

St Benedict's Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish**: Christ the King, Mayfield West. **Stockton Parish**: St Peter-in-Chains,

Sunday 12th May 2024 The Ascension of the Lord, Year b

Our Clergy

Fr John Lovell Fr Paul Chackanikunnel Fr Anthony Coloma Fr Anil Kumar Kuchipudi Deacon Kevin Gadd

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (Reception & Administration) Monday, Tuesday, Friday

Anne Warren (Business Manager) Tuesday and Thursday

Daloras Howes (Administration) Thelma Dickson (Administration) Elul Tecle (Administration) Peter Davies

Dr Anne Millard (Music, Liturgy, Sacraments)

Promotors of Safeguarding

Fr John Lovell p: (02) 4979 1106 Gail Lovell P: (02) 4979 1256 Anne Millard P: (02) 4979 1252

THOUGHT FOR THE WEEK

In her first public address after the death of her sons in Mexico, Debra Robinson, invited those listening to her to "live bigger, shine brighter, and love harder" as a testament to the life of her Callum and Jake. When faced with meaningless loss, we take courage by



making the circumstances of those who remain bigger, brighter, and lovelier. Today, as we mark the Solemn Feast of the Lord's Ascension, we are encouraged to do the same. We hear in today's Gospel the invitation for us who have embraced the faith to proclaim Christ's message, the Good News, with gusto and fervor to the whole world. May our faith in the resurrected Lord reveal in our relationships and in our dealings that we are living life and making people's lives bigger, brighter, and lovelier as a testament to God's Good News. Fr Anthony

Other Contacts

Bereavement Team:Margaret Cox, Gail Lovell,Christopher Gregory,Margaret Beard, MargaretNewton, Anne MillardP: (02) 4979 1252Mercy Pastoral Team:Sr Patricia Whitten rsm0448463679

St Joseph's Pastoral Team: Contact the Parish Office

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

7th Week of Easter, Year B

Monday 13th May 8:15am Mass @ The Cathedral

Tuesday 14th May Feast of St Matthias, apostle

8:15am Mass @ The Cathedral 9:00am Mass @ Stockton

Wednesday 15th May

8:15am Mass @ The Cathedral 9:00am Mass @ Christ the King, Mayfield West (Anointing Mass)

Thursday 16th May

8:15am Mass @ The Cathedral 9:00am Mass @ Stockton

Friday 17th May

10:15am Mass @ St Joseph's

- 11:00am Exposition, Adoration & Reconciliation @ The Cathedral (until 12pm) ** Moved to Tighes Hill for this week only
- 12:05pm Mass @ The Cathedral ** Moved to Tighes Hill for this week only (Anointing Mass)

Saturday 18th May

- 9:15am Mass @ The Cathedral, followed by the Novena to Our Lady of Perpetual Help (followed by Reconciliation)
- 5:30pm Mass @ The Cathedral
- 5:30pm Mass @ The Junction
- 5:30pm Mass @ Mayfield West

Sunday 19th May

Pentecost Sunday, Year B

- 7:30am Mass @ St Mary's
- 8:00am Mass @ Tighes Hill
- 9:00am Mass @ Stockton
- 9:30am Mass @ The Cathedral *

11:00am Mass @ The Junction (Italian)

- 11:30am Mass @ The Cathedral (Polish)
- 5:00pm Mass @ The Cathedral

5:00pm Mass @ Mayfield West (Vietnamese) (No Mass)

* Livestreamed on the Cathedral's YouTube channelwww.youtube.com/c/SacredHeartCathedralHamilton and on the Diocesan website

* The Vietnamese Mass is now celebrated fortnightly

NEXT WEEK'S READINGS:

Pentecost Sunday, Year B Acts 2:1-11, 1 Cor 12:3-7, 12-13, John 20:19-23



PRAYER REQUESTS

RECENTLY DECEASED: Sr. Catherine Grant rsj

ANNIVERSARIES: Tom Towers, Bill Cook. Rachele Dos Santos, Sr. Florence Tobin rsj, Clarrie Holland, Carmel Webber, Brian Bellotti, Zita Murray, Carmel Walker, Sean Roche, Barry Dwyer, Mary Jennings,

