th February at 2.15pm in the Parish Centre (25 Farquhar St, The Junction).

Anyone interested in being part of this valuable ministry is invited to attend and

find out more!

BOOK CLUB

Sunday, 3rd March @ 6:15pm: Bookclub meets to discuss *Small Things Like These* by Claire Keegan. If you would like to participate in book club meetings, please email

newcparish@mn.catholic.org.au



PINTS WITH A PURPOSE

Join us at Pints with a Purpose, featuring Bishop Michael Kennedy as our guest speaker!

Everyone is invited to join us from 5pm to 6:30 pm for dinner (not provided). Come along and enjoy a \$15 schnitzel special or something else delicious off the Sydney Junction Hotel's amazing menu!

For those who just wish to join us for a conversation, we will begin at 6:30pm in the Hudson Room.

Tuesday 13th February, 5 to 6:30pm for dinner (not provided) OR 6:30pm-7:30pm for conversation @ Sydney Junction Hotel (8 Beaumont St, Hamilton)

Free! Please use the link below to register. <https://PintswithaPurpose.eventbrite.com.au>

EPIC (EVERYTHING POSSIBLE IN CHRIST)

YOUNG ADULT GROUP

Are you aged between 20 and 40?

Are you interested to share your faith with like-minded young adults?

Then our new faith sharing group might be for you!

Email the office, or stay after Mass at The Cathedral on Sunday evening to find out more..

SEASONS FOR GROWTH

No season lasts forever, not even winter.

Our lives, like the seasons, are constantly changing. These changes often involve many losses and deep grief. Learning how to recognise and adapt to the stressful events and changed circumstances we experience, as well as the ongoing challenges these may bring helps to bring peace and hope into our lives. The Seasons for Growth small group, peer-based educational program offers the opportunity for individual reflection and group discussion by gently and symbolically using the metaphor of the seasons to support adults to:

- **Learn** about how different people respond to change, loss and grief
- **Understand** that it is normal to experience a range of grief reactions
- **Explore** new approaches to dealing with change, loss and grief in their lives
- **Build** communication, decision making and problem solving skills
- **Participate** in a supportive network of peers and adults
- **Integrate** their new learning into their relationships with family, friends and others.

Please consider joining this supportive space in 2024 if you would like to share conversation and learn together with others who are also navigating the different seasons of life and loss.

Seasons for Growth is a four week program, which we will offer during Lent, 2024. The program will run for four Saturday afternoons from 1pm until 4pm on the 2nd, 9th, 16th, and 23rd of March. Contact the office to sign up.



PARISH LUNCHEON

Parish Luncheon at *Souths Leagues Club, Llewellyn St, Merewether* @ 12.30pm on Monday, 19th February
All welcome. Inquiries to Maureen on 0412 673151.

REFLECTION

JESUS OUTCAST FOR US

by Fr Michael Tate

Lepers were social outcasts forced to live 'outside the camp', outside the villages and towns, outside where nobody lived.

This was the true horror and misery of their disease. They were cut off and isolated from human contact, calling out 'Unclean, Unclean!'

They could neither enjoy human company nor join in communal worship at synagogue or Temple.

Into this situation, Jesus comes on to the scene. A leper appeals to Him to be cured.

Breaking all the taboos, Jesus reaches out and touches the leper. This cures the skin disease. More importantly, this heals the man. What divided him from human society is overcome. He can return to the town, enjoy companionship, and worship God in the local synagogue.

I have said that the leper had to eke out an existence outside his village or town.

How does our gospel passage conclude? 'Jesus . . . had to stay outside in places where nobody lived.' *Jesus had* to stay outside in places where nobody lived!

Jesus has changed places with the leper!

Of course, Jesus had not contracted the disease but he had broken the Jewish law which forbade touching a leper. That was enough to put him on the outer with the villages and towns of Galilee. Jesus willingly changed places with the leper.

This incident prefigures the deepest mystery and scandal of the Gospel.

When we are alienated, cut off, at a distance from other people or God because of some deliberate wrongdoing on our part, or because of our failure to act with courage or compassion in some situation, that is, when we have sinned and have the sense of being 'on the outside' with God

Our Lord and Saviour willingly takes our place. Where did Jesus end up?

On the hill of Calvary. And where is Mt Calvary?

Outside the city, *outside* the city walls of Jerusalem in a desolate place where nobody lived.

