



City Pastoral REGION

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE

St Benedict's Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 22ND SEPTEMBER 2024

25TH SUNDAY IN ORDINARY TIME

Our Clergy

Fr John Lovell
Fr Anthony Coloma
Fr Anil Kumar Kuchipudi
Deacon Solomon Okovido
Deacon Kevin Gadd

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Anne Warren (*Business Manager*)
Daloras Howes (*Administration*)
Elul Tecle (*Administration*)
Peter Davies (*Administration*)
Dr Anne Millard (*Music, Liturgy, Sacraments*)

Bereavement Team: Margaret Cox, Gail Lovell, Christopher Gregory, Margaret Beard, Margaret Newton, Anne Millard
(02) 4979 1252

Mercy Pastoral Team: Sr Patricia Whitten rsm 0448463679

St Joseph's Pastoral Team: Contact the Parish Office

Promoters of Safeguarding

Fr John Lovell p: (02) 4979 1106
Gail Lovell P: (02) 4979 1256
Anne Millard P: (02) 4979 1252



*All who wish to be
first must make
themselves the
servants of all.*

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

25th Week of Ordinary Time, Year B

Monday 23rd September

Memorial of St Pius of Pietrelcina

8:15am Mass @ The Cathedral

9:15am Mass @ Stockton (school Mass)

Tuesday 24th September

8:15am Mass @ The Cathedral

9:15am Mass @ Stockton (School Mass, please note the time change)

Wednesday 25th September

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

Thursday 26th September

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton

Friday 27th September

Memorial of St Vincent de Paul

9:30am Police Remembrance Service @ The Cathedral

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @ Tighes Hill (until 12pm)

12:05pm Mass @ Tighes Hill

Saturday 28th September

9:15am Mass @ The Cathedral, followed by the Novena to Our Lady of Perpetual Help (followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

5:30pm Mass @ Mayfield West

Sunday 29th September

26th Sunday in Ordinary Time

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral *

11:00am Mass @ The Junction (Italian)

11:30am Mass @ The Cathedral (Polish)

5:00pm Mass @ The Cathedral

5:00pm Mass @ Mayfield West (Vietnamese) **
No Mass this weekend

* *Livestreamed on the Cathedral's YouTube channel—
www.youtube.com/c/SacredHeartCathedralHamilton
and on the Diocesan website*

** The Vietnamese Mass is now celebrated fortnightly

PRAYER REQUESTS

RECENTLY DECEASED: Aileen Ryan, Zvonko Jurak, Roberta Hughes, John Allsop

ANNIVERSARIES: Mavis Sheedy, Frank Tobin, Trevor Thornton, George Babic, Jamie H

SICK: Victor Guzman, Victor

Manickum, Brenda Simanec, Bruce

Ryan, Patty Lane, Peter Majdandzic, Lisa Woodland, Conchita Ponte, Joyce Saranillo, Ronoel Diwa, John Woodward, Loreta Habulan, Peter & Bev Woods

Leeton, Tui Innes, Marko Kefecsek, Jolina Joyce

Saranillo, Maureen Dwyer, Angela Cottier, Joshua

Zalanardo, Rosa Silivinec, Harry Melville, Doreen

Mason, Elaine Johnson, Mark Caesar, Peter Kefecsek,

Carlo Rossi, Neil Thomas, Kathryn Gray, Emilie Tseronis

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.



OUR BELOVED DEAD

We remember those in our Columbaria whose anniversaries occur in September:

At Sacred Heart:

Allan Atkins

Eileen Boswell

Francis Clarke

John Duggan

Mieczyslaw Kawka

Joanie Lawrence

Kenneth Lidbetter

Brian Lowe

Nelio Martinelli

Allan McKinnon

Alphonsus McLachlan

Ann Mary Mercieca

Pietro Dalle Nogare

Patricia Ryan

Margaret Smith

Patricia Tuxworth

Kay Annette Varnum

Brigitte Warren

Gordon Wilson

John Winstanley

At St Joseph's:

Mary Callen

Stan Carroll

Betty Edser

William Fleming

William Fletcher

Albert Grant

Frank Hawkins Snr

Brian Macklin

John McHugh

Lorna & Jack Muldoon

Maurice Nelson

Lola Orrett

Audrey O'Sullivan

Jack Palmer

Helen Palmer

Mary Gertrude Perrett

Judyth Radecki

Lola Robinson

Edna Walsh

Norma Wilson

PARISH BULLETIN

Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

OUR LADY OF MERCY FEAST DAY TUESDAY 24TH SEPTEMBER

"Mercy, the principal path pointed out by Jesus Christ to those who are desirous of following him, has in all ages of the Church excited the faithful in a particular manner to instruct and comfort the sick and dying poor, as in them they regarded the person of our divine Master."