SICK: Lisa Woodland, Maria Therese Perera, Tui Innes, Marko Kefecek, Jolina Joyce Saranillo, Maureen Dwyer, Angela Cottier, Joshua Zalanardo, Rosa Silivinec, Harry Melville, Doreen Mason, Elaine Johnson, Mark Caesar, Peter Kefecek, Carlo Rossi, Neil Thomas, Kathryn Gray, Emilie Tseronis, Josephine Diwa

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website-visit www.newcastlecatholic.org.au/downloads.



OUR BELOVED DEAD

Speak the name of the dead and they will live forever.

We remember those in our Columbaria whose anniversaries occur in May: At Sacred Heart

Margaret Winsome Azzopardi Gerard McCosker Joyce Callaghan Michael Clement Daley Marjorie Hardy lan King Mario Malaspina

Cyril O'Neill Lorna Pearl Roberts **Barbara Smith Beryl Smith**

At St Joseph's:

Violet Ernst Edith Isabel Fahey Anne Marie Gilroy John Hogg Margaret Kelly Maureen Maher Paul-Elizabeth McNamara John Joseph Skehan Francis Smith Eunice Smyth Meryl Ryan Jack Robinson Charles Tynan **Frederick Wilson** Geoff Young

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

LAUDATO SI' WEEK MAY 19-26 2024

THEME: SEEDS OF HOPE

Our Consumption

Pope Francis in Laudato si' (LS) says: "A world of exacerbated consumption is at the same time a world which mistreats life in all its forms" LS #230

From reflection to action: Plastic waste is an especially serious symptom of over-consumption. How can you use citizens' power to spur governments and businesses to reduce plastics?

SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and wellbeing of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,

E childprotection@mn.catholic.org.au or www.officeofsafeguarding.org.au

STANDING ON THE SHOULDERS: THE OFFICIAL OPENING OF THE DIOCESAN RESOURCE CENTRE AND LIBRARY AND THE 2024 TWEC DINNER – FRIDAY 31 MAY

It is with much excitement that you are invited to join us for the official opening of the Diocesan Resource Centre and Library. The Library, which stands on the site of the original Newcastle Central Catholic Library, offers our community access to resources relating to Religious Education, Scripture, Theology, Liturgy and more.

Following on from the official opening, the celebration continues with the reimagining of the TWEC dinner with guest speaker Kelly Paget, Chancellor and Director of Mission at the Diocese of Broken Bay. Kelly was amongst five Australians chosen personally by the Holy Father to participate in the General Synod of Bishops in Rome.

Library Opening – 4.30 PM Free entry. All welcome Dinner & Speaker – 5.30 PM \$40 pp includes buffet meal and guest speaker presentation. Dinner Registration link: https://



www.eventbrite.com.au/e/twec-dinner-libraryopening-tickets-872278206597

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat meets May 15 for Episode 5 of The Chosen. To participate, please email the parish office.

RCIA TEAM – CALL FOR VOLUNTEERS

Dear friends,

Over the past couple of years, our Pastoral Region has received an increasing number of enquiries from adults interested in becoming Catholic. To assist our parishes in responding to this need, I would like to form an RCIA (Rite of Christian Initiation of Adults) Team for our region, to guide and accompany these individuals on their journey of faith in preparation for being initiated into the Church. I have spoken with Bishop Michael, who is very supportive of this proposal. Formation will be provided to those who will become part of this new team. Accordingly, I would

like to invite anyone who may feel called to share their faith with others in this way, to please register your interest via this form: https://forms.office.com/r/ DdYEiSwPUu



Fr John

CHRISTIAN MEDITATION

Saturday 25 May, 9.30am - 2.30pm

John and Anne Gray will lead this event, opening a space for inner silence, gratitude, love and divine beauty. The duo will lead us in Imaginative Contemplation and share the aims of the Worldwide Prayer Network.