On that hill, Jesus experienced all the alienation, all the sense of distance from the Father, all the 'outsider' status which comes from sin, sin committed by anyone, anywhere, at any time, in human history.

He willingly took it all into his own body and human psyche. So much so that he cried out: 'My God, my God, why have you abandoned me?'

That is the extent, that is the measure, that is the limitless measure to which the Son of God was prepared to go.

He took our place *outside* the awareness of the loving presence of His Heavenly Father.

Why? So that we can live without the dis-locating consequences of sin. So that we might be located in the *right* place, *insiders* with God.

At every Mass, we are in the right place. Here we can call out with the leper, appealing to Jesus to heal us. And Our Lord will reach out and touch us so that we are healed.

© Fr Michael Tate, www.liturgyhelp.com.au

FOOD BASKETS FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Immaculate Heart of Mary Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

PRAISE AND WORSHIP GATHERINGS

The Friday praise and worship gatherings will return for 2024 on Friday 16/2/24 at Holy Cross Catholic Church Glendale from 7pm and will be preceded by 6:30pm Mass. The evenings will also offer teachings and talks on different topics related to growing in the Faith by different presenters as well as the opportunity for healing prayer and fellowship afterwards. There will be a free pizza dinner on the first gathering for 2024.

ENROLMENTS FOR 2024 SACRAMENTAL PROGRAM

A child's catholic faith journey began with the Sacrament of Baptism and continues by the reception of the Sacraments of Initiation, Confirmation and First Eucharist.

The preparations for these sacraments in the Inner Newcastle Parish run between February and June of every year and are designed for children going into Year, 4, 5 or 6 in 2024. Preparations are completed as a family with online activities and volunteer work within the community.

Enrolments are now open for the 2024 program. If you are interested in being apart of the program this year please visit the parish website and complete the online enrolment form.

<https://www.newcastlecatholic.org.au/sacramental-enrolment-form/>

For more information please contact the office on 49791101 or newcparish@mn.catholic.org.au

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat begins the Lenten program on Ash Wednesday, February 14. To participate, please email the parish office. We will return to the first series of The Chosen after Lent: <https://watch.thechosen.tv>

ASH WEDNESDAY IN ST BENEDICT'S

This year, the marking of the Season of Lent will begin with the celebration of **Ash Wednesday** on **14th February**. The celebration of Ash Wednesday will be as follows:

8:15am	Mass @ The Cathedral
9am	Mass @ Christ the King, Mayfield West
12md	Mass @ The Cathedral
5:30pm	Mass @ St Peter's, Stockton
6pm	Polish Mass @ The Cathedral

Please join your fellow parishioners as we enter into this time of prayer, self-denial, and helping others as part of our preparation for the celebration of the Resurrection at Easter.

HELP MY UNBELIEF!

SEARCHING FOR GOD IN A SECULAR AGE

Monsignor Professor Tomas Halik, the 'underground priest' who converted to Catholicism as an adult and was secretly ordained a priest in 1978 during the communist rule of then-Czechoslovakia is in Australia to give a series of lectures as part of the Bishop Vincent Presents series. The conversation will be moderated by leading academic and priest, Fr Frank Brennan SJ AO.

A renowned public intellectual, philosopher, sociologist and priest, Halik is known for being a leading voice against Soviet communism in the 1980s (he was persecuted by the secret police as an "enemy of the regime") and was co-responsible for the revival of the Czech Catholic Church after the fall of communism.

You can register to livestream this event at <https://events.humanitix.com/bishop-vincent-presents-a-conversation-with-tomas-halik-livestream> or register to attend at the Diocesan Resource Centre.

12 February 6pm - 8pm, Library at Diocesan Resource Centre. Registrations are essential.

Diocesan FLYER:

<https://diocesemn.azurewebsites.net/media/6823/flyer-help-my-unbelief-february-2024.pdf>

Diocesan REGISTRATION:

<https://www.eventbrite.com.au/e/help-my-unbelief-searching-for-god-in-a-secular-age-tickets-814673709997>

JOB VACANCIES

DIOCESAN OUTREACH ASSISTANTS—AID TO THE CHURCH IN NEED (CAN)

Could you share the stories of suffering Christians? Are you looking for flexible part time work? Aid to the Church in Need is recruiting for a number of Diocesan Outreach Assistants who will deliver monthly presentations in parishes across Sydney, Broken Bay, Perth and Maitland-Newcastle.