Catherine McAuley, founder of the Sisters of Mercy

A very happy feast day to the Sisters of Mercy



**National Police
Remembrance Day**

NATIONAL POLICE REMEMBRANCE SERVICE:

This year, Bishop Michael Kennedy is hosting the **National Police Remembrance Service in the Sacred Heart Cathedral on Friday 27 September**. There will be a police march to the Cathedral beginning at 9.30 and the Service will begin at 10.00am. We encourage as many as possible from across the diocese to gather for this service as an expression of our support of and prayer for the members of the Police Force and particularly those who have died in the last 12 months. We look forward to seeing you there.



Have you thought? Last of all?

Jesus tells his disciples that if anyone wants to be first, they must make themselves last of all and servant of all. This is as challenging to us today as it was to the disciples and early Christians. Our world seems to revolve around position, status and power – whoever has the most toys wins! But what Jesus advocated was a leadership based on being of service to others. Being powerful simply means you are in a position to help even more people. By putting yourself last, instead of first, gives respect, dignity and power to others rather than to yourself.

The Newcastle Tudor Singers
in Concert & in Colour
An afternoon of lush colourful music to lift your spirits and make your heart sing!

Directed by *Dr. Anne Millard*
featuring *Marcia Wall, piano*
with *Sophee Day, flute*
The Hunter Handbell Bellringers

September 22, 2024 @ 2pm
Sacred Heart Cathedral

Artwork by Roy Wall

Tickets are \$15 and \$10, available at the door.



ST VINCENT DE PAUL SOCIETY IS SEEKING VOLUNTEERS:

Vinnies in the Hunter region currently have a number of volunteer opportunities. Roles include:

- Administration and Reception volunteers (Maitland and Newcastle)
- Frontline Community Support (Emergency Relief)
- Volunteers and Conference Members
- Inbound Call Centre phone operators (Newcastle)
- Hamper and pantry packing and sorting
- Vinnies Van crew volunteers and drivers (drivers must be 25+)
- Retail Volunteers

All skill levels, training and mentoring provided.
Flexible hours to suit you!

Call: 0490 255 100 or email:

maitland.newcastle@vinnies.org.au

REFLECTION

by Richard Leonard

Today's gospel makes me very pleased I'm a Catholic, and that we don't take the bible literally. Our Christian brothers and sisters who insist on the literal truth of the scriptures must have a tough time trying to avoid cutting off their hands and feet, plucking out their eyes and worrying about how hot hell is! I'm not sure about them, but I know my feet have taken me to places I wish I'd not gone, and when I got there my eyes saw things I wish I'd not seen. Still, in spite of the times I've let myself down, I am glad I'm still in one piece, and not all that worried about the worms and weather in hell!

As Catholics we believe the Scriptures reveal the truth of our salvation – they are not books of fact. Jesus was a skilled and powerful communicator. And like all great teachers he used metaphor and exaggeration to make his point. In Mark's Gospel, Jesus takes evil very seriously. He is always conscious of it around him and is aware that it comes from within us, and without us. Jesus teaches us today to stop doing the destructive things that prevent us from loving God, each other and ourselves.

Sinful behaviour often falls into two categories of human activity: habitual and compulsive. Habits are unusual things. There are good habits, like saying 'please' and 'thank you'. There are habits that can start out well-intentioned enough, but end up being obsessions, like caring for one's physical fitness. And there are habits that bring moments of relief or let us off the hook – like lying, dishonesty and stealing – but always end up being destructive.

Compulsive behaviour, however, is of a very different order. Gambling, drinking, shopping, smoking, violence, work, sex, eating, drugs, pornography, money and the Internet are fairly common modern manifestations of compulsive behaviour. As heart-breaking as these addictions are, they are the presenting problems of deeper issues related to self-esteem, personal history and even genetic disposition.

One of the comments I've heard people make about their compulsive behaviour is, 'I found myself doing it again and I am not sure how or why'. No doubt there are some people who feel so lonely and get so depressed about their habitual or compulsive behaviour, they contemplate severing an arm, a leg or gouging an eye.