Where: St James School Hall (Vista Parade, Kotara) – parking available on Church grounds or Street.

Morning tea provided. Bring your lunch. RSVP: annecuskelly@hotmail.com or 0407 436 808 \$10 donations would be appreciated

BBI SHORT COURSE

Ethical Foundations: Human Dignity Mondays 20 & 27 May, 4pm -5:30pm

Human dignity is at the heart of all ethical and moral reasoning. What do we mean by human dignity? Why is it so important, that without it, we cannot properly act toward others, develop economic systems or know what is good or bad care of another human being?

Register to join us at the Diocesan Resource Centre, at home or as a parish group at https://forms.office.com/ r/7uMVUncy4f

THE CHUCKLE

Some alligators grow up to 15 feet.



But most only have four.

REFLECTION BY FATHER MICHAEL TATE

When you think about it, Our Risen Lord could have continued to appear to groups of followers generation after generation until now! But He didn't. Why not?

He needed to wean His followers from His visible presence in part because He needed to overcome the natural tendency of human beings to be self-centred, in this case to think that the Resurrection was just for them.

He withdrew his *visible* presence in order to make it clear that other realms of creation were to share in His victory over death and decay, that the whole of creation is going to share in the transformation of life, which for human beings is experienced as the resurrection of the body.

St Paul paints a wonderful picture about this in the Epistle to the Romans. He portrays the universe as a woman groaning in childbirth, but full of expectation and hope. Hope for what? Saint Paul says that 'the creation itself would be set free from its slavery to decay in order to share the freedom associated with the glory of the children of God.'

Is this all delayed until the end of time? No. The transformation, the enhancing of the universe begins even now.

Even in our present state, ordinary human beings have a very remarkable significance for the whole universe.

Over the last few days, Mount Wellington has looked magnificent capped with snow, and the River Derwent has been wonderfully calm and tranquil. Every rock, every ripple has been visible in the clearest, brightest air.

But, one hundred thousand years ago Mount Wellington was never able to praise God for the beauty of the Derwent River, nor was the Derwent River able to praise God for the grandeur of Mt Wellington.

Mount Wellington, the Derwent River, indeed the whole universe needed human beings to look with the eye of intelligence attuned to beauty, to see it as the work of the Creator and to praise God for its splendour and loveliness. No doubt, the angels were able to do so but we are the *inner* heart and mind and voice of the whole of *material* creation.

So, even now, it is utterly different because of us, and even more utterly different because of the Resurrection.

The whole cosmos is filled with Our Lord's resurrection presence. There is a transforming Divine Power radiating through His glorified humanity, reaching out to every molecule and quantum of energy, to the farthest reaches of the most distant galaxies, to the eons of time back to the Big Bang, and able to affect every place and time in the future.

I believe that Our Lord did us a great favour in withdrawing His visible presence from us in the Ascension so that we can more easily get the 'Big Picture' as portrayed by St Paul.

Eventually the whole of creation will participate in Our Lord's resurrection. Like us, it will no longer be subject to exhaustion, entropy, disintegration and death.

In the meantime, at every Mass that Divine Resurrection Power is at work. After the invoking of the Holy Spirit, and the reciting of the words of consecration from the Last Supper, elements of the universe, wheat-bread, grapes-wine, become the Real Presence of Our Risen Lord and Saviour Jesus Christ – become His glorious Resurrection Body.

That is the reason I decided to become a priest. Imagine the privilege of being a servant of the Divine transformation of the whole of creation in the light of the Resurrection.

At every Mass, there is an anticipation of what Our Lord ascended to commence:

' ... the creation itself would be set free ... in order to share the freedom associated with the glory of the children of God.'

When you come forward to receive those transformed elements of creation, you share in the destiny of the whole of creation!

© Michael Tate. http://www.liturgyhelp.com



Proclaim Good News

Francis of Assisi is credited with saying, 'Preach the gospel at all times and when necessary, use words!' In every interaction we have we say so much about who we are, what we think of the other person and what we believe – even without opening our mouth. Our actions and attitudes proclaim our beliefs more powerfully than our words ever do. If we claim to be concerned about justice and yet behave unjustly then it is our actions, not our words, that will be heard! When we are called to 'proclaim the Good News' we are called to do this first and foremost in action.

SACRED@SEVEN WITH GEN BRYANT

From leading music ministry in her local parish, to performing for Pope Francis at World Youth Day, Genevieve Bryant is a much sought-after music minister and guest speaker who travels around Australia and the world, spreading the love of God through her gift of music.

Gen is joining us to share her amazing story and to encourage us all to step out in faith and to use the gifts that we have been given to impact this world.

Gen and her band members will also be leading the music ministry at Sacred@Seven.

Date: Wednesday 15th May 2024.

Event Address: 841 Hunter Street, Newcastle West 2303

Location: Toohey Room next door to the Sacred Heart Cathedral

Time: 6.30pm: Gen Bryant Talk (Stepping out in Faith - Using your gifts)

7.30pm- 8.30pm: Sacred@Seven - Fr Anthony Coloma (Praise and Worship, Testimony, Scripture, Preaching and Adoration)

Register: https://forms.office.com/r/bs1TRP7CCN

Reflection Day with SRE Teachers

Special Religious Education (SRE) offers a safe place for students in state schools to learn about Jesus' love and to discuss matters of faith, spirituality, and beliefs. For teachers, it is a response to a calling of journeying with young people as they come to know Jesus Christ, who loves and teaches love.

You are invited to join Bishop Michael Kennedy and the Special Religious Education teachers for a day of prayerful contemplation on 29 May 2024 commencing at 9am and finishing at 2.30pm. Starting with Mass, this is an occasion to listen to and engage in stories experiences involving this ministry. and An opportunity exists in the afternoon for us to visit the Catechesis of the Good Shepherd to learn about this sacred space where children use sensory-rich materials and Montessori principles to explore their relationship with God.

Morning tea and lunch will be provided. Register at https://forms.office.com/r/iaKTYrJHt7

This event is also great for anyone who is interested in becoming an SRE teacher or has been one in the past.

May God abundantly bless all Mothers, Grandmothers, Great grandmothers, and Godmothers – have a very special Mother's Day.

BOOK CLUB

Sunday, 2nd June @ 6:15pm: Bookclub meets to discuss The Pavilion in the Clouds by

Alexander McCall Smith. If you would Blike to participate in book club meetings, CLU

newcparish@mn.catholic.org.au

MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDITATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

CHRISTIAN FORMATION COURSE

Expressions of Interest for 2024/2025 Christian Formation Course are now open.

Are you wanting to know more about Christianity and develop a deeper understanding of the Catholic Church? The Christian Formation Course (CFC) is a learning experience that allows participants to explore the foundational elements of the Catholic Faith Tradition. This one-year course introduces participants to scripture, theology, church history, sacramental life and liturgy.

• The Course runs across twelve (12) months and comprises eight (8) units

· All who complete the Course are awarded a diocesan Certificate in Christian Formation

By engaging in the course, it is hoped participants will: • become more confident in understanding the Catholic faith

• grow in their capacity to reflect on their life's journey

· realise that Christian faith is nurtured in community

 \cdot be affirmed in their gifts for participating in the life of the faith community

 \cdot grow in awareness of what it means to be a responsive member of the faith community

Commencing on Tuesday 23 July, no prerequisite formation or qualification is required to enrol. To find out more, go to www.mn.catholic.org.au/churchmission/catholic-life/faith-formation/christianformation-course/

FOOD BASKETS FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Immaculate Heart of Mary Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

SACRED HEART CATHEDRAL & ST MARY'S, NEWCASTLE:

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.

New Life in God's Spirit Seminar

Are you open to allowing God to activate the gifts of the Holy Spirit, which you received in Baptism? The Immaculate Conception of Mary, Charismatic Prayer Group has been gathering for more than 40 years. They eagerly invite you to experience a six-week, 'New life in the Spirit Seminar'. This is an opportunity for you to journey with others to encounter Jesus, through the Holy Spirit. There will be music for Praise and Worship, guest speakers and discussion groups.

Location: Diocesan Resource Centre 12 Tudor Street (corner of Tudor and Parry Street), Newcastle Westadjacent to the Sacred Heart Cathedral.

Time: 6.30pm-8.30pm

Start date: Monday 20 May

Cost: Free. Simply register your name and contact details by calling or texting Bernadette Barlow on 0425 270 613. You can also register on the night. All are welcome!

EPIC (EVERYTHING POSSIBLE IN CHRIST) YOUNG ADULT GROUP

Are you aged between 20 and 40? Are you interested to share your faith with like-minded young adults? Then our new faith sharing group might be for you! We meet Thursdays @ 7pm in the Cathedral precinct. Email Elul.tecle@mn.catholic.org.au to find out more.

2024 SACRAMENTAL PROGRAM

The preparations for the sacraments of Initiation, Confirmation and First Eucharist in the Inner Newcastle Parish are now underway. Over 80 children in Years 4, 5, 6 and in high school are now enrolled. They will complete the preparations with families via online activities and volunteer work within the community.

Confirmation ceremonies are May 21, 22, and 28. We ask you keep the children in your prayers!

For more information please contact the office on 49791101 or newcparish@mn.catholic.org.au

"TILLING THE CHURCH: THEOLOGY FOR AN UNFINISHED PROJECT". ZOOM DISCUSSION

While Father Richard's visit in 2023 was short, he last left our Diocese with riches which we can continue to explore together, as our church is an unfinished project and in need of tilling.

We will continue the discussion in 2024!

You are invited to discuss Father Richard's latest publication, "Tilling the Church: Theology for an Unfinished Project" chapter by chapter over the next several months online.

Wednesday 15 May: Chapter 6. The Art of Faithfulness and conclusion

To register go to: https://www.eventbrite.com.au/e/ tilling-the-church-theology-of-an-unfinished-projecttickets-708150125087

MEN'S ROSARY GROUP

The Men's Rosary will be held on the first Saturday of each month @ 1pm at Sacred Heart Cathedral, 841 Hunter St, Newcastle West. For more Information contact Jason on 0499 854 928.



SPIRITUAL CONTEXT: ACTS

Throughout this Easter season, the first reading in the Sunday liturgy is taken from the Acts of the Apostles and so both the first and second readings come from the New Testament. (Normally, the First Reading is taken from the Old Testament.) This week's first reading account of the Ascension is the very beginning of the book of Acts. This book and the Gospel of Luke are now recognised as being by the same author. The book of Acts records the events involving the followers of Jesus after his death and the growth of communities of believers who sought to follow Jesus' ways.

SENIOR WORDSEARCH Jesus has been taken into heaven

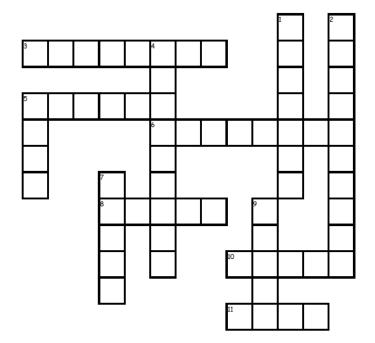
Е F VUL Х С NHA R P ΗA Α N y y Ζ F J J Ζ V RW Ρ Α Μ Κ W G L Т Х Т Е Ι MNO Ρ Ρ Κ 0 Α W Ζ Μ V У У Ι Α Ν Т X 0 Ρ Κ В L В 0 R G Н Т L Т D WOM F Ι Т D Ρ Н G D MHW F Α WM Ρ S Е Κ С Ι У X N Т Н Н Х Q С 0 ΗG J R Е L С Е G У L Α L Q y Κ Х Ι S ٧ L Ι D W Т Q W J Х У ۷ L Т U Т ΧΝΕ Q Ρ Α G Е Е Ν Е S L L Ζ G Е V G Q S D Η N Е N V OQE D Ρ Т 0 D V Ι Q V Х У Μ У G У G U U LOG ΖН Е Е OSNO L Μ J L U U Ζ R J OMIRA С L E S Α Ι FXL QHNH LNH С Т F Α V G LZC 0 R WΕ EQ J U R Т Х U υ D Q Κ В L Ν D Е 0 J Ρ R U С R Е F G J Т S В Ι FL JWUQHKKA RBH R w U

Try to find these words:

believe
cloud
Good News
heal
heaven
Holy Spirit
hurt
languages
light
miracles
right
white

The Ascension of the Lord, Year B [N06EAASB_2003_WS3.rtf]

CROSSWORD Jesus has been taken into heaven



© 2003 Creative Ministry Resources Pty Ltd

Acts 1:8-11 Ps 47:1-2. 5-6. 7-8. R. v.6a Eph 1:17-21 Mk 16:15-20

Across

- 3: the disciples proved their message was true by working _____
- 5: two men in white clothes told the disciples Jesus had been taken to this place
- Jesus told his disciples to preach the _____
 _____ to everyone (two words)
- 8: the opposite of dark
- 10: Jesus is seated at this side of God in heaven
- 11: to make a sick person well is to ____ them

Down

- 1: those who _____ in Jesus and are baptised will be saved
- 2: Jesus told his disciples the _____ would come upon them (two words)
- 4: those who believe in Jesus will be able to speak new _____
- 5: injured
- 7: the disciples saw Jesus being taken into one of these things in the sky
- two men dressed in this colour appeared and spoke to the disciples

TODAY'S LITURGY

Entrance Antiphon: Acts 1:11

Men of Galilee, why gaze in wonder at the heavens? This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia. of the world,

First Reading: Acts 1:1-11

Why are you standing here looking into the sky? Jesus has been taken into heaven.

Responsorial Psalm: Ps 46:2-3. 6-9. R. v.6

- (R.) God mounts his throne to shouts of joy: a blare of trumpets for the Lord.
- All peoples, clap your hands, cry to God with shouts of joy! For the Lord, the Most High, we must fear, great king over all the earth. (R.)
- God goes up with shouts of joy; the Lord goes up with trumpet blast. Sing praise for God, sing praise, sing praise to our king, sing praise. (R.)
- God is king of all the earth.
 Sing praise with all your skill.
 God is king over the nations;
 God reigns on his holy throne. (R.)

Second Reading: Eph 1:17-23

He made Jesus to sit at his right hand in heaven.

Gospel Acclamation: Mt 28:19. 20

Alleluia, alleluia! Go and teach all people my gospel. I am with you always, until the end of the world. Alleluia!

Gospel: Mk 16:15-20

The Lord Jesus was taken into heaven and is seated at the right hand of God.

Communion Antiphon: Mt 28:20

Behold, I am with you always, even to the end of the age, alleluia.

CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start WHERE: Mercy Offices, 20 Union Street (Next door to Mercy Services) Off street parking available The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

MAGDALENE AWARD:

Nominations are open from Monday 8 April

The Magdalene Award recognises a woman living in, and committed to, the Diocese of Maitland Newcastle. This is a public affirmation of a life lived in ways that echo the spirit of Mary Magdalene.

For more information, visit www.mn.catholic.org.au/ church-mission/mission-and-outreach/council-forwomen/magdalene-award-2024

BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

OUR CATHOLIC PRIMARY SCHOOLS

St Joseph's Primary School Karen McGinlay (*Principal*) Union Street, The Junction NSW 2291

P:(02) 4961 2827 W:www.merewether.catholic.edu.au

Holy Family Primary School

Ann Jackson (Principal) Pell Street, Merewether NSW 2291

P:(02) 4963 3009 W:www.merewetherbeach.catholic.edu.au

St Columban's Primary School

Penny Banister (Principal) Church Street, Mayfield NSW 2304

P:(02) 4968 3315 W:www.mayfieldsc.catholic.edu.au

St Peter's Primary School

Michael Punch (Principal) Dunbar St, Stockton NSW 2295

P:(02) 4928 1861 W:www.stockton.catholic.edu.au