For more information and to view the full job ad go to www.aidtochurch.org/work



PROJECT COMPASSION LAUNCH CARITAS AUSTRALIA

Tuesday 13 February 2024

The Catholic Diocese of Maitland-Newcastle invites you to the launch of Caritas Australia's 2024 Project Compassion appeal themed "For All Future Generations".

During the Liturgy, all attendees from across our schools, parishes and agencies are called forward by Parish region to receive their 2024 Project Compassion box and commissioning from Bishop Michael Kennedy.

Donations to Project Compassion allows Caritas Australia, the Catholic Agency for International Aid and Development, to work with local communities around the world to alleviate poverty, hunger, oppression and injustice.

At the conclusion of the Liturgy, complimentary pancakes will be served at the Southern Cross Hall.

****Gluten Free pancakes are available**.**

Date: Shrove Tuesday - 13 February 2024

Time: 10.15am for a 10:30am start, concluding at approximately 12.30pm.

Location: Sacred Heart Cathedral, HAMILTON
Followed by Pancakes in the Southern Cross Hall.

RSVP by: 5pm, Thursday 8 February 2024
at <https://PC2024.eventbrite.com.au>

Enquires: Kate Crncevic on P: 02 4979 1329 or
E: kate.crncevic@mn.catholic.org.au

THE CHUCKLE

An employee was fired from the calendar factory: she took a day off.



MEN'S ROSARY GROUP

The Men's Rosary will be held on the first Saturday of each month @ 1pm at Sacred Heart Cathedral, 841 Hunter St, Newcastle West. For more Information contact Jason on 0499 854 928.

IRELAND PILGRIMAGE THE WAY OF MERCY

In 2024, Maitland-Newcastle Diocese will be journeying to Ireland to explore "The Way of Mercy". Embark on a soulful 15-day Irish spiritual journey, drawing inspiration from Catherine McAuley, the founder of the Sisters of Mercy in 1831. Traverse Dublin's sacred sites and the serene landscapes of Glendalough and the Ring of Kerry, immersing yourself in Ireland's rich religious legacy. Marvel at the majestic Cliffs of Moher, pilgrimage to the Holy Shrine of Knock. This pilgrimage covers seven captivating cities of Ireland, instrumental in building the foundations of our Christian faith.

As we journey together we will take time, to pray, reflect and care for one another. The spirit of Mercy, compassion, respect, justice, reconciliation, hospitality service and courage will be reflected upon each day in our journeying together.

Date: Thursday 26 September – Saturday 12 October 2024

Contact: Erin McCort (Pilgrimage Coordinator)
erin.mccort@mn.catholic.edu.au

PANCAKE BREAKFAST

Sunday 11 Feb 2024 following 8.00am Mass at Tighes Hill. Free pancakes with the option of various toppings.

CATHEDRAL MORNING TEA

Sunday 11 Feb 2024 following 9.30am Mass at Sacred Heart Cathedral. Join us for morning tea with delicious food and fabulous fellowship. All welcome.



BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

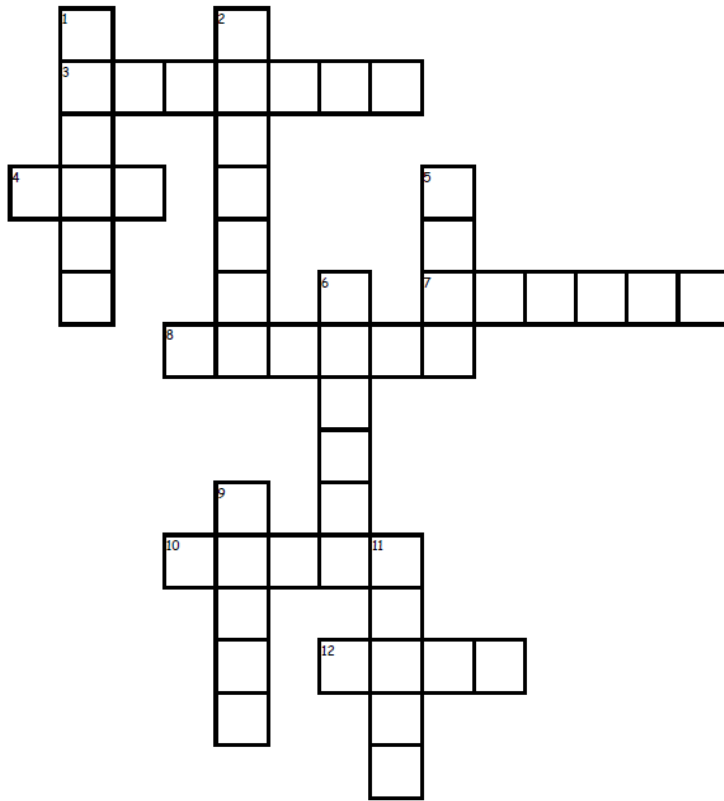
SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and well-being of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,
E childprotection@mn.catholic.org.au or
www.officeofsafeguarding.org.au