Jesus underlines that we have to stop our destructive behaviour and offers three pieces of practical advice so we can. Firstly, do whatever helps. For some people

the most unusual solutions attend to the deeper issues and help us piece our lives back together. It doesn't matter whether others approve of it, or it's related to religious faith, for as long as it doesn't lead to other destructive behaviour then, 'whoever (or whatever) is not against us, is for us'.

Secondly, accept help. None of us can battle through life carrying all our burdens on our own. Steps four to six of Alcoholics Anonymous deal with sharing the exact nature of our burdens as a means to coming to terms with them. Our family and friends are not mind readers and we need to seek out wise counsel and follow it wisely. The help and support we receive could be like the cup of refreshing water Jesus tells us about today.

Finally, habitual and compulsive behaviour always has a pattern. St Ignatius Loyola taught in the sixteenth century that it was only when we regularly examined ourselves to see where, when, how and with whom we are most likely to walk away from God's love, that we can work out why we do it and change the pattern.

And when we really know ourselves as we are, and not as we would like to be, we have the chance to choose life over death more often than not.

© Richard Leonard SJ

Richard Leonard SJ is the Director of the Australian Catholic Office for Film and Broadcasting, is a member of the Australian Catholic Media Council and a film critic for all the major Australian Catholic newspapers. He completed a PhD in cinema studies at the University of Melbourne. He lectures in cinema and theology at the Jesuit College of Spirituality and has been a visiting lecturer in Australian cinema at the University of Melbourne, a visiting scholar within the School of Theatre, Film and Television at UCLA and is visiting professor at the Pontifical Gregorian University in Rome. He is an Honorary Fellow of the Australian Catholic University, has lectured widely and is the author of numerous books.



WISDOM OF THE HEART:

CONTEMPLATIVE WORKSHOP SERIES 2024

This series is designed to energise and strengthen your spiritual journey and will suit both beginners and experienced practitioners of meditation and other disciplines. Workshops are held in a comfortable and peaceful local environment with access to parklands.

Saturdays 12 & 19 October, 9 & 16 November from 2pm – 5.30pm

Mercy Centre, 20 Union Street, Tighes Hill (Newcastle). All 4 workshops in this series: \$250 Waged or \$200 Concession.

Individual workshops: \$75 Waged or \$50 Concession.

Workshop Series – wisdomspiritualityservices.com.au

HISTORICAL CONTEXT

Messianic expectation

The term Messiah means anointed one. In the era of the Kings of Israel, quite literally someone was designated King by being anointed – having oil poured over their head. It's easy to see that when the people of Israel spoke about a 'Messiah' (an 'anointed one') who would restore justice and peace, they had in mind a great King. They even expected that the new king would come from the line of David, the line of the great kings of their history. Jesus was working against centuries of tradition when he tried to get the disciples to see that the Messiah could be something else.

THE CHUCKLE

A Parish Priest took ill and needed to be admitted to hospital. The following day, the chairperson of the parish pastoral council came to visit. "I have some great news for you, Father," she said. "Last night the pastoral council voted 8 to 4 to pray for your recovery."



NEXT WEEK'S READINGS:

26th Sunday in Ordinary Time

Numbers 11:25-29

James 5:1-6

Mark 9:38-43, 45, 47-48

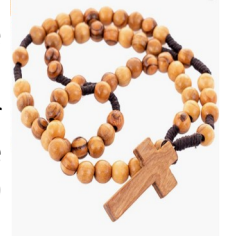


BOOK CLUB

Sunday, 6th October @ 6:15pm: Bookclub meets to discuss *Apartment 303* by Kelli Hawkins. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

MEN'S ROSARY GROUP

The Men's Rosary will be held on the first Saturday of each month @ 1pm at Sacred Heart Cathedral, 841 Hunter St, Newcastle West. For more Information contact Jason on 0499 854 928.



TAIZE SERVICE

Sunday 6th October Immaculate Heart of Mary Catholic Church Tighes Hill 5.00pm – 6pm followed by a shared supper.

You can read about it in the Aurora article "A spirit of joy, simplicity and reconciliation" available in the Diocesan website: <http://mnnews.today>



PRAYER GROUP

Junction Prayer/Discussion Group Monthly meetings occur on the last Thursday of each month at 9:30am in Parish meeting room.

WEDNESDAY ROSARY

Pray the Rosary each Wednesday immediately after 8:15am Mass in Sacred Heart Cathedral, 841 Hunter St, Newcastle West.

EPIC (EVERYTHING POSSIBLE IN CHRIST) YOUNG ADULT GROUP

Meet Thursdays @ 6pm in the Cathedral precinct. Anyone aged between 20 and 40 is cordially invited to join the group.

Email Elul.tecle@mn.catholic.org.au to find out more.

SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and well-being of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390, Echildprotection@mn.catholic.org.au or www.officeofsafeguarding.org.au

MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDITATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

DIVINE MERCY DEVOTION

First Sunday of the Month @ 3:00pm
October 6th

Chaplet of Divine Mercy
Christ the King, Mayfield West

LGBTIQ LITURGY

The LGBTIQ+ forum invites you to celebrate a Diocesan liturgy with LGBTIQ+ people, their families, friends and supporters at Immaculate Heart of Mary Church.

Date: Friday 18 October

Where: 16 Tighes Terrace, Tighes Hill

Time: 6pm

Contact: LGBTIQ@mn.catholic.org.au

FOOD BASKETS FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Immaculate Heart of Mary Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

SACRED HEART CATHEDRAL & ST MARY'S, NEWCASTLE:

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.

CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start

WHERE: Mercy Offices, 20 Union Street (Next door to Mercy Services) Off street parking available

The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

DIOCESAN RESOURCE CENTRE



Opening Hours: Mondays and Fridays, 10am to 5pm
Open 1st & 3rd Saturday of each month

REVELATION IN THE OLD TESTAMENT

The units from the Christian Formation Course are now being offered as short courses. Over five weeks we will cover:

The nature of God revealed in the Hebrew Scriptures

The different types of literature found in the Hebrew Scriptures

The cycle of biblical themes: creation, call, covenant, exodus, exile

The call of the prophet

Biblical prayer.

When: Tuesdays, 15th October - 12th November.

Time: 6:00pm-9:00pm

Where: Diocesan Resource Centre

Cost: \$60

REGISTER HERE: <https://www.eventbrite.com.au/e/christian-formation-course-unit-3-tickets-1003286967327>

BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

SUPPORT YOUR PARISH VIA THE APP

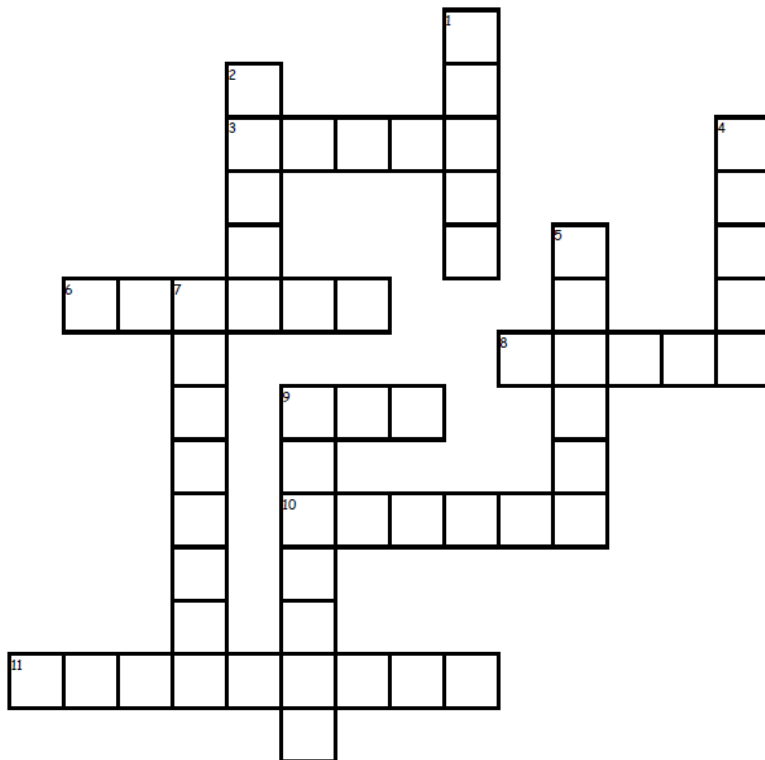
Are you using the App? Not only can you get the daily readings on your phone, you can also support the parish with an easy way to donate.

You can download the app for free from the Apple App Store and Google Play Store. Just search for 'Diocese of Maitland-Newcastle' and click install on your mobile or tablet!

CROSSWORD

Plant seeds of peace

Jas 3:17-18
Ps 122:1-2, 8-9, R. Sir 36:18
Mk 9:33-37



Across

- 3: a type of building people live in
6: the _____ that comes from above leads us to be good people
8: when peacemakers plant seeds of _____, they will harvest justice
9: this part of your body has a hand and an elbow on it
10: the wisdom from above leads us to be pure, friendly and _____
11: Jesus and his disciples went to his home in this place

Down

- 1: flowers grow from these things that are planted in soil
2: Jesus said, 'when you welcome a _____ you welcome me'
4: the opposite of below
5: there were this many disciples with Jesus
7: people who are not silly are s_____ b____
9: Jesus wanted to know what the disciples were _____ about

SENIOR WORDSEARCH

Plant seeds of peace

Jas 3:17-18
Ps 122:1-2, 8-9, R. Sir 36:18
Mk 9:33-37

H A U C D K M H D N J E V O B A
X B J A V B F O Y F R T J L D X
P J I P G Z F U F W N S E E D S
R P Q E I N K S G J C S C T T B
X M G R K P I E V S M R A W D Q
N Y N N S C J U E T J P E G O K
T Y W A L E M R G C W L N Z F C
P A J U Z R N H Y R V W F M U M
C K H M Z P I S N E A G E F O D
O V N X D B J G I J B Z K T N V
K S T M L K Z H E B W I S D O M
D F Y P Y A E F B N L G V T C I
R Y P G E C J X K H T E B H R A
O U V H A L Z P P X V L I D R O
G R S E W T D S E Y K L E M D P
U T P N Q N Y D C P D S M I Y Z

Try to find these words:

above
arguing
arm
Capernaum
child
gentle
house
peace
seeds
sensible
twelve
wisdom

TODAY'S LITURGY

Entrance Antiphon

I am the salvation of the people, says the Lord.
Should they cry to me in any distress,
I will hear them, and I will be their Lord for ever.

LITURGY OF THE WORD

First Reading Wisdom 2:12,17-20

Let us condemn him to a most shameful death.

Responsorial Psalm Ps 53:3-6,8. R. v.6

(R.) The Lord upholds my life.

1. O God, save me by your name;
by your power, uphold my cause.
O God, hear my prayers;
listen to the words of my mouth. (R.)
2. For proud men have risen against me,
ruthless men seek my life.
They have no regard for God. (R.)
3. But I have God for my help.
The Lord upholds my life.
I will sacrifice to you with willing heart
and praise your name for it is good. (R.)

Second Reading James 3:16—4:3

*Justice is the harvest of peacemakers from
seeds sown in a spirit of peace.*

Gospel Acclamation 2 Thessalonians 2:14

Alleluia! Alleluia!
God has called us with the gospel
to share in the glory of our Lord Jesus Christ.
Alleluia!

Gospel Mk 9:30-37

*The Son of Man will be delivered into the hands
of humanity ... All who wish to be first must
make themselves the servants of all.*

LITURGY OF THE EUCHARIST

Communion Antiphon Cf. Ps 118:4-5

You have laid down your precepts to be carefully kept;
may my ways be firm in keeping your statutes.

OUR CATHOLIC SCHOOLS

St Joseph's Primary School

Karen McGinlay (*Principal*)
Union Street, The Junction NSW 2291
P:(02) 4961 2827
W:www.merewether.catholic.edu.au

Holy Family Primary School

Ann Jackson (*Principal*)
Pell Street, Merewether NSW 2291
P:(02) 4963 3009
W:www.merewetherbeach.catholic.edu.au

St Columban's Primary School

Penny Banister (*Principal*)
Church Street, Mayfield NSW 2304
P:(02) 4968 3315
W:www.mayfieldsc.catholic.edu.au

St Peter's Primary School

Michael Punch (*Principal*)
Dunbar St, Stockton NSW 2295
P:(02) 4928 1861
W:www.stockton.catholic.edu.au

St Francis Xavier's College

Greg Ptolemy (*Principal*)
Parkway Avenue, Hamilton NSW 2303
P:(02) 4961 2863
W:www.hamilton.catholic.edu.au

San Clemente High School

Bernard Burgess (*Principal*)
78 Havelock St, Mayfield NSW 2304
P:(02) 4014 7300
W:www.mayfieldsanc.catholic.edu.au

St Dominic's Catholic College

Rachel Jones (*Principal*)
76 Havelock St, Mayfield NSW 2304
P:(02) 4968 1295
W:www.mayfieldsd.catholic.edu.au

WEBSITE UPDATE

We are undertaking a major overhaul of our website:
newcastlecatholic.org.au
If you have thoughts and ideas of what should be
included in the website, please email the office.
Many thanks!