CROSSWORD

Do everything to honour God

1 Cor 10:31-11:1
Ps 32:1, 5ab, 11, R. v.7a
Mk 1:40-45



Across

- 3: Jesus healed a man with this disease
4: you do this when you are hungry
7: Paul says we must _____ Christ's example
8: the man was told to go and show this person that he was well
10: a person from Greece is called this
12: the man was asked not to _____ anyone that Jesus healed his leprosy

Down

- 1: to make someone happy
2: the opposite of sister
5: a present
6: Jesus told the man to take a gift to this place
9: what you need when you are thirsty
11: to get down on your knees

SENIOR WORDSEARCH

Do everything to honour God

1 Cor 10:31-11:1
Ps 32:1, 5ab, 11, R. v.7a
Mk 1:40-45

T S E I R P T T D Y N T Y H T I B
Q A T S I P E V G X N I F M H O A
G S H B X C M M J Z P N H T X K V
N O C E L C P L E E N K S R E K E
G W W D R F L B I U E Q A E Q G K
Q J O I V S E V O E F K R H M L U
A K X L Q Z N B W G J G N Q E U E
H S G E L X G U V P K N N P Y T X
Q Q P L E O T O K Z B V R Z V D L
B X D X L I F P R D U O U K T P O
E K A X Y U C R W O S E S A E L P
S B C J W W Y X L Y M K P D Z L H
I R E H T O R B G T I F N H L E H
X Z D T G D I I A B Z I F I R T E
E P V U J R F E G T C C Q Y R A O
I K X C R T P A S J Y P J J E D O

Try to find these words:

brother
drink
eat
follow
gift
Greek
kneel
leprosy
please
priest
tell
temple

TODAY'S LITURGY

Entrance Antiphon: Cf Psalm 30:3-4

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.

First Reading: Leviticus 13:1-2. 44-46

*As long as he is unclean, he must live alone,
outside the camp.*

Responsorial Psalm: Ps 31:1-2. 5. 11. R. v.7

(R.) I turn to you, Lord, in time of trouble, and you fill
me with the joy of salvation.

1. Happy the man whose offence is forgiven,
whose sin is remitted.
O happy the man to whom the Lord
imputes no guilt,
in whose spirit is no guile. (R.)
2. But now I have acknowledged my sins;
my guilt I did not hide.
I said: 'I will confess
my offence to the Lord.'
And you, Lord, have forgiven
the guilt of my sin. (R.)
3. Rejoice, rejoice in the Lord,
exult, you just!
O come, ring out your joy,
all you upright of heart. (R.)

Second Reading: 1 Corinthians 10:31 – 11:1

Be imitators of me, as I am of Christ.

Gospel Acclamation: Luke 7:16

Alleluia, alleluia!
A great prophet has appeared among us;
God has visited his people.
Alleluia!

Gospel: Mark 1:40-45

The leprosy left him and he was cured.

Communion Antiphon: Cf Psalm 77:29-30

They ate and had their fill,
and what they craved the Lord gave them;
they were not disappointed in what they craved.

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OUR CATHOLIC PRIMARY SCHOOLS

St Joseph's Primary School

Karen McGinlay (*Principal*)
Union Street, The Junction NSW 2291
P:(02) 4961 2827
W:www.merewether.catholic.edu.au

Holy Family Primary School

Ann Jackson (*Principal*)
Pell Street, Merewether NSW 2291
P:(02) 4963 3009
W:www.merewetherbeach.catholic.edu.au

St Columban's Primary School

Danielle Reed (*Principal*)
Church Street, Mayfield NSW 2304
P:(02) 4968 3315
W:www.mayfieldsc.catholic.edu.au

St Peter's Primary School

Michael Punch (*Principal*)
Dunbar St, Stockton NSW 2295
P:(02) 4928 1861
W:www.stockton.catholic.edu.au

MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDIATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start

WHERE: Mercy Offices, 20 Union Street

(Next door to Mercy Services)

Off street parking available

The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation